

A MULTITUDE OF BLESSINGS FOR A FAMILY THAT LEANED ON THEIR FAITH



Cynthia & Frank, with their twins
Family served from PCC Peel Office

Cynthia arrived in Canada in September 2024 with her husband and two older children, determined to pursue her master's degree and build a stronger future. Back home, she had established a corporate career and had no plans for more children. Her focus was clear: settle her family, succeed academically, and continue her professional growth. But just one month into her studies, **she discovered she was unexpectedly pregnant — a moment she describes as filled with “fear, anxiety, and the thought of losing our dream.”**

With no family in Canada and limited income as international students, Cynthia and her husband initially considered terminating the pregnancy. Her husband, focused on their shared academic goals, believed abortion was the only practical option. Cynthia struggled deeply with the decision, praying and reflecting on her Christian faith. **When her husband returned a week later asking for her reasons, she explained that her conscience, her faith, and her belief that God would help them through the process made abortion impossible for her.** She reassured him that they could still accomplish their goals “with the help of God.”

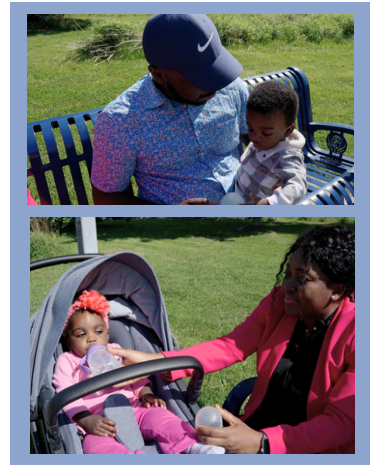
This conversation changed everything. Her husband's position shifted from hesitation to full support. He encouraged her to stay in school, helped with assignments, worked alongside her on group projects, and drove her to campus. **Cynthia describes this transformation as a turning point: “He warmed up... and accepted that we will go through this together.”** Weeks later, they learned she was carrying twins, adding both joy and new challenges.

As the pregnancy progressed, Cynthia connected with the Pregnancy Care Centre (PCC) Peel office. She recalls her first encounter as warm and reassuring, noting that PCC offered diapers, clothing, formula, and emotional encouragement even before she gave birth.



Pin, her primary contact, became “like a family,” consistently checking in, praying with her, and sharing childcare resources and community programs. PCC’s support extended beyond Cynthia — staff also encouraged her husband, checked in on his schooling and work, and even connected with their older daughters during PCC events. Cynthia says PCC “got into the family,” offering guidance, stability, and a sense of belonging during a vulnerable season.

PCC’s support eased financial strain, and became like family to them, giving Cynthia and Frank the stability and confidence to continue her studies. After a complicated delivery and recovery, she successfully completed her program. Today, she is pursuing her postgraduate work permit and job opportunities, grateful for PCC’s role in turning a difficult season into a testimony of resilience, faith, and community support.



FROM LINDA'S DESK

Reflecting on our Vision and Mission of the PCC

As we look ahead to the fall season, I find myself reflecting on our core beliefs and the vision that inspires everything we do at the PCC. **At the heart of our ministry is the belief that every person should be treated with dignity and respect because they are fearfully and wonderfully made by God.** We believe that no woman should have to face an unexpected pregnancy alone, and that every woman, man, and child deserves access to care, support, and community.

Every day across our centres in North York, Scarborough, Downtown Toronto, Richmond Hill, and Peel, we have the privilege of seeing this vision come to life. Women facing uncertainty, often feeling isolated and overwhelmed, find compassionate care, practical resources, and ongoing support. Through these relationships, they discover hope and the reassurance that they are not alone.

Practical support often opens the door to sharing the hope we have in Christ. 1 Peter 3:15 "But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have."

We also believe our role extends beyond helping a woman through a pregnancy decision. Our desire is to help families thrive and reach their God-given potential. By connecting families with community resources, local churches, and ongoing support, we seek to create pathways toward stability, belonging, and long-term flourishing.

That is why I would like to extend a special invitation this fall. **If you share this vision and believe that every life should be treasured, I encourage you to invite a friend, family member, colleague, or fellow church member to join you at one of our upcoming events.** There are many ways to support families facing unexpected pregnancies in your community, but it begins with understanding the need, embracing the vision, and experiencing the impact of this work firsthand.

When we gather together and hear stories of lives transformed, we are reminded that God is writing a beautiful story in every life He creates. These stories inspire us, strengthen our faith, and unite us around a common mission. **They remind us that we can be part of something larger than ourselves: a community committed to ensuring that no woman walks alone.**

My hope is that as our support community grows, so too will our capacity to be a place of refuge for families in need. **Together, through prayer, generosity, volunteer service, and encouragement, we can continue building a city where every life is treasured and where hope is always within reach.**

Thank you for standing with us and for helping make this vision a reality in the GTA.




Linda Baartse
Executive Director



VOLUNTEER CALL-OUT

PCC Fall Events 2026

Would you and your friends consider volunteering at one or more of PCC's Fall Events in 2026?

Your support helps create a welcoming and memorable experience for everyone who attends. **Whether you're greeting guests, taking photos, helping with event set-up, or supporting the many details behind the scenes, your time and effort make a real difference.**

Together, we can make our annual fundraising events meaningful, engaging, and fun for the entire community.

Interested in volunteering? We'd love to hear from you! Email us at info@pregnancycentre.org

Upcoming events where we need your help:

- *Downtown: Saturday, October 3 at Grace Church Toronto*
- *North Toronto: Saturday, November 14 at Logos Fellowship Centre*

SHARE THE JOY!

Christmas Bags for PCC

Would your small group consider donating or gathering Christmas bags for PCC? Each bag will be a blessing for women and families we serve -- filled with practical items and a touch of Christmas joy.



A Christmas bag includes:

- Diapers (sizes: newborn, 1-4)
- Baby wipes
- New or gently used baby clothes (including knitted items), sizing for 0-18 months
- Grocery gift card (\$25)

Together, we can remind families that they are seen, supported, and cared for this Christmas season. Please have all Christmas bags and donations dropped off by December 7. If you are planning to help, please contact us at info@pregnancycentre.org so we can coordinate a convenient drop-off time and location. Thank you for helping us share hope, encouragement, and practical support with those who need it most.



STAY CONNECTED

Sign up to receive PCC updates and join our prayer community

YOUR IMPACT IN 2026

Stats from Jan - July

870

Total Clients Served

700

Pregnancy decision conversations

125+

Known Births

650+

Volunteer Hours

335+

Prayer with Clients

560+

Received Spiritual Support

Ways Clients Reach Out To Us:



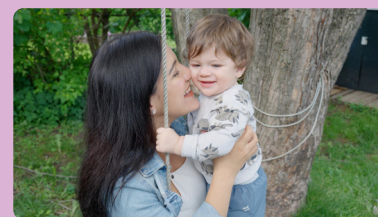
5720+ Phone calls



8,280+ Texts/SMS



190+ First contact emails



"To the donors and people that support Pregnancy Care Centre, I appreciate every single one of your help that you do to change lives, to bring families the hope that they need, and to contribute to a life-changing experience such as having a baby, that you make every woman that's going through pregnancy feel not alone."

Michelle, and her son Kaiden
Served from the Downtown Office

DIFFERENT COMMUNITIES. ONE LIFE-CHANGING MISSION.



Peel

*Saturday, Sept. 19th
at Hope Church Mississauga*

Individual: \$40 | Table: \$300



Downtown

*Saturday, Oct. 3rd
at Grace Church Toronto*

Individual: \$20



North Toronto

*Saturday, Nov. 14th
at Logos Fellowship Centre*
Individual: \$40 | Table: \$350

God continues to expand the reach of Pregnancy Care Centre Toronto through churches, volunteers, and communities across the GTA. This Fall, we're excited to bring our supporters together at three local events, each helping ensure that no woman faces an unexpected pregnancy alone.

FOR INFORMATION & TICKETS VISIT:

[PCCFRIENDS.CA/FALL2026](https://pccfriends.ca/fall2026)

**SCAN
ME!**



QUESTIONS? WE'RE HERE TO HELP!!

events@pregnancycarecentre.org

Call or Text: 416-229-2607

**Ticket price is not tax-deductible.*