



New Mexico
Diabetes Advisory
Council



2019
MEMBERSHIP
SURVEY RESULTS



Thank you for
your feedback!

Information in this report
also includes survey data
collected during meetings
and from other sources.

**We want to make sure we are
serving the needs of diabetes
health educators.**

- **Purpose**

To gather your thoughts, opinions, and
ideas on NMDAC trainings and activities.

- **Last NMDAC Survey Conducted
2017**

- 52% Member Response Rate (50/96)

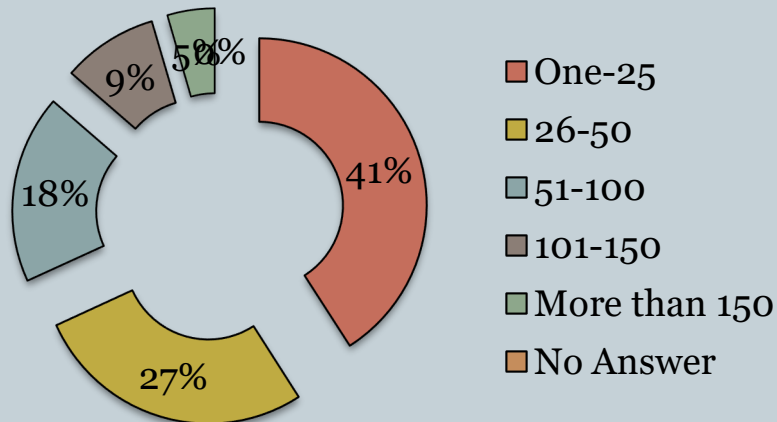
- **This year's survey**

- 56% Member Response Rate (23/41)

Demographics

How far do you travel for NMDAC sessions?

Miles (one-way)



In what NM counties do you work? September, 2019 survey data

North/Northwest-30%

San Juan
McKinley
Cibola
Los Alamos
Rio Arriba
Taos

Northeast – 13%

Colfax
Mora
San Miguel
Quay

Central - 52%

Bernalillo
Sandoval
Santa Fe
Valencia

Southwest – 0%

Socorro
Hildago
Luna
Dona Ana
Otero

Southeast – 0%

DeBaca
Curry
Roosevelt
Lincoln
Chaves
Eddy | Lea

Those with a statewide reach: 26%

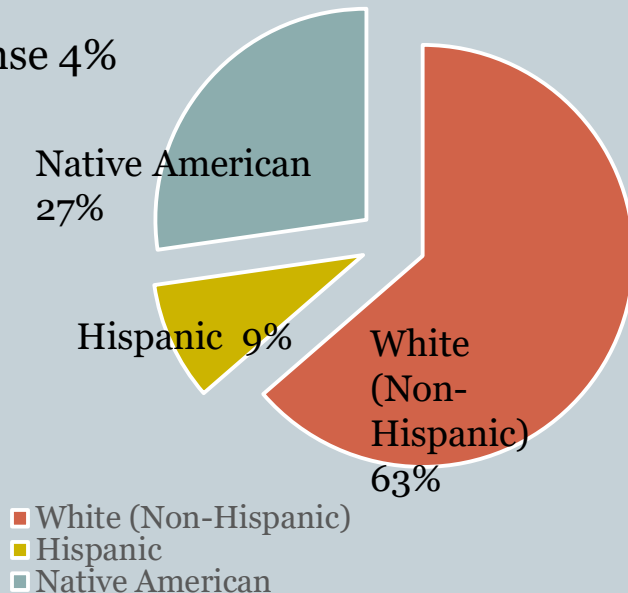
Demographics

2019 demographic survey data

Female 83%

Male 13%

No Response 4%



35% of respondents work on a reservation or pueblo

- Acoma
- Cochiti
- Isleta
- Jemez
- Jicarilla Apache
- Laguna
- Navajo Nation
- Ohkay Owingeh
- Santa Clara
- San Felipe
- San Ildefonso
- Santo Domingo
- Santa Ana
- Zuni

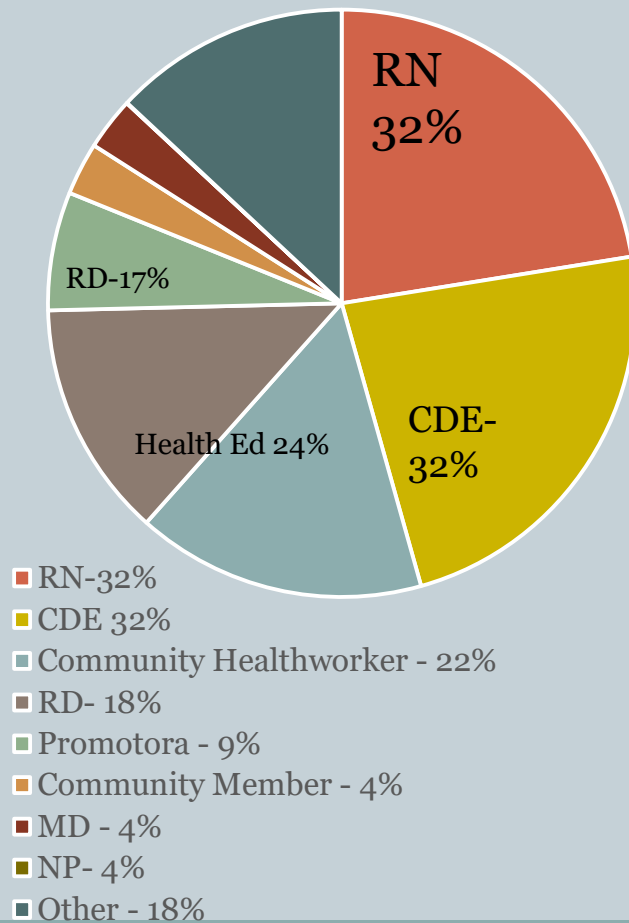
Primary Language spoken at work:

Pueblo Language = 13% English- 83%

No Response = 4%

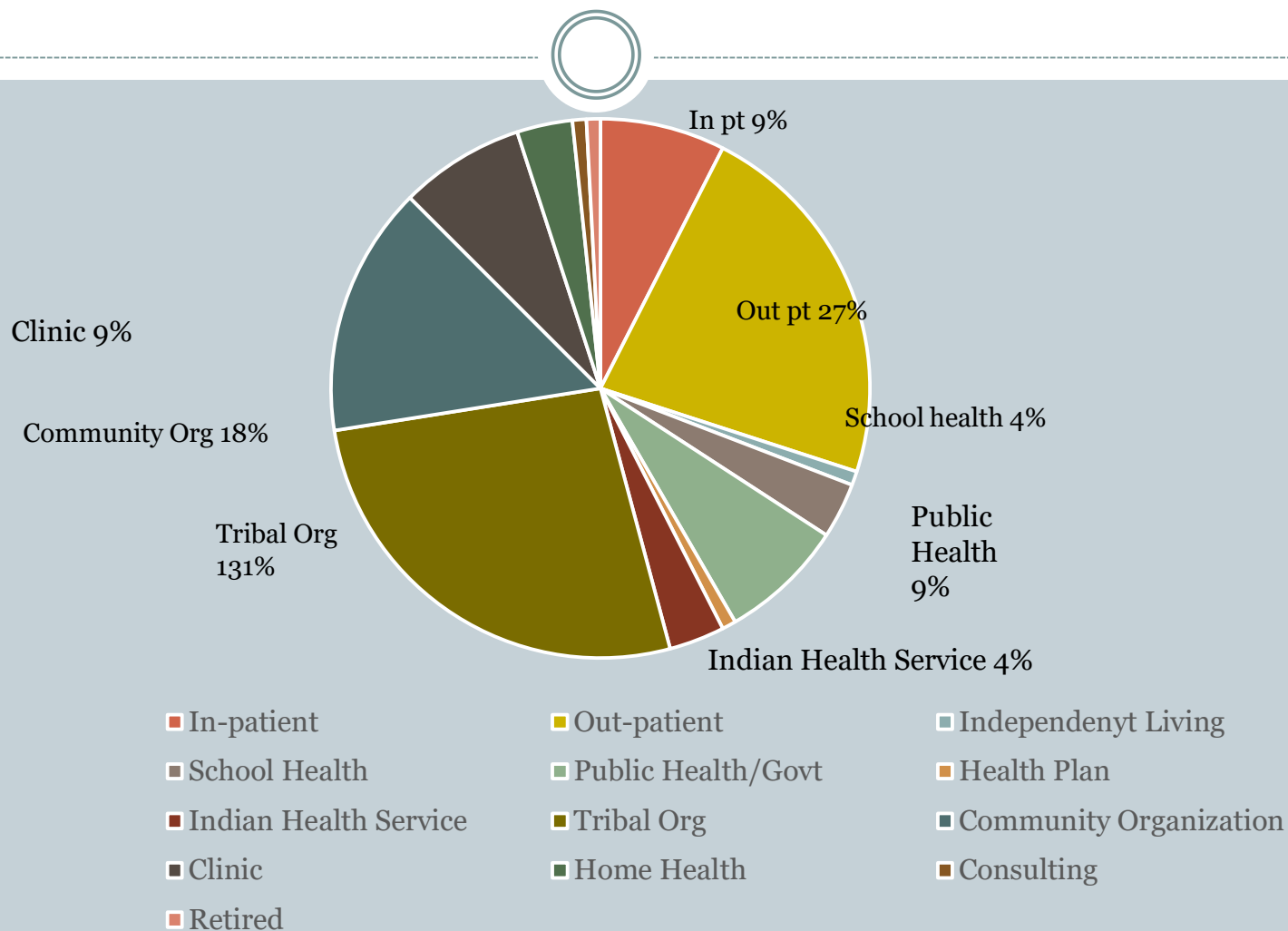
Professional Affiliations

Profession



- CDE-32%
- RN – 31%
- Community Health Worker – 22%
- RD – 18%
- Promotora – 9%
- Community Member – 4%
- MD-4%
- NP-4%
- Other – 18%
 - Fitness Technician
 - Health Educator
 - Administrator
 - SDPI Coordinator
 - Disability Advocate
 - Non-profit Administrator
 - Consultant

Primary Work Setting



Approximately What percentage of your Time is Focused on Diabetes Self-management Education Support?



- 0% - 25% 35%
- 26% - 50% 4%
- 51% - 75% 35%
- 76% - 100% 22%
- No response 4%

NMDAC Membership Information



2019 Survey Respondents

Yearly Membership Categories

Professional \$50

Para-Professional \$35

Promotoras, Community Health Workers, Retired
Healthcare Workers, Healthcare Students/trainees

Organizational Partner \$125

Allows up to 5 designated employees to attend training

Sustaining Partner \$500

Allows 2 designates to attend trainings, logo on website
and other materials

- 2018 Membership

- 51 paid members

- 2017 Membership

- 96 paid members

- 2016 Membership

- 78 paid members

- 2015 Membership

- 141 paid members

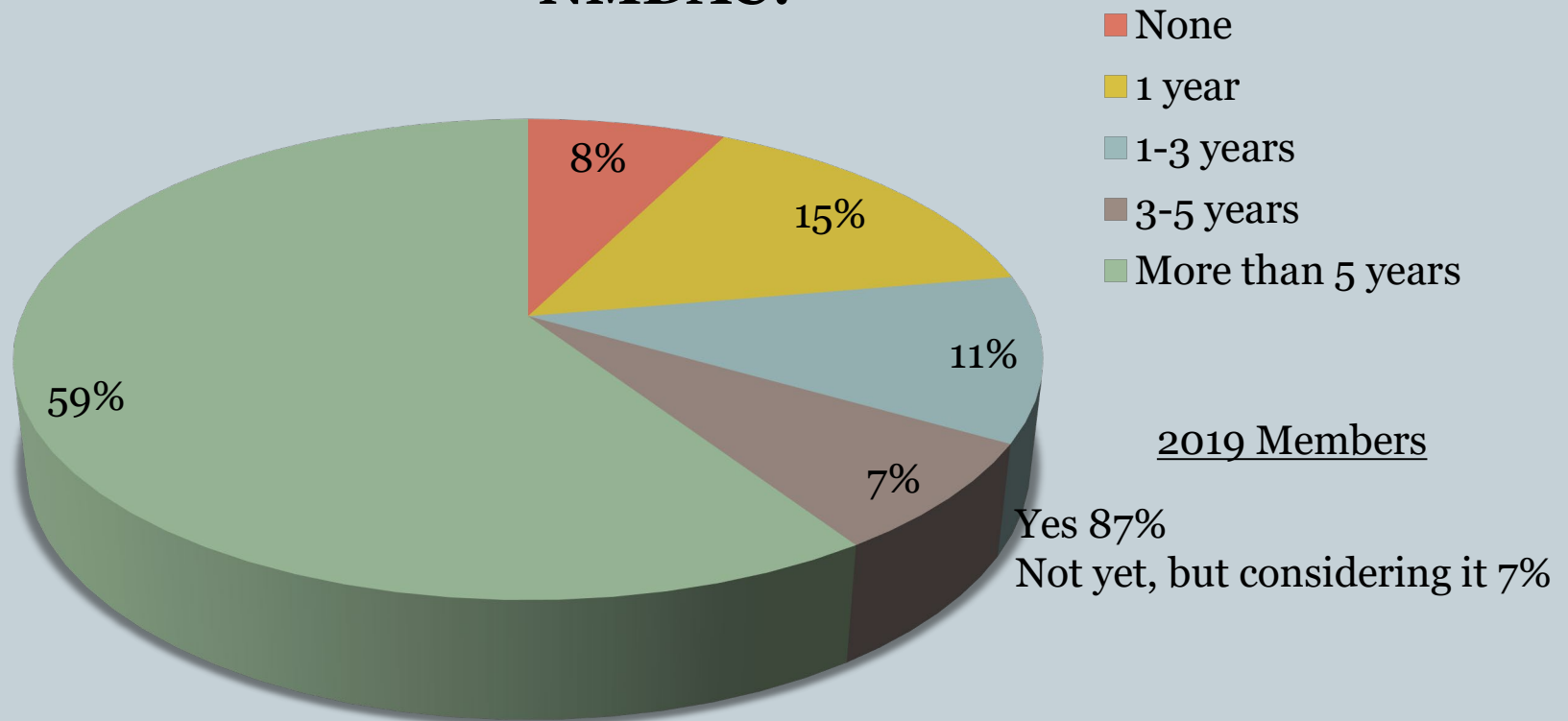
- 2014 Membership

- 140 paid members

Length of Membership



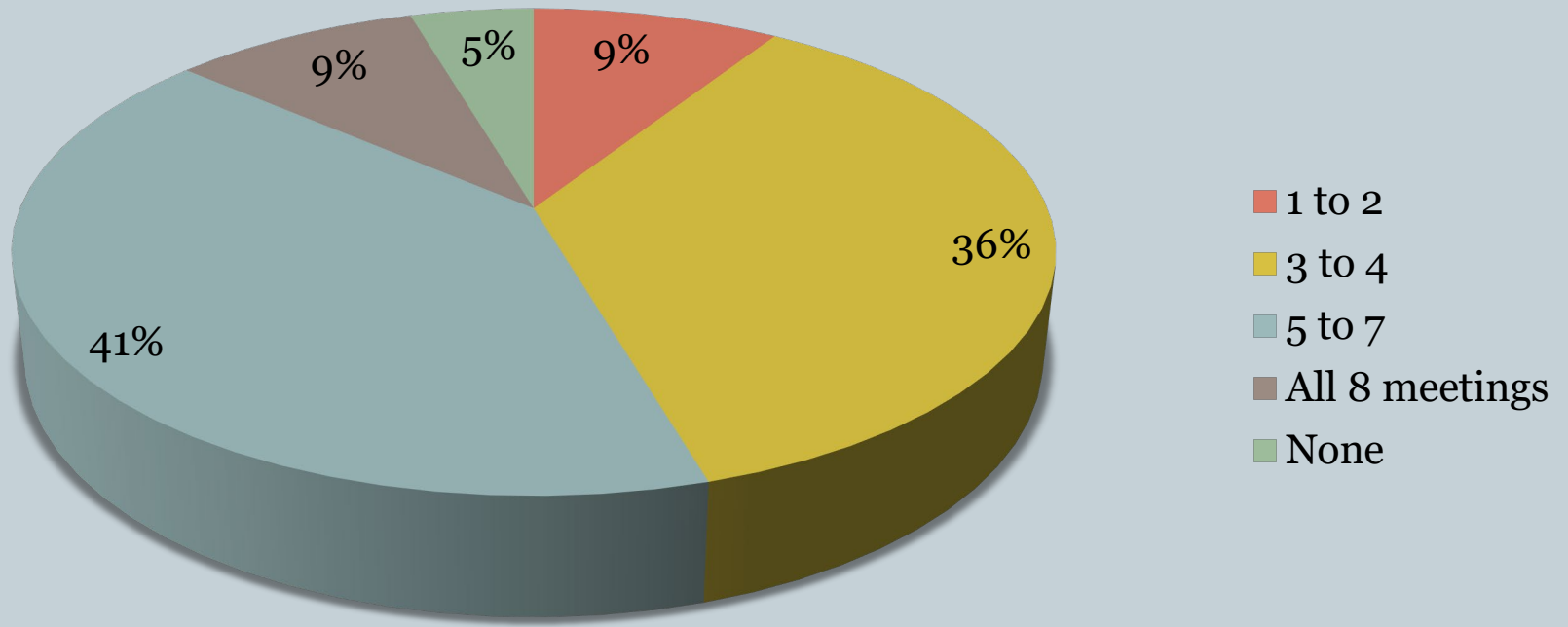
How many years have you been a member of NMDAC?



Meeting Attendance



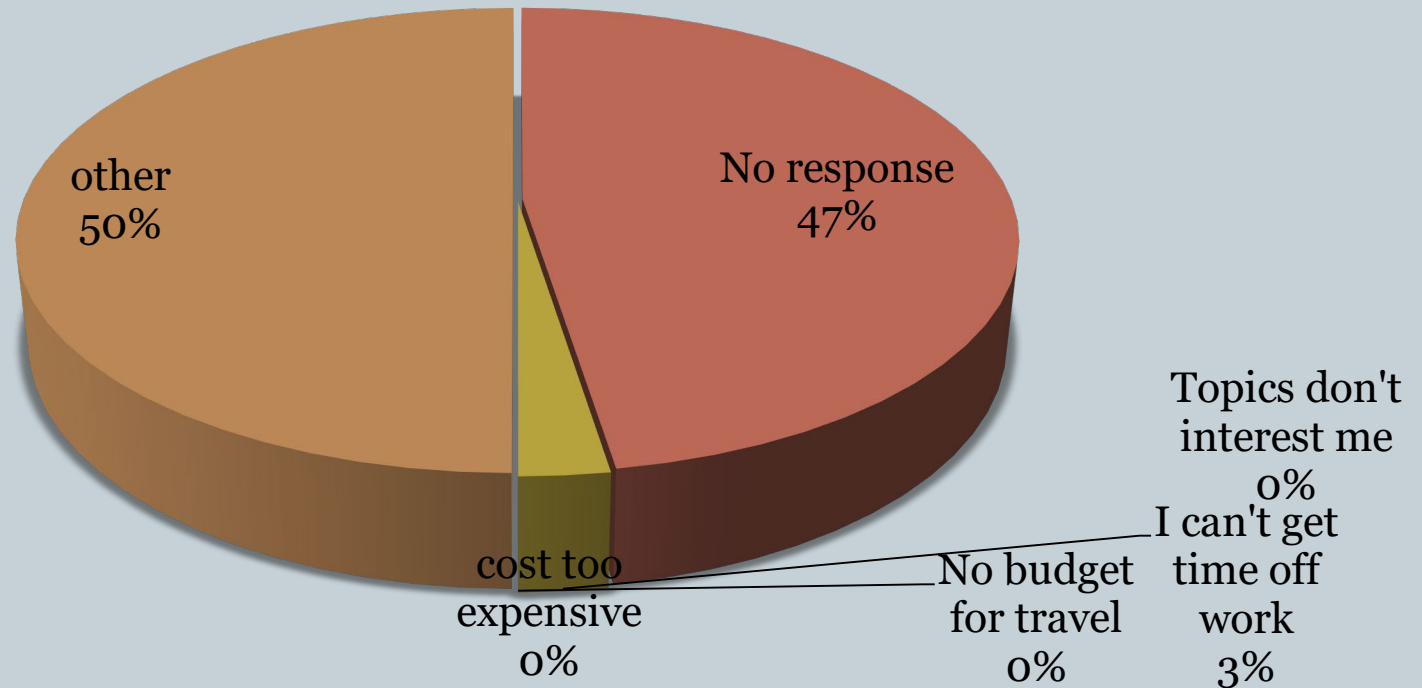
How many meeting have you attended in the last 2 years?



Attendance



I have not attended trainings because:



Other

"Not aware of trainings."
"Trainings are too far away."



Quality of Programs

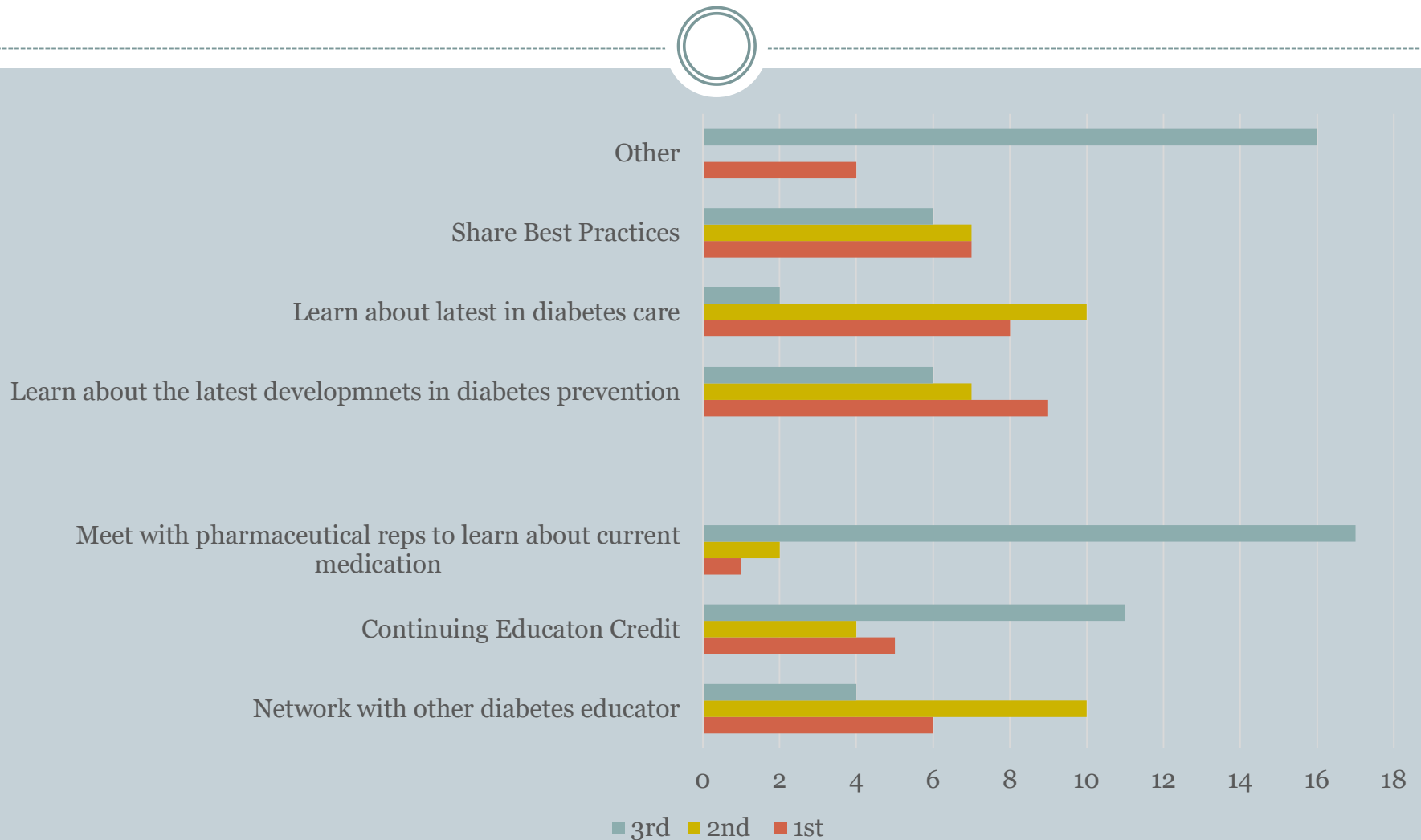
QUESTION:

If you attend diabetes-related trainings offered by other organizations in New Mexico, rate the quality of their sessions compared to NMDAC's sessions.


20 responses with a rating score of 3.5

- I think trainings at DAC have improved and continue to be improving. I've enjoyed and learned from the trainings provided
- These trainings are so informational. I have learned so much in the past year
- I've attended "Choices and Changes" hosted by AADE in Albuquerque, but that was a national promotion. Therefore, it'll be superior. I've attended INR (Institute for Natural Resources) trainings on diabetes, and the trainings are about 9-4pm. They offer 6 CEUs and are higher quality, but are a national organization. The cost is \$80 per session, and breakfast & lunch not included.
- I would like to see an assessment of at least one recent Journal Article in the presentations to improve local organizations
- Overall trainings offered by other organizations are more tailored to my practice but NMDAC keeps me up to date on diabetes programs in the state.
- Compared to national scientific sessions which is really not a fair comparison

Why people attend NMDAC trainings?



Ranking of 1 to 7 1 = Top Reason



Why do attend NMDAC Sessions?

- To find out what is happening with diabetes care and prevention in New Mexico
- Learn how to retain interest in diabetes programs
- Group discussions
- Our organization shares health information with our employer members. We work to stay abreast of best practices and other areas that we can share with our employer members
- Two of our staff are co-Teaching the CDSMP and DSMP workshops in our 9 county service area and it was a requirement in our DOH contract to attend
- Support diabetes community
- I'm not highly interested in networking because my caseloads have been crazy high. I have no extra time on my hands to assist other programs



How Did Trainings Impact your Work?

Rated from 1-5

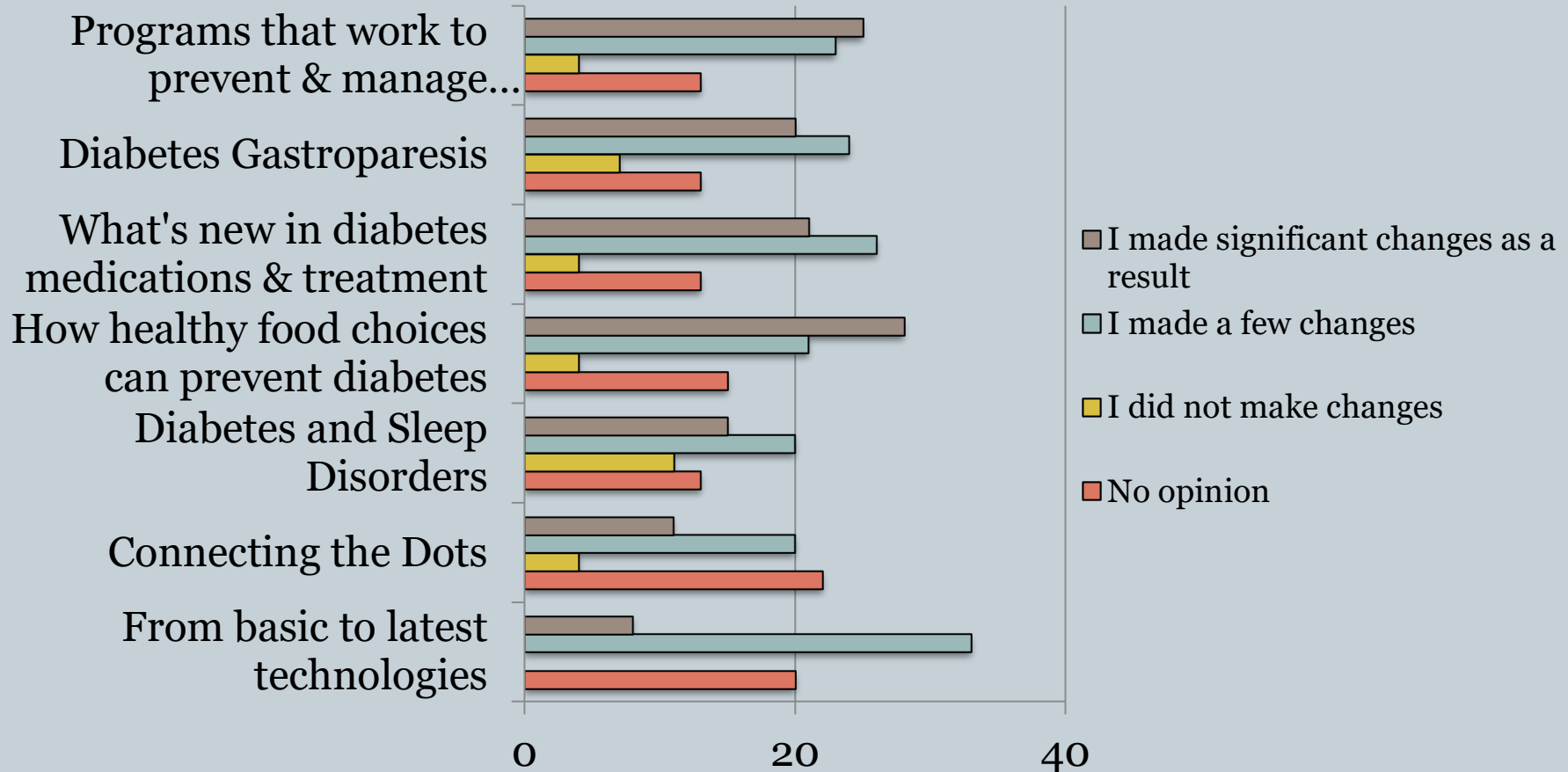
The Rating Score is the weighted average calculated by dividing the sum of all weighted ratings by the number of total responses

- Bariatric Surgery and Diabetes 4.6
- Understanding Diabetes Programs CDSME and DSMP 4.4
- Diabetes and Heart Disease 4.5
- Diabetes and the Elderly 4.4
- Women Living With Diabetes 4.7
- Obesity, Diabetes and Youth 4.5

Did the trainings make an impact on your work?



2016-2017 Programs



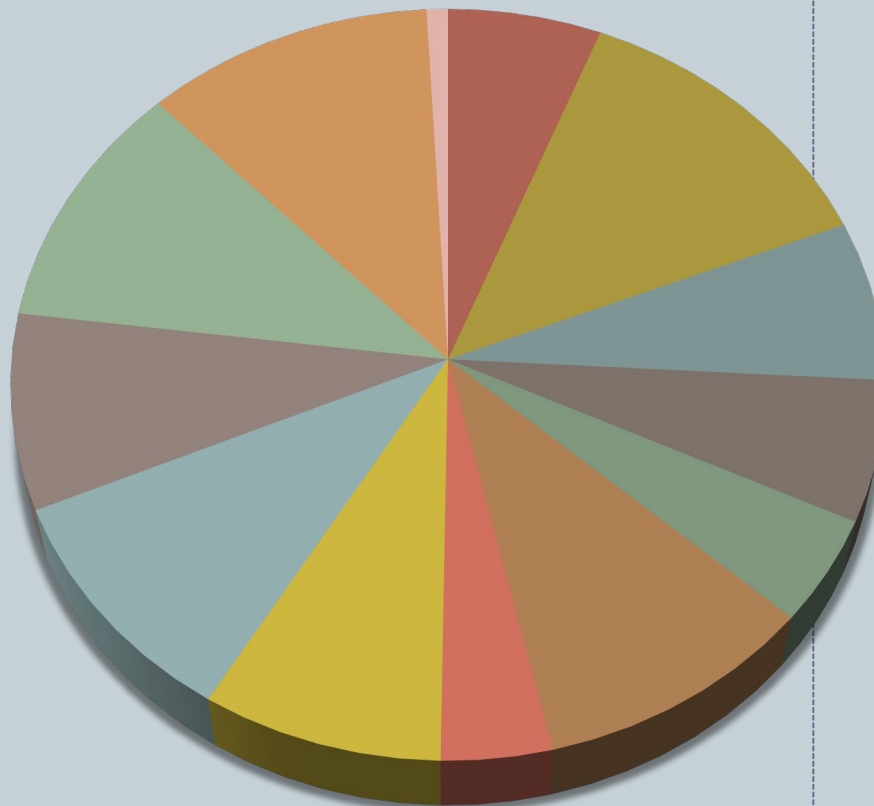


How do our trainings impact your work?

- Promoted bariatric surgery as metabolic surgery, not just weight loss surgery.
- I promoted the free management of chronic diseases classes with New Mexico Department of Health - Diabetes Prevention and Control Program
- I only joined in January 2019 & was able to come to the 4/5/19 meeting. Read all the archived information which was very informative. Networking at the April meeting was informative as to how many other entities in NM are involved in Diabetes education. Thanks for all the good education your advisory group is responsible for organizing!

What topics/areas interest you most?

Diabetes Management



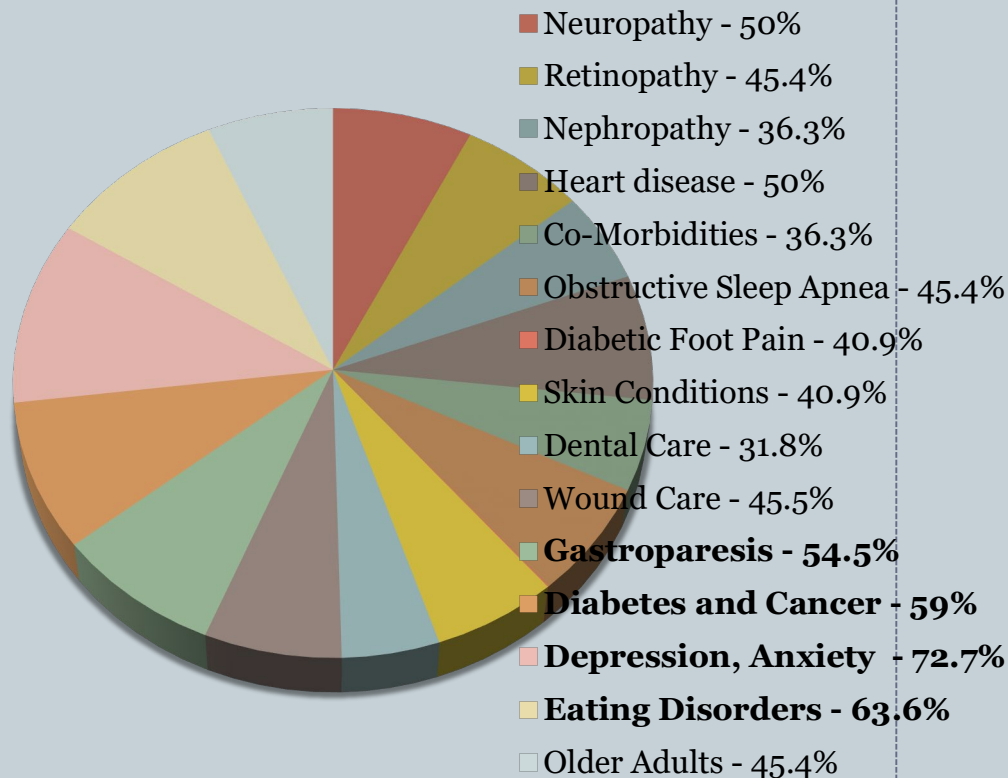
- T1 Diabetes - 36.3%
- **T2 Diabetes - 77.2%**
- Gestational Diabetes - 40.9%
- Diabetes in Pregnancy - 36.3%
- Pediatrics - 27.2%
- **Elderly - 59%**
- Monogenic Diabetes - 22.7%
- Technology Updates - 50%
- **Prediabetes - 59%**
- Research Updates - 50%
- **Nutrition - 63.6%**
- **Medication Updates - 68.1%**
- Type 3C Diabetes - 4.5%

Mark all that apply – Chart is not based on 100% scale

What topics/areas interest you most?

Complications

Other ...

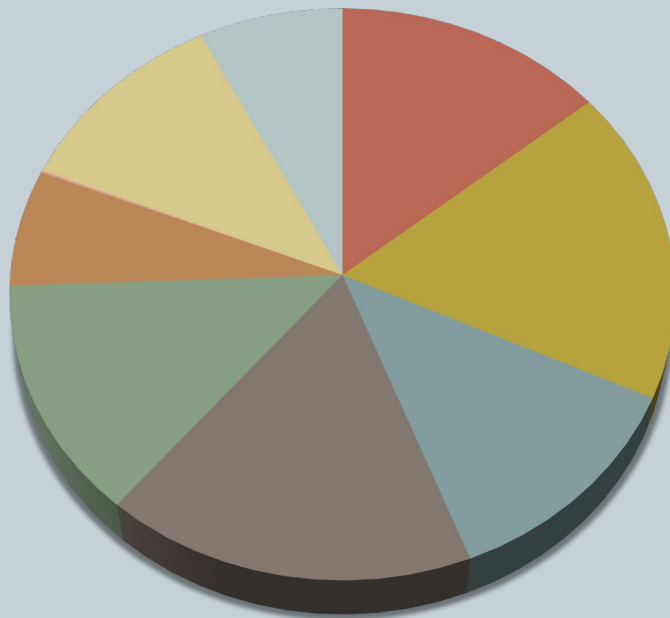


Mark all that apply – Chart is not based on 100% scale

What topics/areas interest you most?



Other Diabetes-related Topics



- **Alternative Treatments - 68.1%**
- **Behavioral and Communications - 86.3%**
- **Nutrition - 59%**
- **Obesity Management - 81.8%**
- **Prevention Programs - 63.6%**
- **Program Evaluation - 31.8%**
- **Research Updates - 59%**
- **New Medications - 54.5%**
- **Managing patients on Other Meds 36.3%**

Mark all that apply – Chart is not based on 100% scale

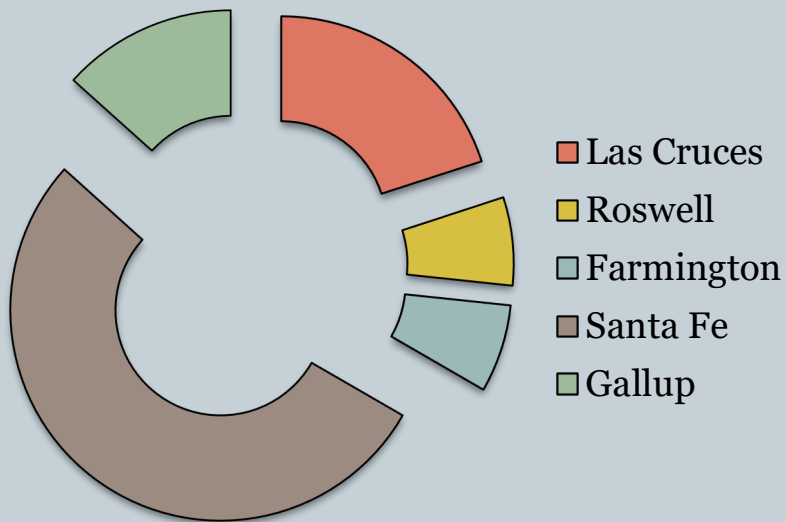
Recommendation on location of meetings:



Other Possible Locations

Comments:

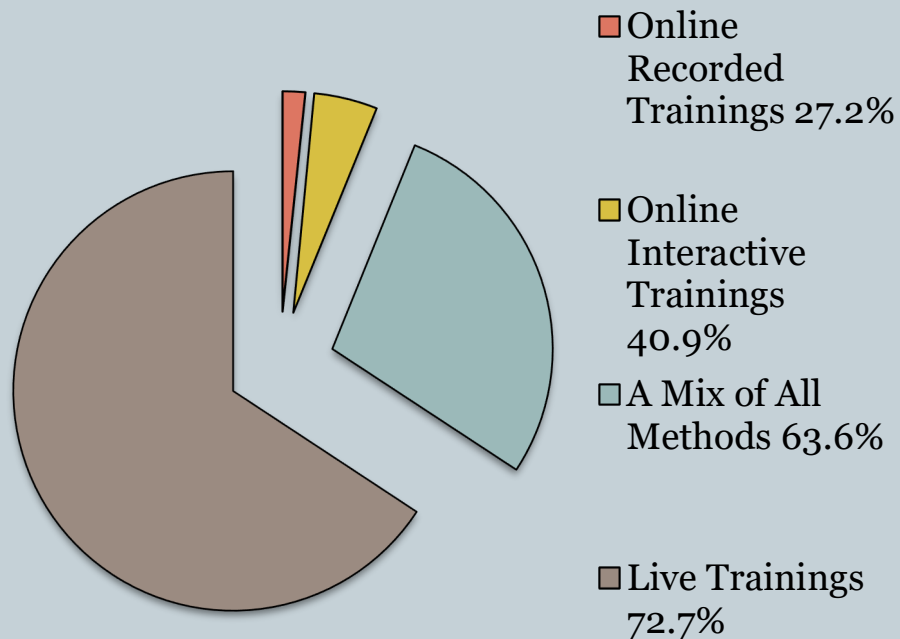
Different Cities/States (10 responses)



- I like coming to Albuquerque

Which method do you prefer for trainings?

Methods



Explain why...

- The CDPC has a zoom option for their meetings that I use when I can't attend in person. It would be nice for NMDAC to do the same in case people can't attend but want to view the sessions online
- Due to commitments at work I am sometimes unable to make it to a quarterly meeting on the day it is scheduled, so having other ways to access the presented information is very helpful.



**Web
Conferencing
Applications
that You are
Familiar with?**

- Gotomeeting 64%
- GlobalMeet 14%
- Skype 68%
- Google Handouts 14%
- Other 36%

Zoom 35%

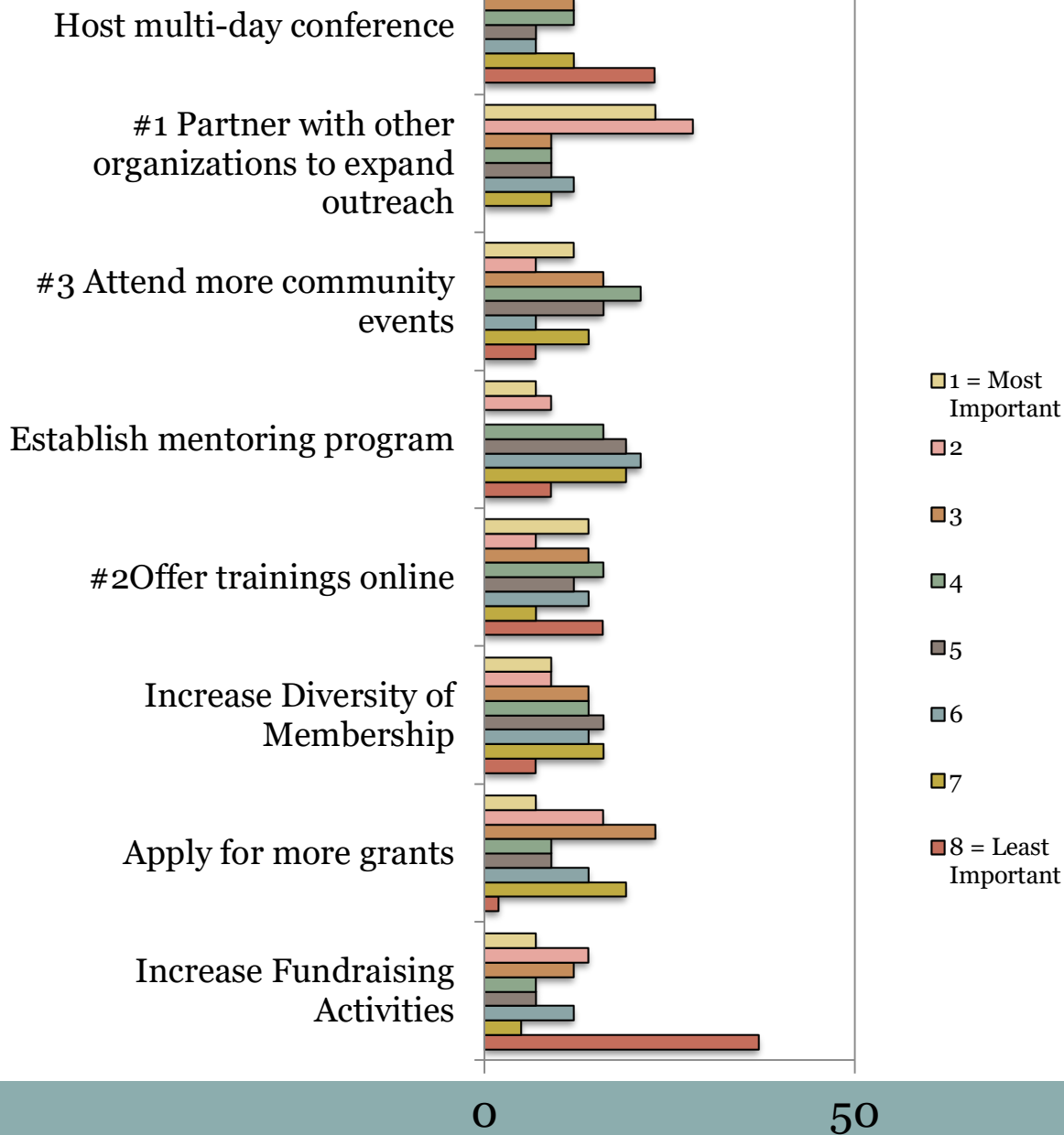
Not Familiar with any 1%

NMDAC's goals?

NMDAC's Vision:

A recognized leader in providing innovative, state-of-the-art professional development to prevent and manage diabetes and chronic disease.

HOW DO WE GET THERE?




Strategic Thinking...



Partnering with other organizations has the benefit of expanding our outreach but is beneficial to NMDAC in terms of awareness, program planning etc. For example, partnering with local American Heart Association, Kidney Foundation, ADA, JDRF

Online trainings are important to our members and online community. Those who indicated they are unable to attend the trainings would have the opportunity to get CEUs. This is something that is costly but perhaps looking into grant funding for something specific like this could be investigated. By educating more CHW, health professionals, promotoras, the quality of care in NM could improve.



Are You Able to Assist with NMDAC Events?

- Help set up or take down for workshops 33%
- Help at other organizations events 33%
- Serve on the Board 8%
- Help contact presenters 17%
- Host a workshop in your community 17%

Other Comments:

- Ask me. If I am able I will help
- None. Lack of time. No offense
- Not at this time
- Could help set up
- Already do

12 responses



**What New
Mexico town
was once
known as the
“Carrot
Capital of the
Country”?**

11 responses

**Eight got it correct
Grants, NM**

**One vote for Clovis
and one vote for
Holtville, CA**