

Fw: Pacific Symphony: Volunteer Challenge #42

From: Catherine Abboud (catherineabboud@sbcglobal.net)

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Date: Sunday, November 22, 2020, 02:05 PM PST

From: Abby Edmunds <aedmunds@PacificSymphony.org>
Date: November 6, 2020 at 3:47:00 PM PST
To: Abby Edmunds <aedmunds@PacificSymphony.org>
Subject: Pacific Symphony: Volunteer Challenge #42

Hello, Pacific Symphony Volunteers!

Waiting. This week has been, and continues to be, a long week of waiting. While I may not know exactly what you are waiting for, I encourage you to keep holding and enjoy the things I am sending you to listen to, and do, while we wait.

First, let's start with Sir Edward William Elgar's *Salut d'Amour*. Elgar, an English composer, was born in 1857 and lived until 1934. He finished this piece in July 1888, when he was romantically involved with Caroline Alice Roberts and first named it Love's Greeting. On their engagement, Caroline Alice had already presented him with a poem, The Wind at Dawn, which he set to music and, within a few weeks, he gave her *Salut d'Amour* as an engagement present. His dedication was in French, "a Carice", which was a combination of his wife's name *Caroline Alice*, and was later the name they gave to their daughter who was born two years later.

Salut d'Amour as performed by Danel Hope - <https://www.youtube.com/watch?v=v0HI0CcM-A4>

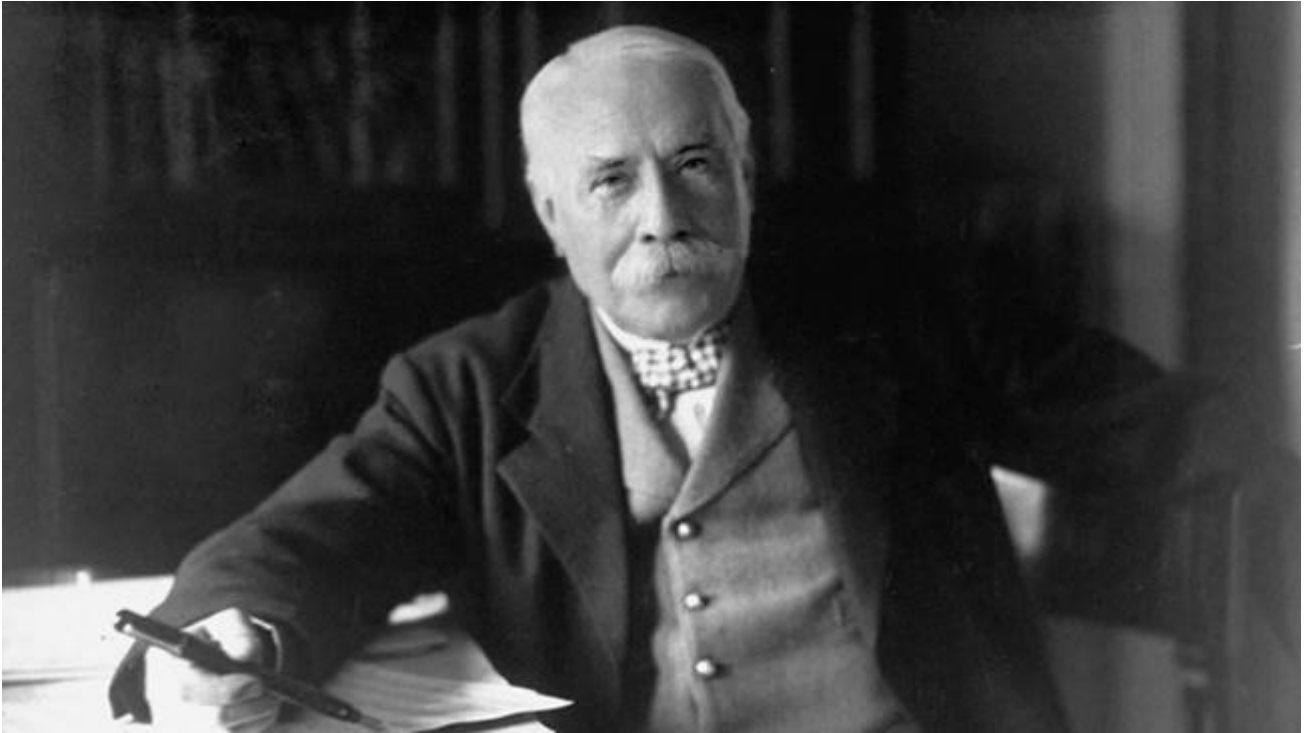
Next, here is an amazing rendition of Beethoven's Symphony No 6, the "*Pastoral*" 1st movement with Sir Simon Rattle conducting the London Symphony Orchestra.

<https://www.youtube.com/watch?v=I5SNMRB1PjQ>

Lastly, enjoy Nicola Benedetti playing the main theme from *Schindler's List*, composed by John Williams.

Nicola Benedetti is one of the most sought-after violinists of this generation. She recently won her first GRAMMY award for Best Classical Instrumental Solo for her recently released recording of the Wynton Marsalis Violin Concerto with the Philadelphia Orchestra.

<https://www.youtube.com/watch?v=a6zl1hHIEYQ>





Now, for something to do this weekend! Along with listening, why not prepare a very simple recipe of mine? Enjoy!

Pasta alla Checca

Ingredients:

6 fresh tomatoes – seeded and diced

4 garlic cloves - minced

½ cup fresh basil – chopped

½ cup olive oil

Sea salt to taste

2 TBS. Parmesan cheese – grated

Mozzarella cheese – sliced into small pieces

1 lb. pasta

Directions:

- Combine tomatoes, garlic, basil and olive oil in a non-metal bowl
- Stir in salt to taste
- Cover with plastic wrap and allow to sit at room temperature at least 2 hours (or up to 10 hours)
- Cook pasta in a large pot of boiling, salted water until al dente
- Pour uncooked sauce over hot pasta and toss
- All grated Parmesan cheese and sliced Mozzarella cheese
- Share with a friend and eat every bite!

Until we see you again, please stay well. Stay safe. Know how much we miss you.

Warm regards,

Abby

Abby Edmunds

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