



## CLOCC Partner Survey: COVID-19 Response and Plan

In April, 2020, as the enduring nature of the COVID-19 pandemic was becoming more clear, the Consortium to Lower Obesity in Chicago Children (CLOCC) surveyed its partner network to identify which programs, tools and resources would assist with promoting nutrition and physical activity in remote, stay-at-home settings. Below, CLOCC staff have summarized the concerns expressed in the survey, as well as the Consortium's efforts to address those concerns. Contact Erin Fisher, MS, RD, Community and School Programs Manager, for more information ([efisher@luriechildrens.org](mailto:efisher@luriechildrens.org)). *Updated November 2020.*

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CLOCC has implemented programs and developed plans to address partner needs in light of the unique needs presented to communities by the COVID-19 pandemic.

The majority of CLOCC partners indicated that they would like support from CLOCC in encouraging healthy eating and physical activity, including the sharing of health information that they can pass along to families, food insecurity resources, collaborating on advocacy and policy change share information about funding opportunities, leading virtual 5-4-3-2-1 Go! Staff trainings, connecting with other Lurie Children's Hospital programs, and collaboration on communication including social media and other messaging.

### **Response:**

- CLOCC Healthy at Home Webpage: Launched in June 2020, this resource at CLOCC.net includes quick tips and resources for good nutrition and physical activity in line with our 5-4-3-2-1 Go! message while staying home
- CLOCC staff continue to connect partners to other hospital programs as needed and meet regularly with the Lurie Healthy Communities team to communicate the latest programs and initiatives to share with partners
- Distributed Healthy at Home “Stay Fit Kits” to six Community-Based Organizations in South Chicago, North Lawndale, and Austin
- Advocacy action items, funding opportunities, Covid-19 health and wellness resources, and other information shared in the biweekly CLOCC newsletter

## **Next Steps:**

When surveyed for the types of support they would like after the stay-at-home order was lifted, respondents indicated that they would like assistance with alternative physical activity education, resources and advocacy; trainings and resources for parents; food and/or nutrition resources; staff training resources; personal protective equipment (PPE) education and/or funding resources. CLOCC plans to continue and expand the above initiatives in the following ways:

- School Support
  - CLOCC has developed a school resource site based on our Healthy at Home Messaging, to provide Healthy CPS support to school administrators and staff, including virtual/social-distanced nutrition and physical activity resources, school funding opportunities, Healthy CPS materials, food insecurity resources, and more
  - CLOCC sent out a school support survey, which was shared with +Network Partners, to determine the best methods to support schools in meeting the Healthy CPS criteria in the virtual/social-distanced school environment; results will be used to tailor the type and frequency of support provided to schools.
  - CLOCC is working with Lurie Healthy Communities and other community partners to connect schools with programs and resources as part of the WSCC pilot
  - CLOCC is working with Common Threads to develop an employee wellness pilot for schools
- Digitize the Neighborhood Walkability and Accessibility Tool to make neighborhood walkability assessments accessible through mobile devices, as well as enhance sections to collect more robust data on social features of the environment
- Develop a *5-4-3-2-1 Go!* Junior Curriculum to be delivered by early childhood educators who are familiar with the curriculum and have used it in the past, but now want to use it in a virtual environment
- Update *5-4-3-2-1 Go!* For elementary aged children and *fiveSMART* curricula for parents and caregivers
- Host upcoming *5-4-3-2-1 Go!* And *fiveSMART* network trainings virtually
- Continue to include funding and Covid-19 resources sections of our newsletter