



New Mexico  
Diabetes Advisory  
Council



**2019**  
**MEMBERSHIP**  
**SURVEY RESULTS**



Thank you for  
your feedback!

Information in this report  
also includes survey data  
collected during meetings  
and from other sources.

We want to make sure we are  
serving the needs of diabetes  
health educators.

- **Purpose**

To gather your thoughts, opinions, and  
ideas on NMDAC trainings and activities.

- **Last NMDAC Survey Conducted  
2017**

○ 52% Member Response Rate (50/96)

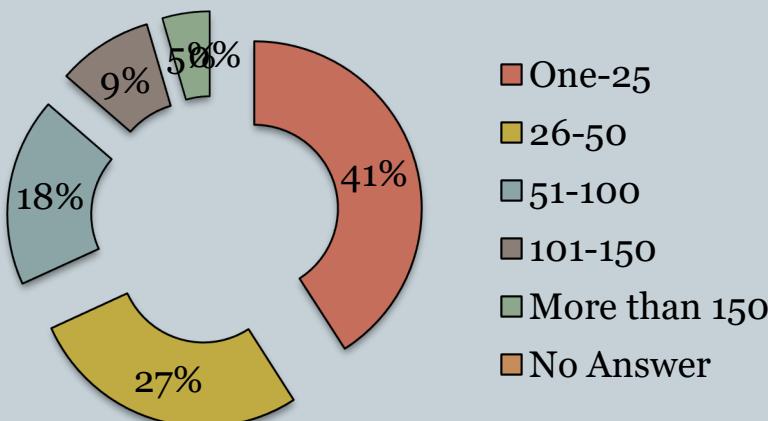
- **This year's survey**

○ 56% Member Response Rate (23/41)

# Demographics

## How far do you travel for NMDAC sessions?

### Miles (one-way)



## In what NM counties do you work?

September, 2019 survey data

### North/Northwest - 30%

San Juan  
McKinley  
Cibola  
Los Alamos  
Rio Arriba  
Taos

### Northeast –

**13%**  
Colfax  
Mora  
San Miguel  
Quay

### Central - 52%

Bernalillo  
Sandoval  
Santa Fe  
Valencia

### Southeast – 0%

DeBaca  
Curry  
Roosevelt  
Lincoln  
Chaves  
Eddy | Lea

### Southwest – 0%

Socorro  
Hidalgo  
Luna  
Dona Ana  
Otero

**Those with a statewide reach: 26%**

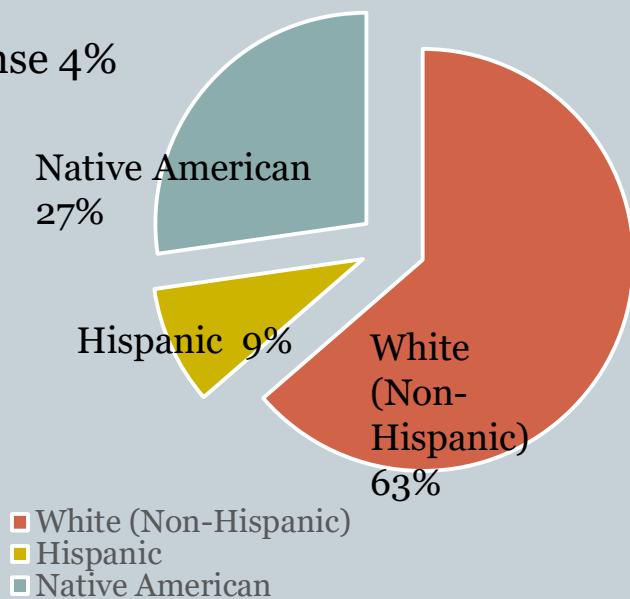
# Demographics

## 2019 demographic survey data

Female 83%

Male 13%

No Response 4%



**35% of respondents work on a reservation or pueblo**

- Acoma
- Ohkay Owingeh
- Cochiti
- Santa Clara
- Isleta
- San Felipe
- Jemez
- San Ildefonso
- Jicarilla Apache
- Santo Domingo
- Laguna
- Santa Ana
- Navajo Nation
- Zuni

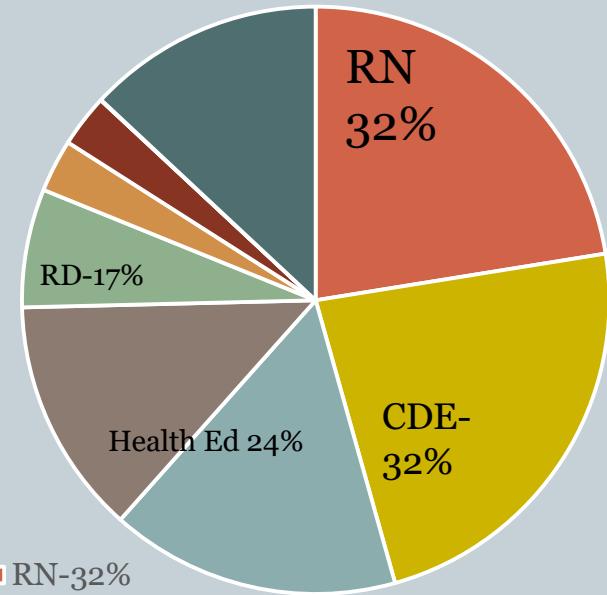
**Primary Language spoken at work:**

Pueblo Language = 13% English- 83%

No Response = 4%

# Professional Affiliations

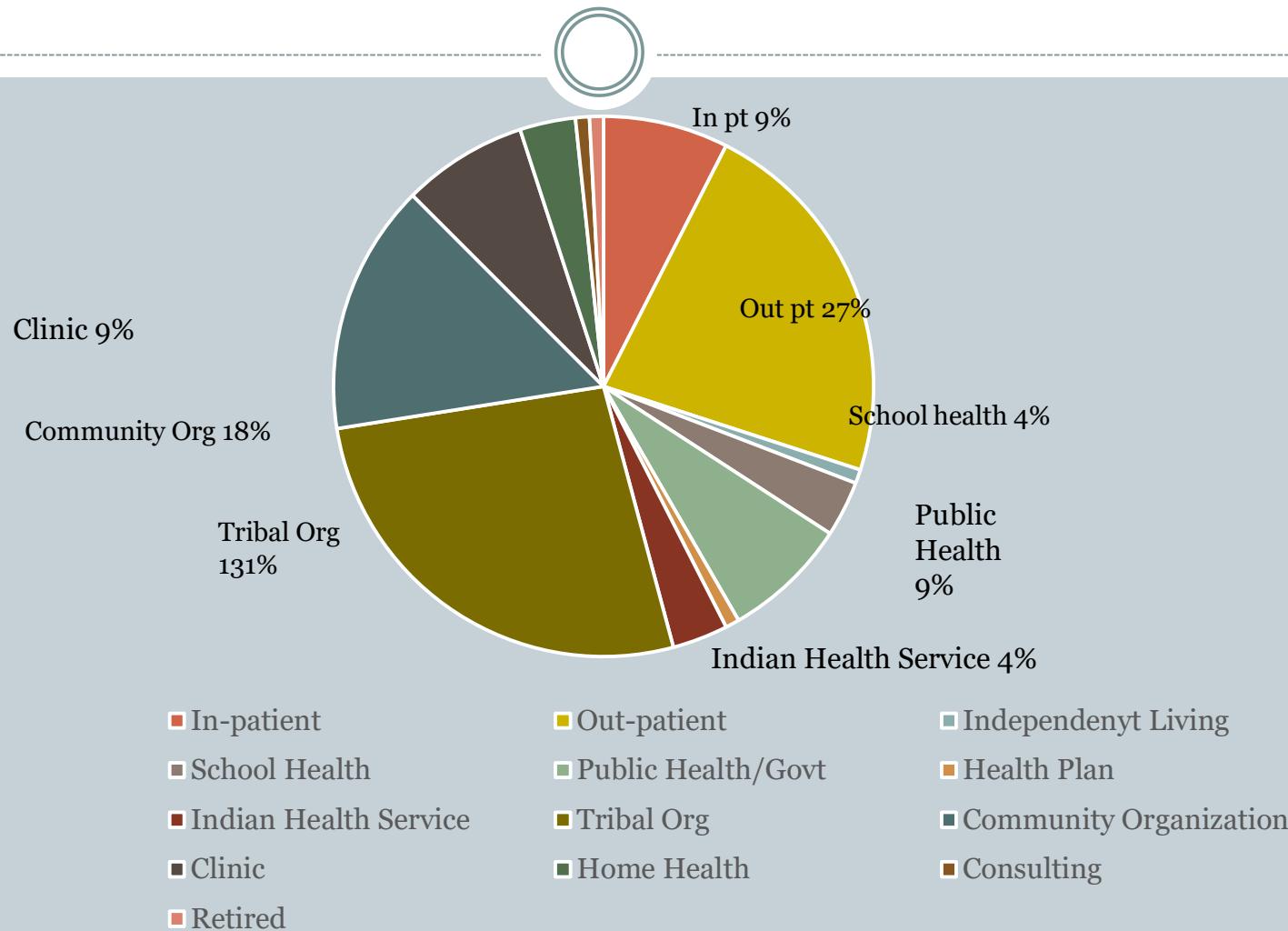
## Profession



- RN-32%
- CDE 32%
- Community Healthworker - 22%
- RD- 18%
- Promotora - 9%
- Community Member - 4%
- MD - 4%
- NP- 4%
- Other - 18%

- CDE-32%
- RN – 31%
- Community Health Worker – 22%
- RD – 18%
- Promotora – 9%
- Community Member – 4%
- MD-4%
- NP-4%
- Other – 18%
  - Fitness Technician
  - Health Educator
  - Administrator
  - SDPI Coordinator
  - Disability Advocate
  - Non-profit Administrator
  - Consultant

# Primary Work Setting



## Approximately What percentage of your Time is Focused on Diabetes Self-management Education Support?



- 0% - 25% 35%
- 26% - 50% 4%
- 51% - 75% 35%
- 76% - 100% 22%
- No response 4%

# NMDAC Membership Information



## 2019 Survey Respondents

### Yearly Membership Categories

Professional \$50

Para-Professional \$35

Promotoras, Community Health Workers, Retired Healthcare Workers, Healthcare Students/trainees

Organizational Partner \$125

Allows up to 5 designated employees to attend training

Sustaining Partner \$500

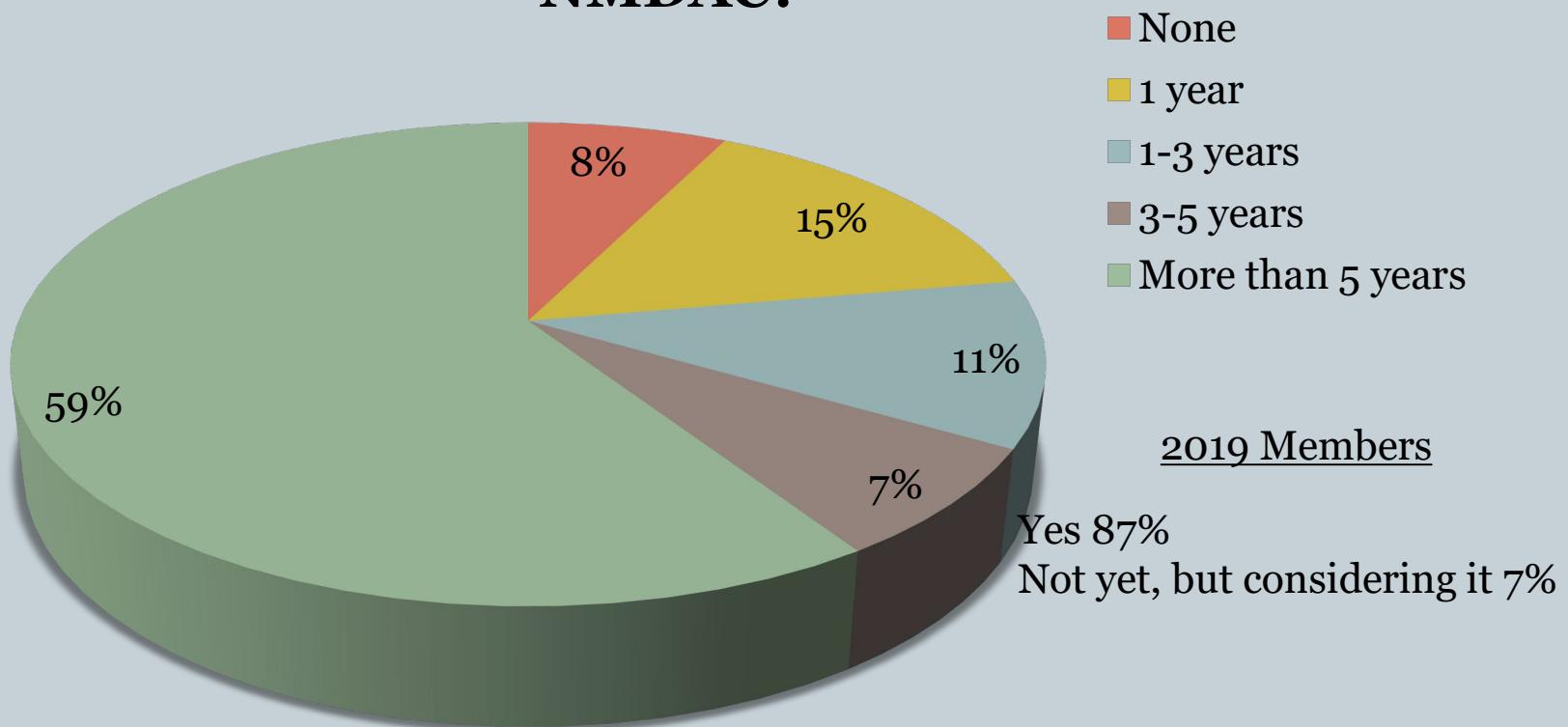
Allows 2 designates to attend trainings, logo on website and other materials

- 2018 Membership
  - 51 paid members
- 2017 Membership
  - 96 paid members
- 2016 Membership
  - 78 paid members
- 2015 Membership
  - 141 paid members
- 2014 Membership
  - 140 paid members

# Length of Membership



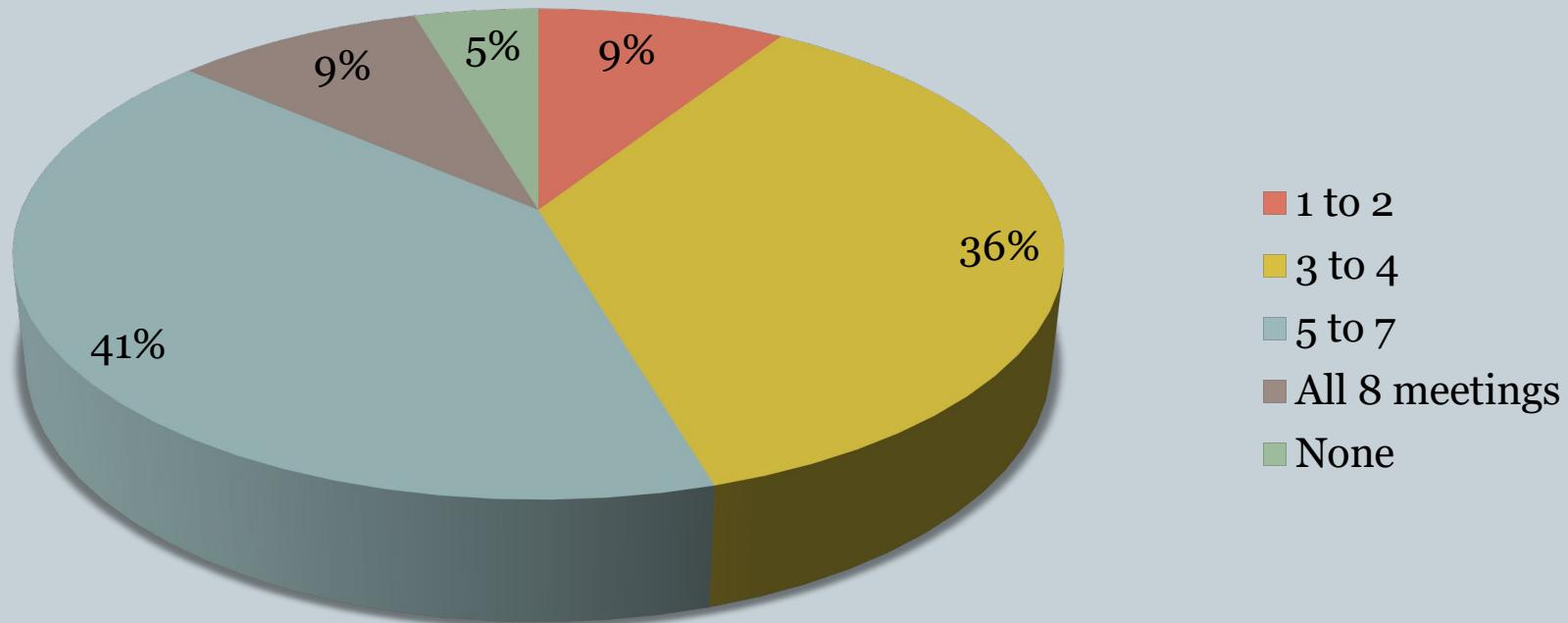
**How many years have you been a member of NMDAC?**



# Meeting Attendance



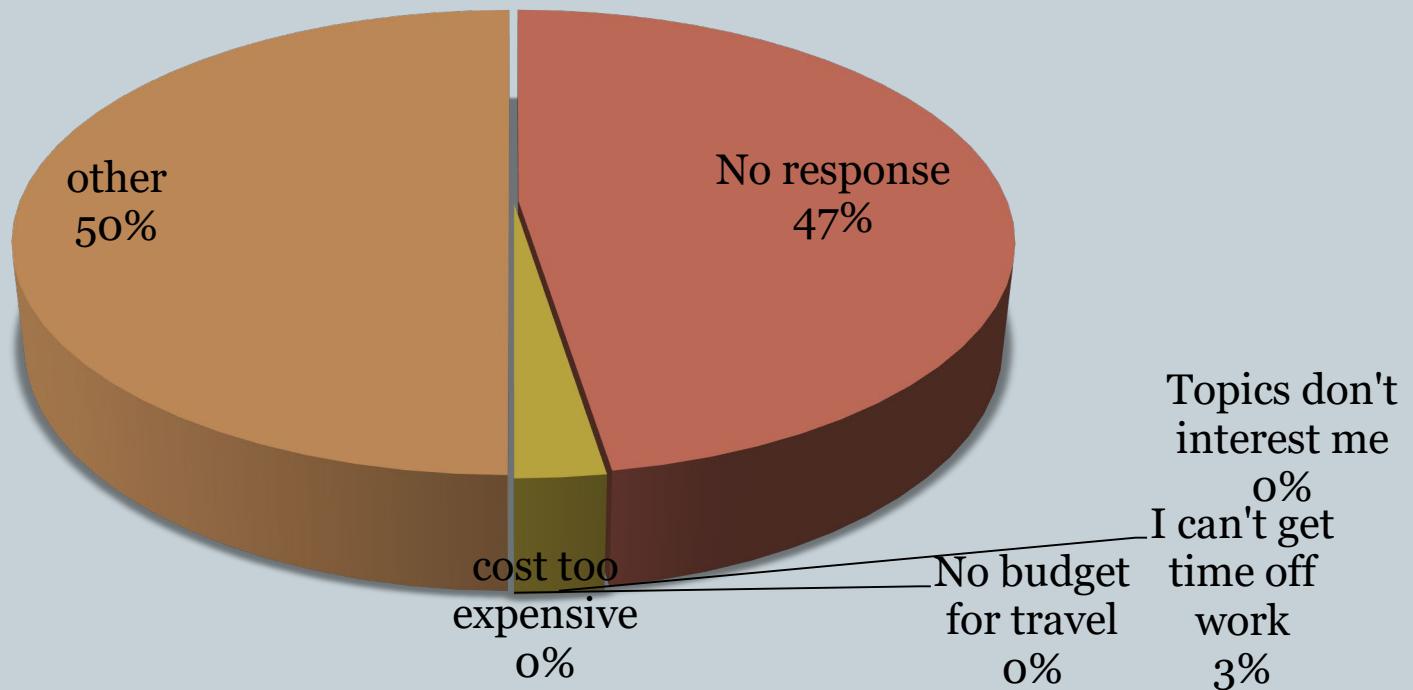
**How many meeting have you attended in the last 2 years?**



# Attendance



## I have not attended trainings because:



### Other

"Not aware of trainings."

"Trainings are too far away."



## Quality of Programs

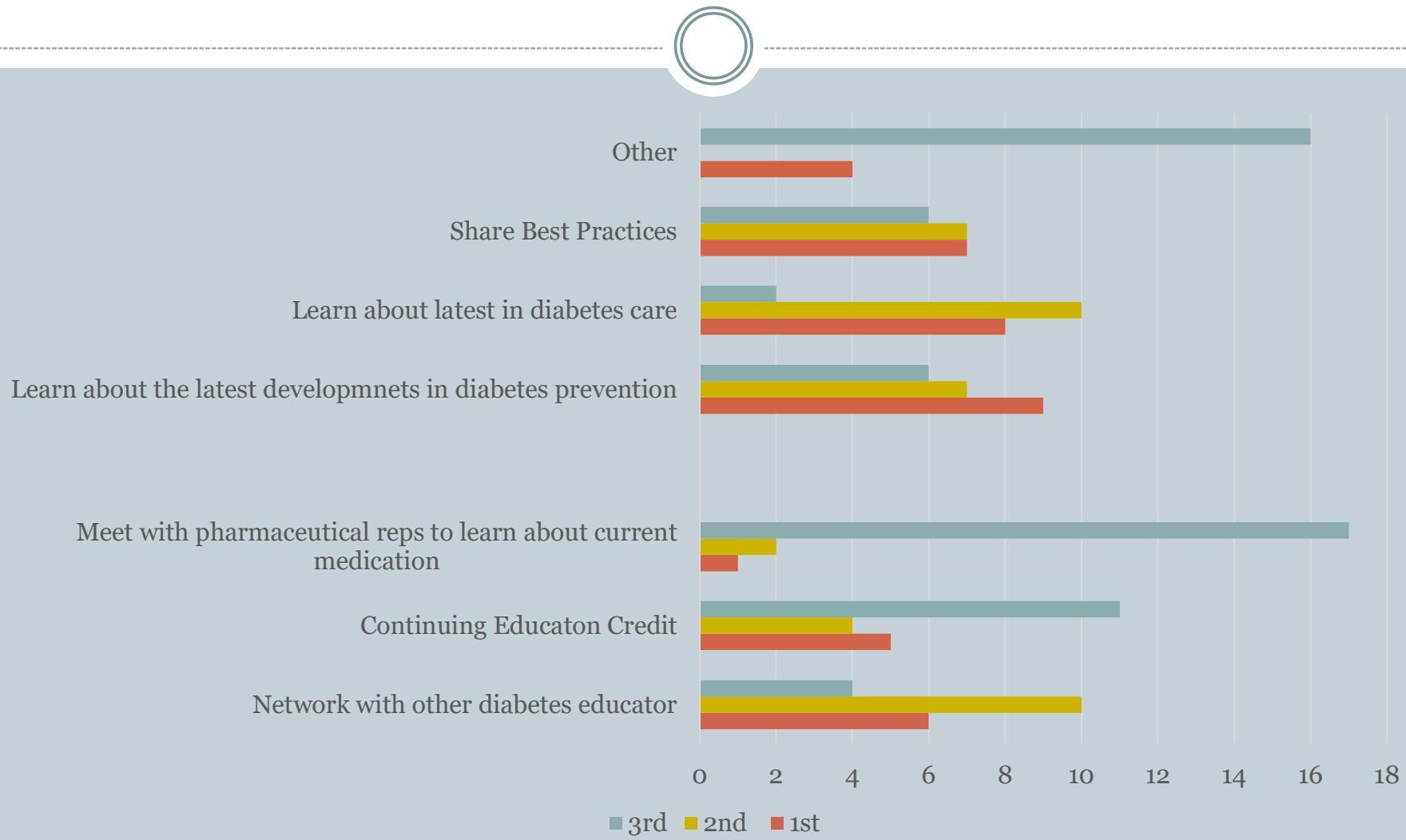
### QUESTION:

If you attend diabetes-related trainings offered by other organizations in New Mexico, rate the quality of their sessions compared to NMDAC's sessions.

**20 responses with a rating score of 3.5**

- I think trainings at DAC have improved and continue to be improving. I've enjoyed and learned from the trainings provided
- These trainings are so informational. I have learned so much in the past year
- I've attended "Choices and Changes" hosted by AADE in Albuquerque, but that was a national promotion. Therefore, it'll be superior. I've attended INR (Institute for Natural Resources) trainings on diabetes, and the trainings are about 9-4pm. They offer 6 CEUs and are higher quality, but are a national organization. The cost is \$80 per session, and breakfast & lunch not included.
- I would like to see an assessment of at least one recent Journal Article in the presentations to improve local organizations
- Overall trainings offered by other organizations are more tailored to my practice but NMDAC keeps me up to date on diabetes programs in the state.
- Compared to national scientific sessions which is really not a fair comparison

# Why people attend NMDAC trainings?



**Ranking of 1 to 7** 1 = Top Reason



## Why do attend NMDAC Sessions?

- To find out what is happening with diabetes care and prevention in New Mexico
- Learn how to retain interest in diabetes programs
- Group discussions
- Our organization shares health information with our employer members. We work to stay abreast of best practices and other areas that we can share with our employer members
- Two of our staff are co-Teaching the CDSMP and DSMP workshops in our 9 county service area and it was a requirement in our DOH contract to attend
- Support diabetes community
- I'm not highly interested in networking because my caseloads have been crazy high. I have no extra time on my hands to assist other programs



## How Did Trainings Impact your Work?

Rated from 1-5

The Rating Score is the weighted average calculated by dividing the sum of all weighted ratings by the number of total responses

- Bariatric Surgery and Diabetes 4.6
- Understanding Diabetes Programs 4.4  
CDSME and DSMP
- Diabetes and Heart Disease 4.5
- Diabetes and the Elderly 4.4
- Women Living With Diabetes 4.7
- Obesity, Diabetes and Youth 4.5

# Did the trainings make an impact on your work?

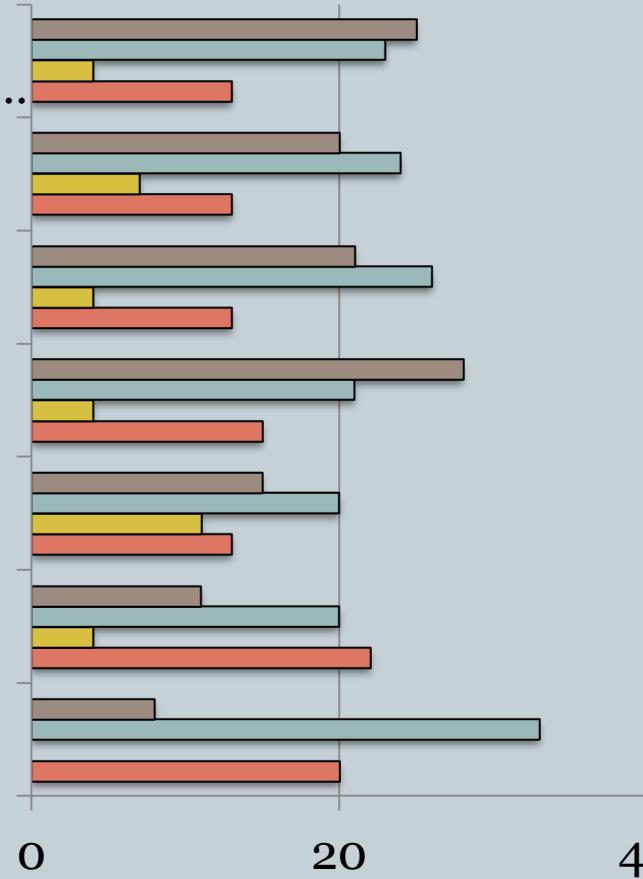


2016-2017

## Programs

Programs that work to prevent & manage...

- Diabetes Gastroparesis
- What's new in diabetes medications & treatment
- How healthy food choices can prevent diabetes
- Diabetes and Sleep Disorders
- Connecting the Dots
- From basic to latest technologies



- I made significant changes as a result
- I made a few changes
- I did not make changes
- No opinion



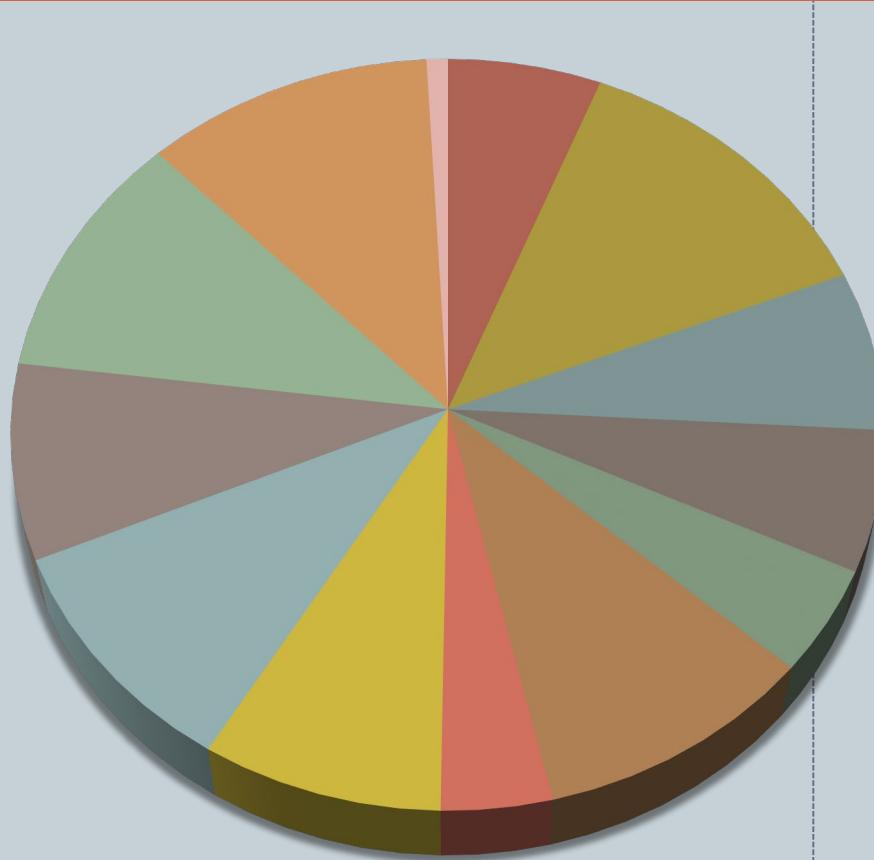
## How do our trainings impact your work?

- Promoted bariatric surgery as metabolic surgery, not just weight loss surgery.
- I promoted the free management of chronic diseases classes with New Mexico Department of Health - Diabetes Prevention and Control Program
- I only joined in January 2019 & was able to come to the 4/5/19 meeting. Read all the archived information which was very informative. Networking at the April meeting was informative as to how many other entities in NM are involved in Diabetes education. Thanks for all the good education your advisory group is responsible for organizing!

# What topics/areas interest you most?



## Diabetes Management

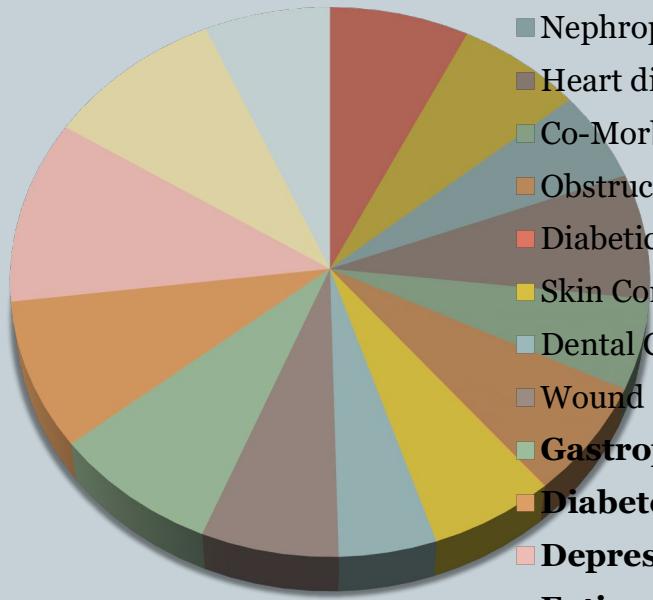


*Mark all that apply – Chart is not based on 100% scale*

# What topics/areas interest you most?



## Complications



## Other ...

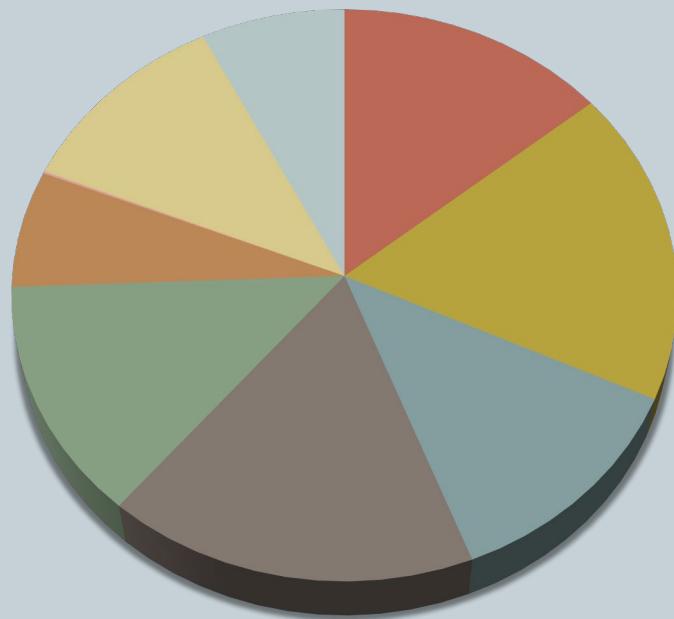
- Rationing of Insulin by Diabetics
- Community Activism: getting others to the table to affect social policy change

**Mark all that apply** – Chart is not based on 100% scale

# What topics/areas interest you most?



## Other Diabetes-related Topics



- Alternative Treatments - 68.1%
- Behavioral and Communications - 86.3%
- Nutrition - 59%
- Obesity Management - 81.8%
- Prevention Programs - 63.6%
- Program Evaluation - 31.8%
- Research Updates - 59%
- New Medications - 54.5%
- Managing patients on Other Meds 36.3%

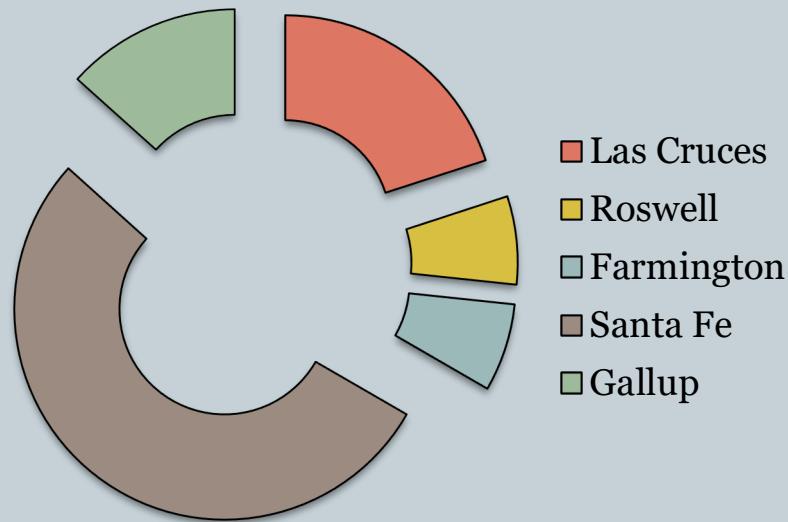
**Mark all that apply** – Chart is not based on 100% scale

# Recommendation on location of meetings:



## Other Possible Locations

### Different Cities/States (10 responses)



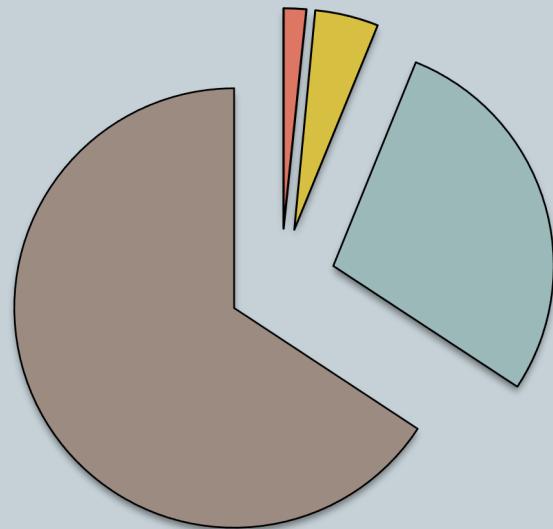
## Comments:

- I like coming to Albuquerque

# Which method do you prefer for trainings?



## Methods



## Explain why...

- The CDPC has a zoom option for their meetings that I use when I can't attend in person. It would be nice for NMDAC to do the same in case people can't attend but want to view the sessions online
- Due to commitments at work I am sometimes unable to make it to a quarterly meeting on the day it is scheduled, so having other ways to access the presented information is very helpful.



## Web Conferencing Applications that You are Familiar with?

- Gotomeeting 64%
- GlobalMeet 14%
- Skype 68%
- Google Handouts 14%
- Other 36%

Zoom 35%

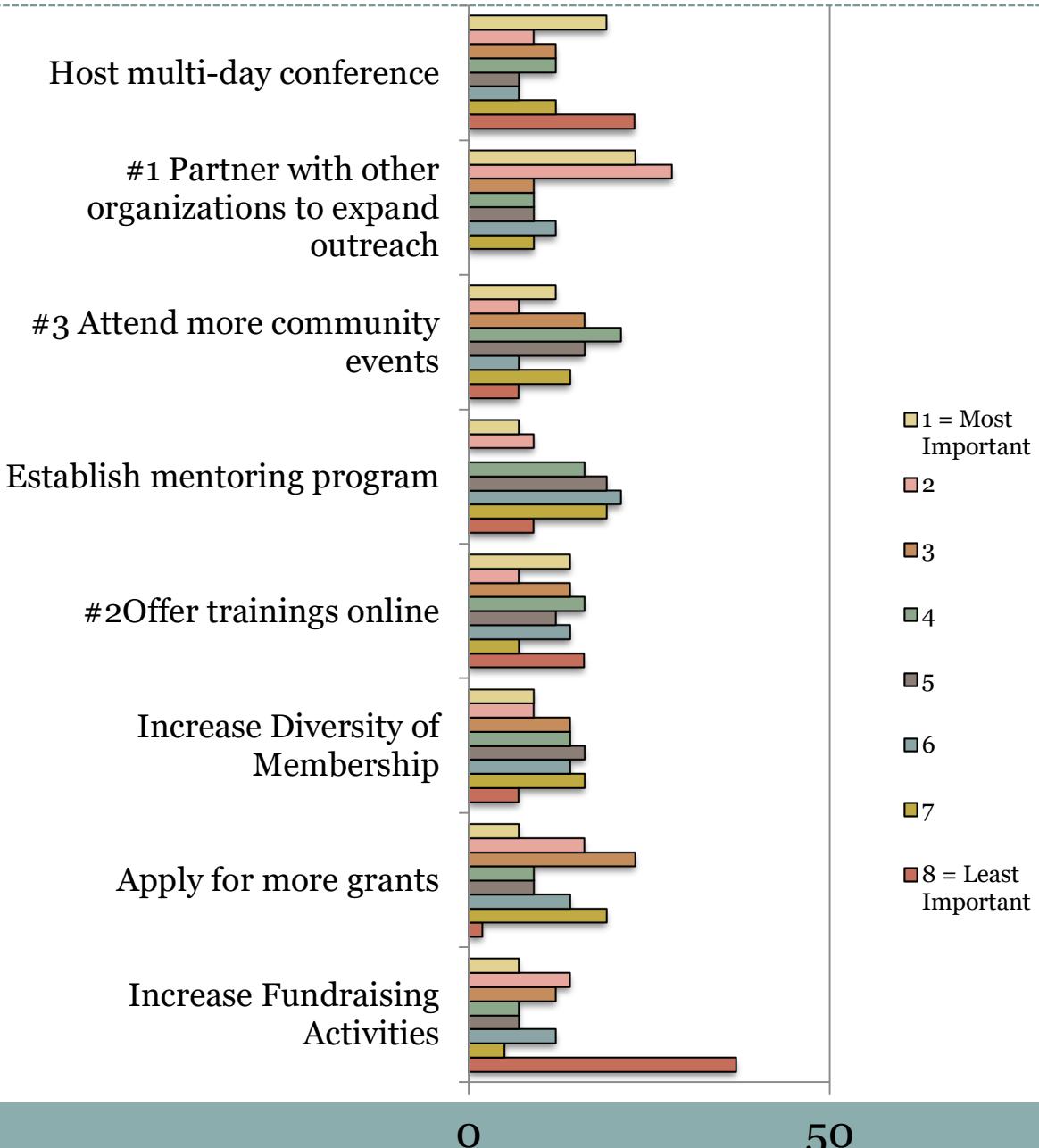
Not Familiar with any 1%

## NMDAC's goals?

## NMDAC's Vision:

A recognized leader in providing innovative, state-of-the-art professional development to prevent and manage diabetes and chronic disease.

# HOW DO WE GET THERE?



# Strategic Thinking...



Partnering with other organizations has the benefit of expanding our outreach but is beneficial to NMDAC in terms of awareness, program planning etc. For example, partnering with local American Heart Association, Kidney Foundation, ADA, JDRF

Online trainings are important to our members and online community. Those who indicated they are unable to attend the trainings would have the opportunity to get CEUs. This is something that is costly but perhaps looking into grant funding for something specific like this could be investigated. By educating more CHW, health professionals, promotoras, the quality of care in NM could improve.



# Are You Able to Assit with NMDAC Events?

- Help set up or take down for workshops 33%
- Help at other organizations events 33%
- Serve on the Board 8%
- Help contact presenters 17%
- Host a workshop in your community 17%

## Other Comments:

- Ask me. If I am able I will help
- None. Lack of time. No offense
- Not at this time
- Could help set up
- Already do

12 responses



**What New  
Mexico town  
was once  
known as the  
“Carrot  
Capital of the  
Country”?**

## **11 responses**

**Eight got it correct  
Grants, NM**

**One vote for Clovis  
and one vote for  
Holtville, CA**