

Story of Hunger in NM

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The Food Depot, Northern New Mexico's Food Bank

New Mexico

- 5th Largest Geographic State - 121,000 Square Miles
- 50th in the United States for Child Well-Being
- 6th of the 50 States for Food Insecurity

1 in 4 Children in New Mexico Experience Hunger

118,000 Children

Kevin's Story

Hungry Children are more likely to...

- be hospitalized
- face higher risks of health conditions
- have problems in social situations
- struggle in school
 - repeat a grade in elementary school
 - experience developmental impairments
 - have more social and behavioral problems

Hungry children don't socialize and they don't play.

1 in 6 Adults - 206,000 Adults & Seniors are Hungry

Working Families

- 84% of households report buying the cheapest food - instead of healthy food - in order to provide enough to eat
- The cheapest food is often high in calories and low in nutrients

Seniors

- Since 2001, the rate of hunger among people aged 60 and older has increased by 45%
- 63% of senior households are forced to choose between food and medical care

Hunger is a Danger to the Health and Well-Being of Seniors

- Physical and Emotional Health
 - Heart Disease
 - Depression
 - Diabetes
- Well-Being
 - Safety
 - Financial Resources

Difficult Choices for Hungry Seniors

60% of senior households have to choose between paying for food or utilities

49% must choose between groceries and housing

2.4 Million US Rural Households Face Hunger

Unique challenges include...

- increased likelihoods of food deserts
- job opportunities concentrated in low-wage industries
- high rates of unemployment and underemployment

New Mexico Association of Food Banks

Five Food Banks - Albuquerque, Clovis,
Farmington, Gallup and Santa Fe

500 Nonprofit Food Programs

Ending Hunger in New Mexico

The Food Depot - 5.2 Million Meals

Indirect Service (71%)

- 145 Partner Agencies
- 9 Northern NM Counties
- Partner Agencies include:
 - food pantries
 - hot meal programs
 - shelters
 - youth and senior programs

Direct Service (29%)

- Mobile Food Pantry Program
- Food 4 Kids Hunger Initiatives
- Diaper Depot
- Food 4 Pets

Food Sources for New Mexico Food Banks

- Feeding America, National Food Bank Network
- New Mexico Association of Food Banks
- Local Product Donors
- Community Food Drives
- Purchase of Food in Bulk - Purchase from Wholesalers
- United States Department of Agriculture - NM Human Services

Faces of Hunger in New Mexico

The Food Depot serves...

- Children aged newborn to 17 - 26%
- Seniors aged 60+ - 24%
- Adults aged 18-59 - 50%

Kevin

Ending Hunger in New Mexico

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