

United Bay Community Credit Union
presents the


BAY MEDICAL FOUNDATION



5K WALK/RUN

VIRTUAL 5K

HEALTH AND
WELLNESS FAIR

5K WALK/RUN

DATE | SATURDAY, MAY 1, 2021

TIME | REGISTRATION AT 7:30 AM. RACE BEGINS AT 9:00 AM

LOCATION | UPTOWN BAY CITY

All advanced registrants receive a t-shirt. Snacks and beverages provided after the event.
A random prize drawing takes place after the walk/run.



VIRTUAL 5K

DATE | ANYTIME BEFORE MAY 8

LOCATION | ANYWHERE YOU WANT!

All advanced Virtual 5K registrants receive a 1/2 zip jacket. The "Its Your Race" App provides a fun way for runners to participate in the virtual race. App instructions provided.



PACKET AND SHIRT PICK-UP & HEALTH AND WELLNESS FAIR

DATE | FRIDAY, APRIL 30, 2021

TIME | 11:00 AM - 1:00 PM. AND 4:00 PM - 6:00 PM

LOCATION | RETAIL GALLERIA IN UPTOWN PLACE BAY CITY (THE BUILDING THAT HOUSES MICHIGAN SUGAR AND SEVERAL OTHER RETAILERS AT 122 UPTOWN DRIVE)

Pick up your race packet, goodies from our sponsors, and your shirt before race day. There will also be a Health and Wellness fair just for race participants, where you can sign up for FREE screenings, prize drawing and get valuable health and fitness information!

All proceeds from this event will go toward the purchase of a state-of-the-art Digital Radiology System, which will improve speed, accuracy and efficiency of patient diagnosis and treatment. This mobile x-ray machine will:

- Provide time sensitive quality imaging, in as little as 5 seconds
- Reduce radiation exposure
- Enhance patient comfort when multiple views are necessary

To sign up go to:
mclarenbaymedicalfoundation5kwalkrun.itsyourrace.com/

For more information, or to inquire about Sponsorship Opportunities please contact the McLaren Bay Medical Foundation at (989) 895-4727