

## **Holy Week at Home**

*Resources for building your domestic church*

### **Monday:**

Martha and Mary – Read John 12:1-11

**Activity:** Like Martha and Mary we can prepare our house for Jesus: use it as a time to tidy the house, make a prayer space, and to take a look at what in our home distracts us from spending time with God.

### **Tuesday:**

Mary – Read Luke 1:42 and Matthew 27: 55-56

**Activity:** Prayer to Mary - Mary is not only Jesus's Mother she is OUR mother. She was chosen from the beginning of time to be the mother of the church, she loves and cares for us. She will comfort us as she has comforted all Christians throughout the years. Spend some time in prayer to Mary today, ask her to be with you not only today but every day. If you have a statue or photo of Mary move it to a prominent place in your prayer area.

### **Spy Wednesday:**

Judas betrays Jesus – Read Matthew 26: 14-25

**Activity:** Hide 30 “pieces of silver” around the house (quarters, nickels, and dimes) go on a hunt to find them, then discuss how quickly it turned to a competition and who “wins”. It’s a quick lesson about how we make decisions when money and greed are involved. Further discuss what you can do with the money now that you have it – donate it? Use it to send a treat to someone? How can it be used for good? Another option would be to think of those who are carrying a heavy cross this Lent- how can we reach out to those who are struggling? A phone call? A letter?

### **Holy Thursday:**

Washing of Feet and Institution of the Eucharist: Read John 13: 1-15

**Activity:** Washing of Feet – put the names of those in your house in a jar, draw names and take turns washing each other’s feet. Discuss how it feels to both be the person washing and the person having their feet washed- why was that such an important action for Jesus to show his disciples? After foot washing, have a family meal to commemorate the Last Supper. Consider setting an extra place setting for Jesus and include at His space bread that can be broken as a family to celebrate the institution of the Eucharist.

### **Good Friday:**

Jesus is Crucified – Read John 18: 1-19

**Activity:** Stations of the Cross reflection- many are available on Formed.org or check our Website/Facebook. Additionally, bring down the crucifix from your wall or prayer space, spend some time in private veneration of Jesus on the cross.

### **Holy Saturday:**

**Activity:** Easter Eggs - this is a great day to dye Easter Eggs and to begin preparations for Easter. Just as the disciples waited, so to we wait for the resurrection. This is also the day of the Easter Vigil, the *Service of Light*. This is a great time to have a fire in the evening (in the fireplace or backyard fire pit), to discuss how light breaks through darkness and what that symbolizes. In lieu of a fire, candles in a dark room also do the trick!

