

COVID OUTDOOR PLAY

Social distanced outdoor activities for kids

Activities:

- Cloud Shapes
- Hopscotch
- Obstacle Course
- Making Bubbles

We want to go outside!

With the weather so beautiful, we want to spend so much more time outside! Social distancing can be complicated with young children who don't understand the concept of personal space. Here are a few ideas to let them play together, at a distance.

Cloud shapes

What you'll need:

Chalk, a partly cloudy sky

Directions:

Mark each child's space with chalk. They can help you measure the distance between each view point. Lie in your spot and look for shapes in the clouds!



Hopscotch

What you'll need:

Chalk, a "marker" (rock, pinecone, woodchip) for each child

Directions:

Draw a hopscotch board on the ground. Mark the starting line and the distanced spaces to line up behind. When it's their turn, the child will toss the marker randomly, and jump to where it lands. When they've completed, they can get back in line. Each child can take their own marker with them.



Chalk Obstacle Course

What you'll need:

Chalk

Directions:

Draw different steps of an obstacle course a few feet away from each other down the sidewalk or on the driveway. Each child can do one activity while the child behind does the next one. Children can go through the obstacle course as many times as they'd like!



Making Bubbles

What you'll need:

- 1/2 C Dish detergent
- 5 C Water/distilled water
- 2 TBSP vegetable glycerin/light corn syrup/honey

Directions:

Mix the ingredients together in a storage container and leave overnight (min 4 hrs)
Use bubble wands to make big bubbles!
To encourage social distancing, see if they can catch each other with their bubbles or race to see how far they can go!

