



# Warsidaha Rubuc-xagaaga ah

Luulyo - Sebteembar 2026



## Taageerida Tababarka ayaa halkan diyaar ku ah —Waana Bilaash!

Waxaa qortay Agaasimaha Waaxda Adeegyada Waxbarashada Hore ee BrightSpark, Janine Meyers

Ma ogtahay in dhammaan adeegyadayada tababarka ay kuu diyaar yihiin adiga oo aan wax kharash ah kugu kacayn? Waa sax—wax lacag ah kama qaadno adeegyadayada tababarka. Hadday tahay inaad raadinayso taageero ku saabsan horumarinta tayada, dhaqamada ganacsiga, istaraatiijiyadaha fasalka, daryeelka dhallaanka iyo socod baradka, ama caqabad gaar ah oo aad maanta wajahayso, waxaan halkaan u joognaa inaan ku caawinno.

Sababtoo ah tirada badan ee bixiyeyaasha gobolkayaga, waxaan si joogto ah u raadineynaa siyaabo hal abuur leh oo macno leh oo aan kula xiriirno. Waxaan aqoonsannahay in barnaamij kastaa uu leeyahay baahiyo, yoolal, iyo jadwallo gaar ah, waana sababta aan u bixinno fursado tababar iyo waxbarasho oo kala duwan oo loogu talagalay inay kula kulmaan meesha aad joogto.

Taageerada la heli karo waxaa ka mid ah:

- Taageerada Tababarka Ganacsi ee Thrive, Daryeelka Macluumaadka Dhaawaca, Barashada Dareenka Bulshada, Jawaabta Degdegga ah
- Waaya-aragnimada Barasha-Kooxeedka (GLEs)
- Bulshooyinka Waxbarashada Xirfadeed (PLCs)
- Tababarka dhallaanka socod baradka
- Tababarrada Horumarinta Xirfadaha
- Tababarka si fool ka fool ah
- Tababarka Degdegga ah

Haddii aad doorbideyso inaad si joogto ah ula xiriirto ama marka loo baahdo, waxaan halkan u joognaa inaad taageerno safarkaaga horumarinta tayada. Habkayaga tababarka ee xoogga leh waxaa loogu talagalay inaad ku hesho meesha aad joogto oo uu kaa caawiyo inaad gaarto himilooyinkaaga.

Haddii aad u baahan tahay taageero tababar ama aad xiisaynayso Tababarka Degdegga ah, waxaan kugu dhiirigelinaynaa inaad maanta nala soo xiriirto.

Khadka Bixiyaha: 1-800-446-1114, Xulashada 2  
limaylka: [thrive@childcare.org](mailto:thrive@childcare.org)

Meel kasta oo aad joogto safarkaaga horumarinta tayada, uma baahnid inaad keligaa sameyso. Waxaan rajeyneynaa inaan idinla shaqeyno inta aad sii wadeysaan shaqada muhiimka ah ee ka caawinta carruurta inay wax bartaan, koraan, iyo inay horumaraan.



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## Xagaaga 2026 Fursadaha Horumarinta Xirfadaha

Rubuca xagaaga waxa ka buuxa fursado horumarineed oo xirfadeed oo cajiib ah, oo ay ku jiraan:

MAWUUCA TABABARKA	STARS	TAARIKHDA(AHA)	WAQTIGA	GOOBTA	LUUQADA	QIIMAHA
<b>Fahmidda Dhaqanka Aasaasiga</b>	2	7/14/2026	6-8 Galabnimo	Zoom	Af Ingiriis	\$20
<b>Maskaxda Koraysa - Ciyaar Maalinle ah</b>	3	7/15/2026	5: 30-8: 30 Galabnimo	Zoom	Af Ingiriis	\$25
<b>Soohdinta si loo kordhiyo Waxbarashada</b>	2	8/6/2026	1-3 Galabnimo	Zoom	Af Ingiriis	\$20
<b>Maareynta Habdhaqanka ee Cimilada Wanaagsan</b>	2.5	8/18/2026	6: 00-8: 30 Galabnimo	Qof-ahaan Redmond Together Center	Af Ingiriis	\$25
<b>Kobcinta Xididka Qoto dheer ee Dhallaanka iyo Socod baradka</b>	2	9/3/2026	1-3 Galabnimo	Zoom	Af Ingiriis	\$20

### Keydso taariikhda PDI-gayaga casriga ah ee soo socda

Waxay dhici doontaa **Sebtembar 15-17** iyo **Sabtida 20-keeda**

Waxaan bixin doonaa 3-4 kulan oo tababar ah maalin kasta waqtiyo kala duwan, oo bixiya fursado badan oo looga qaybgalo. Faahfaahin dheeraad ah, oo ay ku jiraan jadwalka tababarka iyo macluumaadka diiwaangelinta, ayaa la wadaagi doonaa xagaaga.

**La soco!**



### Cusbooneysiinta Canshuurta libka



Iyadoo ay ugu wacan tahay isbeddel ku yimid xeerka canshuurta Gobolka WA, BrightSpark hadda waxaa laga rabaa inay canshuur iib ah ka qaado dhammaan tababarrada iyo buugaagta gacanta.

Eeg liiskayaga buuxa ee fasallada oo iska diiwaangeli adoo adeegsanaya koodhka QR ee midigta!



Xusuusin - waa inaad leedahay akoon BrightSpark ah si aad isugu qorto fasallada!

Haddii aadan lahayn akoon, iska diiwaan geli adigoo isticmaalaya koodhka QR ee dhanka midig.



## Khibradaha Waxbarashada Kooxda (GLE) ee Bixiyeyaasha CUSUB ee Diiwaangashan

Khibradaha Waxbarashada Kooxda waxay taageeraan horumarka shuruudahaaga jadwalka ee Early Achievers. GLE-yadan waxay ku siin doonaan macluumaad ku saabsan EA, taageerooyinka farsamada, iyo mowduucyada ku saabsan baahiyaha carruurta kuwaas oo hagi doona safarkaaga horumarinta tayada.

Waxaan bixinaynaa jadwal joogto ah iyo dhowr jeer usbuucii si aan rajeyneyno inuu la jaanqaado jadwalkaaga. Fiiri waxa soo socda rubucan oo la xiriir Tababarahaaga Waxbarashada Hore si aad isu diiwaangeliso!

Kaydi xiriirkan zoom-ka oo ku biir mid ka mid ah kalfadhiyada hoos ku taxan: <https://bit.ly/48M45Br>

### Luulyo–Sebteembar

Magaca	Taariikhda	Waqtiga
Jihaynta EA	Khamiis – Luulyo 02, 2026	6: 30 – 8: 00 pm
La hadal Tababare/Adeegyada Tababarka	Khamiis – Luulyo 09, 2026	6: 30 – 8: 00 pm
Hawlaha madadaalada xagaaga/Kheyraadka Badbaadada	Khamiis – Luulyo 16, 2026	6: 30 – 8: 00 pm
Waqtiyada Cuntada/Nafaqada/ Barnaamijka Cuntada	Khamiis – Luulyo 23, 2026	6: 30 – 8: 00 pm
Jihaynta EA	Khamiis - Ogosto 06, 2026	6: 30 – 8: 00 pm
La hadal Tababare/Adeegyada Tababarka	Khamiis – Ogoosto 13, 2026	6: 30 – 8: 00 pm
Nadiifinta iyo Nadaafadda (Shuruudaha WAC)	Khamiis – Ogoosto 20, 2026	6: 30 – 8: 00 pm
U Diyaargarowga Xaalada Degdegga ah	Khamiis – Agoosto 27, 2026	6: 30 – 8: 00 pm
Jihaynta EA	Khamiis – Sebteembar 03, 2026	6: 30 – 8: 00 pm
La hadal Tababare/Adeegyada Tababarka	Khamiis – Sebteembar 10, 2026	6: 30 – 8: 00 pm
Astaanta Barnaamijka/CECI	Khamiis – Sebteembar 17, 2026	6: 30 – 8: 00 pm
Horumarinta Xirfadaha/Tababarka loo baahan yahay	Khamiis – Sebteembar 24, 2026	6: 30 – 8: 00 pm

**"Waxyaabaha quruxda badan ee ku saabsan barashada waa qofna kaama qaadan karo."**

**~ B. B. Boqor**

## Bulshooyinka Waxbarashada Xirfadeed

BrightSpark waxay kugu martiqaadaysaa inaad kordhiso aqoontaada waxbarashada hore adigoo ku biiraya Bulshooyinka Waxbarashada Xirfadeed (PLC)! PLC-yadani waxay sidoo kale ku siin doonaan fursad aad kula xiriirto xirfadlayaasha kale ee waxbarashada hore. La kaasho, weydii su'aalo, oo hel agab! Taariikh ahaan bulshooyinkan shaqsi ahaan ayaa loo hagayay, laakiin sannadihii la soo dhaafay waxaa hoggaamin jiray qaab-dhismeed ahaan. Waxaan haynaa abaalmarino bakhtiyaa-nasiib ah dhammaadka PLC kasta - markaa hubi inaad ka soo qaybgasho!

### Bulshooyinkan waxaa kaliya loogu talagalay kaqeybgalayaasha Hore ee Achievers!

*Kuwaas oo ay ku jiraan bixiyeyaasha daryeelka carruurta ee qoyska, macallimiinta Xarunta Daryeelka Carruurta, xubnaha shaqaalaha, macallimiinta la shaqeeya, iyo kaaliyeyaasha waxbaridda.*



✨ Fadlan ogow in bulshooyinkan waxbarasho aysan bixin STARS hours

La soco emayllada PLC ee bil kasta. Waxay faahfaahin ka bixiyaan dhammaan dhacdooyinka PLC bil kasta, iyo taariikhahooda, waqtiyadooda, mowduucyadooda, iyo xiriiriyeyaasha Zoom.

## Kanaalka YouTube-ka ee BrightSpark iyo Tidbits-ka Bisha

Ma aragtay kanaalkayaga YouTube-ka weli? Kanaalka YouTube-ka ee BrightSpark wuxuu soo bandhigayaa muuqaallo gaagaaban oo wax ku ool ah si ay uga caawiyaan bixiyeyaasha daryeelka carruurta inay kor u qaadaan tayada, xoojiyaan ka-qaybgalka qoyska, iyo inay taageeraan dhaqamada ugu wanaagsan ee waxbarashada hore.

Iskaan garee koodka QR ee dhanka midig si aad u bilowdo daawashada maanta!

Sidoo kale, waxaan haynaa warside bille ah oo warbixin ah halkaas oo tababarayaasheenu ay ku soo ururiyaan macluumaad ku saabsan mowduucyo kala duwan.

Mowduucyadan waxaa ka mid ah waxyaabo ay ka mid yihiin: hawlaha sayniska, hawlaha farshaxanka, sinnaanta iyo ka mid noqoshada, xirfadaha shucuurta bulshada, dhaqanka adag iyo waxyaabo kaloo badan!

Hoos ka eeg wararkii ugu dambeeyay!

### Waxqabadka Guga ee Carruurta

<https://conta.cc/4svvKy1>

### Bisha Kibirka & Juneteenth

<https://conta.cc/4v9X0ni>



## Adeegyada Dhammaystiran



### Waayo-aragnimada Xagaaga ee Ku Salaysan Dabeecadda ee Dhallaanka iyo Socod-baradka

Xagaaga waa waqti fiican oo dabeecadda iyo waxbarashada dibadda lagu dhiirrigeliyo lagu keeno deegaannada dhallaanka iyo socod baradka iyada oo loo marayo waayo-aragnimo fudud oo dareen-gelin iyo beero-falasho ah. Kor u qaad caafimaadka maskaxda adigoo ka caawinaya carruurta inay dareemaan deganaansho, xasillooni, iyo inay xiriir la lahaadaan deegaankooda. Ciyaarta ku salaysan dabeecadda waxay xoojisaa horumarka maskaxda, xirfadaha dhaqdhaqaaqa wanaagsan, iyo luqadda hore (qorraxda, biyaha, dhirta, koritaanka), iyadoo sidoo kale taageerta xirfadaha shucuureed sida is-xakamaynta, dulqaadka, iyo xiisaha. Uma baahnid meel bannaan oo weyn, dhir yar oo dheri lagu beero, biyo lagu ciyaaro, weelal dareen leh oo leh agab dabiici ah, iyo helitaanka iftiinka iyo cagaarka ayaa abuuri kara waayo-aragnimo macno leh. Dhallaanka yaryar waxay ka faa'iidaystaan ​​sahaminta dareenka ee jilicsan iyo habaynta wadajirka ah ee dejinta, halka socod baradka ay ku lug yeelan karaan hawlo fudud sida waraabinta dhirta, sahaminta qaab-dhismeedka, iyo daawashada koritaanka iyo isbeddelka.

Waayo-aragnimo ula kac ah oo loogu talagalay dhallaanka & socod-baradka

#### Saqiir:

- ◆ Sii waqti calool-u-jiifsi oo lala socdo oo banaanka ah iyadoo la jifinaayo cawska ama buste jilicsan dushiisa
- ◆ Bixi ciyaarta dareenka leh ee caleemaha, ciidda, iyo biyaha
- ◆ Ka sheeke waayo-aragnimada: "Cawsku wuxuu dareemayaa jilicsanaan,
- ◆ "Biyuhu waa qabow"
- ◆ Taageerada isku xirka iyada oo loo marayo xiriirka indhaha iyo isdhexgalka jawaab celinta

#### Saanqaadayaasha:

- ◆ Ku martiqaad carruurta inay ciidda soo daraan, beeraan abuurka, oo ay waraabiyaan dhirta
- ◆ Samee jadwal daryeel oo fudud (waraabin maalinle ah, hubinta koritaanka)
- ◆ Socod gaaban oo dabiici ah qaado si aad u aragto isbeddellada bannaanka
- ◆ Ku dhiirrigeli madaxbannaanida iyo ku dayashada ("Waad ku shubi kartaa biyaha")

#### Talooyin Dheeraad ah oo Ku Saabsan Guusha:

- ◆ Wareeji agabka si aad xiisaha u sii wadato cusub
- ◆ Bixi waayo-aragnimo soo noqnoqda. Carruurta yaryar waxay wax ku bartaan ku celcelinta
- ◆ Tus taabasho jilicsan iyo daryeel marka aad taabato dhirta
- ◆ U dabaaldeg isbeddellada yaryar: "Eeg, way koraysaa!"

## Jadwalka THRIVE

Hel taageero shaqsiyeed adigoo ku biiraya Khibrad Waxbarasho Kooxeed (GLE), la kulmaya tababare ama ka qaybgal Saacadaha Xafiiska oo diiradda saaraya mowduucyada muhiimka ah—kaliya isticmaal URL-yada Zoom si aad ugu biirto mid ka mid ah dalabyada hoose.

### Luulyo-Sebt

Kooxda Thrive	Mawduuca	Taariikhda	Waqtiga	Xiriirka Kulanka
Taageerada Tababarka Ganacsiga	Ku xidhnow Tababare	Talaado, Luulyo 7	6: 00 – 7:30 galabnimo	<a href="https://bit.ly/bc-office-hours">https://bit.ly/bc-office-hours</a>
Jawaab Degdeg ah	GLE	Arbaco, Luulyo 8	6: 30 – 8: 00 galabnimo	<a href="https://bit.ly/rrc-gle">https://bit.ly/rrc-gle</a>
Tababarka Degdega ah	GLE	Talaado, Luulyo 14	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/emergent-gle">https://bit.ly/emergent-gle</a>
Tababarka Taageerada Dhaqanka	GLE	Khamiis, Luulyo 16	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/bsc-gle">https://bit.ly/bsc-gle</a>
Taageerada Tababarka Ganacsiga	GLE	Talaado, Luulyo 28	6: 00 – 7: 30 galabnimo	<a href="https://bit.ly/bus-support-gle">https://bit.ly/bus-support-gle</a>
Tababarka Degdega ah	Ku xidhnow Tababare	Talaado, Ogoosto 11	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/emergent-gle">https://bit.ly/emergent-gle</a>
Taageerada Tababarka Ganacsiga	Ku xidhnow Tababare	Talaado, Ogoosto 11	6: 00 – 7: 30 galabnimo	<a href="https://bit.ly/bc-connect-with-a-coach">https://bit.ly/bc-connect-with-a-coach</a>
Jawaab Degdeg ah	GLE	Arbaco, Ogosto 12	6: 30 – 8: 00 galabnimo	<a href="https://bit.ly/rrc-gle">https://bit.ly/rrc-gle</a>
Tababarka Taageerada Bulshada iyo Shucuurta	GLE	Arbaco, Ogosto 12	6: 30 – 7: 30 galabnimo	<a href="https://bit.ly/4v04Xez">https://bit.ly/4v04Xez</a>
Iskaashiga Ka Hortagga Cayrinta (EPP)	Ku xidhnow Tababare	Arbaco, Agoosto 19	1: 00 – 2: 30 galabnimo	<a href="https://bit.ly/4uulgy7">https://bit.ly/4uulgy7</a>
Tababarka Taageerada Dhaqanka	Ku xidhnow Tababare	Khamiis, Ogoosto 20	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/bsc-gle">https://bit.ly/bsc-gle</a>
Taageerada Tababarka Ganacsiga	Aqoon-is-weydaarsi Shakhshi ahaaneed	Talaado, Ogoosto 22	11: 00 – 2: 30 galabnimo	<a href="https://www.brightspark.org/555-S-Renton-Village-Pl-STE-280-Renton-WA-98057">Adeegyada Waxbarashada Hore ee BrightSpark, 555 S Renton Village Pl STE 280, Renton, WA 98057</a>
Tababarka Degdega ah	GLE	Talaado, Seb 8	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/emergent-gle">https://bit.ly/emergent-gle</a>
Taageerada Tababarka Ganacsiga	Ku xidhnow Tababare	Talaado, Seb 8	6: 00 – 7: 30 galabnimo	<a href="https://bit.ly/bc-connect-with-a-coach">https://bit.ly/bc-connect-with-a-coach</a>
Jawaab Degdeg ah	GLE	Arbaco, Sebteembar 9	6: 30 – 8: 00 galabnimo	<a href="https://bit.ly/rrc-gle">https://bit.ly/rrc-gle</a>
Tababarka Taageerada Bulshada iyo Shucuurta	GLE	Arbaco, Sebteembar 16	6: 30 – 7: 30 galabnimo	<a href="https://bit.ly/4a9D23B">https://bit.ly/4a9D23B</a>
Tababarka Taageerada Dhaqanka	Ku xidhnow Tababare	Khamiis, Seb 17	1: 30 – 2: 30 galabnimo	<a href="https://bit.ly/bsc-gle">https://bit.ly/bsc-gle</a>
Taageerada Tababarka Ganacsiga	GLE	Talaado, Seb 22	6: 00 – 7: 30 galabnimo	<a href="https://bit.ly/bc-gle">https://bit.ly/bc-gle</a>
Tababarka Taageerada Bulshada iyo Shucuurta	Ku xidhnow Tababare	Arbaco, Sebteembar 23	1: 00 – 2: 30 galabnimo	<a href="https://bit.ly/4dZi7T6">https://bit.ly/4dZi7T6</a>

## Ilaha Bixiyaha



Raadiyaha Daryeelka Carruurta waa daryeelkayaga cusub ee internetka iyo goor hore qalabka raadinta waxbarashada ee qoysaska ku nool gobolka Washington, iyada oo la adeegsanayo barnaamijka cusub, waxaad awood u leedahay inaad maamusho astaantaada oo aad suuq geysa ganacsigaaga.



Tani waa fursaddaada aad kaga gudbi karto liiska aasaasiga ah. Waxaad shakhsiyeyn kartaa boggaaga oo aad ka caawin kartaa qoysaska inay arkaan waxa ka dhigaya barnaamijkaaga mid gaar ah, soo dhaweyn leh, iyo mid ku habboon ilmahooda.

Kooxda Child Care Aware ee Washington waxay abuurtay qalab iyo agab kaa caawinaya inaad si habsami leh ugu gudubto goobta cusub.

**Fadlan iskaan garee koodka QR si aad wax badan u barato!**

Si aad u daawato warsidahaan khadka tooska ah oo ku qoran Ingiriisi, Isbaanish ama Soomaali, isticmaal xiriirka hoose ama iskaan lambarka QR.

Si aad warsidahaan ugu daawato khadka tooska ah Ingiriisi, Isbaanish, ama Soomaali, isticmaal xiriirka hoose ama sawir lambarka QR.

Si aad u aragto waraaqdaan warar oo ku baxaysa ama Soomaali, adeegso lifaaqa hoose ama iskaanka mari koodhka QR.



[bit.ly/4srWM9c](https://bit.ly/4srWM9c)



## La socio Warsidahayaga Dayrta!

*"Dayrta waa xusuusin jilicsan oo isbeddelku noqon karo mid qurux badan".*