

# City of Long Beach Parks, Recreation and Marine Celebrates Older Americans Month in May Schedule of Events:

Cost for all events: Free to 50+ Older Adults

**Nature Center  
Adventure &  
Lunch**  
May 3, 2024  
10a.m.-1:30p.m.  
El Dorado Nature Center  
7550 E. Spring St  
562.570.1640

★ **Senior Olympics  
Basketball**  
May 11, 2024  
9a.m.-4p.m.  
Chavez Elementary Gym  
730 W 3rd St,  
562.570.8890

**Job Fair**  
May 22, 2024  
10a.m.-1p.m.  
Long Beach Senior Center  
1150 E. 4th Street  
562.570.3500

**Older American's  
Celebration**  
May 7, 2024  
3-5p.m.  
Long Beach Civic Center  
411 W Ocean Blvd,  
562.570.1675

★ **Senior Olympics  
Swimming**  
May 14, 2024  
9:30a.m.-2p.m.  
Silverado Park  
1545 W. 31st Street  
562.570.1721

**AAPI Celebration**  
May 24, 2024  
10a.m.-3p.m.  
McBride Park  
1550 M.L.K. Jr. Blvd.  
562.570.1605

★ **Long Beach  
Port Tour**  
May 8, 2024  
9a.m.-2p.m.  
Harbor Cruise  
100 Aquarium Way  
562.570.1675

★ **Older Americans  
Got Talent @ JCC**  
May 16, 2024  
6-9p.m.  
Alpert JCC Long  
Beach  
3801 E Willow St.  
562-570-3500

★ **Cabrillo Marine  
Aquarium & Los  
Cerritos Wetland**  
May 29, 2024  
8:30a.m.-2:30p.m.  
McBride Park  
1550 M.L.K. Jr. Blvd.  
562.570.1605

★ **Arts & Crafts  
Workshop**  
May 9, 2024  
10a.m.-3p.m.  
Houghton Park  
6301 Myrtle Ave.  
562.570.1640

"Take Action for Your  
Mental Health Fair"  
with  
The Heart of IDA  
May 18, 2024  
9a.m.-noon  
Houghton Park  
6301 Myrtle Ave.  
562.570.1640

★ **Light up the Night  
Dance and Dinner**  
May 30, 2024  
4-8p.m.  
Expo Arts Center  
4321 Atlantic Ave.  
562.570.1618

★ **Pre-Registration  
Required for these  
events. Call Park for  
more information**



**Please call for  
additional information.  
562.570.3500**



# Older Adult Program Sites

**Cesar E. Chavez Park**  
401 Golden Ave.  
Long Beach, CA 90802  
562.570.8890

**El Dorado Park**  
2800 Studebaker Rd.  
Long Beach, CA 90815  
562.570.3227

**Long Beach Senior Center**  
1150 E 4th St.  
Long Beach, CA 90802  
562.570.3500

**Expo Arts Center**  
4321 Atlantic Ave.  
Long Beach, CA 90805  
562.570.1618

**McBride Park**  
1550 M.L.K. Jr. Blvd.  
Long Beach, CA 90814  
562.570.1605

**Houghton Park**  
6301 Myrtle Ave.  
Long Beach, CA 90805  
562.570.1640

**Silverado Park**  
1545 W. 31st St.  
Long Beach, CA 90810  
562.570.1675

For more information, call or visit the location of your choice



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CITY OF  
**LONG  
BEACH**