

# Slow Down to Speed Up™

## Accelerating Success Action Plan™ (ASAP)



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# Accelerating Success Action Plan™ (ASAP)

Goal: What do I want to achieve... and why?	Action Steps: What will it take to achieve my goal?	Resources: What do I need, in order to accelerate success? Who/what will help me achieve my goal?	Timelines and milestones: When will I achieve my goal? What will success look like?

# NOTES

**Remember to track your efforts, record your successes and develop solutions to any challenges that emerge along the way.**

**Print out your plan review it daily. Be sure to put it into action immediately. You can bring it to alignment discussions with your manager, colleagues and team. And it's a great idea to have your direct reports create their own action plans: focusing on having top business impact, developing leadership finesse, progressing in their careers and ensuring a solid plan of succession.**

# Liz Bywater, PhD



Dr. Liz Bywater has been called a one-of-a-kind leadership expert. Working at the intersection of business and psychology, she brings together practical experience (advising top executives across the Fortune 500), advanced education (she's earned a PhD in Psychology) and a dynamic personal style to inspire, engage and advise her clients.

Liz works with senior leaders at some of the world's most successful companies: Johnson & Johnson, Nike, Bristol-Myers Squibb, AmerisourceBergen, Thomson Reuters, and more. Drawing upon her expertise in human behavior, Liz advises her clients to slow down and put an end to daily fire fighting, freeing up time and energy to lead strategically, drive rapid growth, propel innovation, increase influence, lead their teams through change, and build the organization of the future.

A thought leader in organizational excellence, Liz provides expert commentary for such publications as the Wall Street Journal, NY Times, Fast Company and USA Today. She is a member of the Editorial Advisory Board for Life Science Leader, where you will can read her monthly column, Dr. Liz Bywater on Leadership. She is also a featured guest on such broadcasts as CBS's Philadelphia Agenda and Woman of the Week.

Learn more about Liz at her website: [www.lizbywater.com](http://www.lizbywater.com) or buy her book:

***Slow Down to Speed Up: Lead, Succeed, and Thrive in a 24/7 World*** is a powerful new resource for leaders from the C-Suite to the front line. Filled with innovative new approaches, pragmatic tools, and real-life success stories, this book tackles the universal challenge of achieving better, faster, more sustainable results in a world of non-stop demands and constant connectivity. Get your copy today from [www.lizbywater.com](http://www.lizbywater.com)

