
HEALING PATH



Trauma Center Funding Need

Tyre, Lebanon

Healing Path

September 10, 2024

***God is near to
the broken
hearted and
saves the
crushed in
spirit.
Psa. 34:18***



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Current urgent need: Because of the ongoing war and the sheer volume of bombing around Tyre, the numbers of people coming into the Healing Path center now are getting overwhelming. We do an assessment to prioritize the most severe cases (triage) which are normally Complex PTSD. We have a list of 75 people waiting for an appointment, which may be more than a month at this point. We're only doing group work (Healing Drawings) because we don't have enough staff to offer individual therapy. Our counselors do individual therapy with the worst cases after normal hours. We need more counselors, and more funding.

Background: Causes of the suffering

The ongoing war in Gaza which started October 7, 2023 has spilled over the northern border with Lebanon. Bombings and drone strikes on cars and homes are daily occurrences across the south of Lebanon. With the war ongoing, the Healing Path in Tyre has a long list and growing list of people needing help with their suffering from traumatic experiences.

This crisis extends beyond Lebanon and Syria, with wars in Gaza and Yemen also causing enormous misery and suffering in those countries for millions of refugees of war. These countries have very poor mental health care systems that typically serve only a small portion of the population in larger cities. Millions live with paralyzing fear, crippling anxiety, and soul-crushing depression.



People: Those suffering

Syrian refugees have moved into the south of Lebanon since the beginning of the Civil war in Syria in 2011. Lebanon is currently home to about one million refugees from the ongoing civil war in Syria. They have all suffered great losses -homes, family members, careers, hope for the future. Syrian refugees in Lebanon live in villages scattered throughout the country with about half in rented homes, about one fourth in nomadic camps, and about one fourth are sheltered by other families or



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emergency community shelters. PTSD, anxiety, and depression are widespread, with estimates of between 35% and 50% of refugees meeting diagnostic criteria for PTSD.

Palestinians have been living as war refugees in southern Lebanon generationally since 1948. They live in crowded refugee camps, both official and unofficial. Many of them have known war their whole lives. Almost all Palestinian refugees and Syrian refugees are Sunni Muslim.

Treatment: Easing the suffering



Chris has completed the basic EMDR professional training and subsequent training in four specific EMDR based protocols designed for trauma response. EMDR is a treatment preferred by the Veterans Administration for PTSD. Chris and the staff he has trained have treated more than 300 refugees for PTSD, anxiety, and depression. They have also trained 18 more counselors in areas across Lebanon.

Vision: Healing nations in the name of Jesus

The program centers around training local aid and ministry workers how to administer simple clinical therapeutic techniques. This multiplication of effort is essential, because one counselor cannot hope to make a large impact on hundreds of thousands in

need. Ministry and aid workers are taught the techniques, supervised while administering them, and then released to use these healing techniques on the suffering. Those who show high levels of commitment and skill are trained in how to teach the techniques to others.

We place healing in the hands of Jesus as an integral part of the program. We invite the Holy Spirit through prayer. We share the call of Jesus through scriptures. We invite those in therapy to ask Jesus to be beside them as a supporting person during their healing journey.

Project Outline

- Rent additional suitable space in our building.
 - Train local aid and ministry workers in Healing Drawings and Fast Therapy.
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Budget:

Description	Monthly	Yearly
Monthly Rent of Center and utilities	\$350.00	\$4,200
Center manager and therapist supervisor	\$400.00	\$4,800
Intake worker	\$200.00	\$2,400
Full time therapist x4	\$1600.00	\$19,200
Total	\$2,550.00	\$30,600

Ministry Workers: The Todds

Kim and Chris Todd took their four children to Beirut, Lebanon as missionaries in January of 2012. They currently live in Tyre, Lebanon where they work in home Church planting, evangelism, and trauma therapy training.

Chris is a graduate of the Arab Baptist Theological Seminary in the Master of Religion. He holds an MS in Clinical Mental Health Counseling from UWA, and is currently near completion of the EdD Traumatology program at Liberty University. He is a licensed Mental Health Counseling intern in the State of Florida.



Kim's Spiritual gifts are hospitality, organization, and administration. Chris's spiritual gifts are pastoring, teaching, and mercy. He is ordained as a Pastor in validated ministry through ECO, a Covenant Order of Evangelical Presbyterians. He is currently appointed by the (Presbyterian) National Evangelical Synod of Syria and Lebanon.