



Salt Puff-Paint

Recipe: equal parts salt, flour, and water (ex:1cup water, 1 cup flour, 1 cup salt), whisk together, add food coloring or tempera paint, put paint mixture into squeeze bottles if available, plastic bags with a hole cut at one end, or drip onto paper using a spoon, have enough items so each child has their own materials and work space, consider different use of materials to paint onto instead of paper such as: recycled cardboard, paper plates, foam, or cardstock.

Blog with video: <https://artfulparent.com/salt-puffy-paint/>



Winter Tree Finger Painting

Materials:

- sheet of blue paper
- non toxic white paint / fingerpaint
- black marker or black paint and brush

You can use any color paper, but blue paper really works the best to create the winter scenery.

You'll also need a permanent marker to draw the tree (or you can have your kids make a hand print instead of drawing the tree), some white colors and a q-tip to make the snowflakes. Kids can use other painting materials: sponge brushes (circle shape), daubers, clothespins with cotton wool on them, stamps or variety of other materials to make snow. But fingers are always fun, as getting messy with your art is the best.

Blog: <https://www.easypeasyandfun.com/winter-tree-finger-painting/>



Winter Cookie Cutter Prints

What you will need: cookie cutters, paint, paper, paper plates or other plate/tray to hold paint.

Consider giving each child their own materials:

- 1) dip cookie cutter into paint
- 2) place onto paper
- 3) press down then pick up from paper to reveal print

Blog: <https://stayathomeeducator.com/winter-cookie-cutter-art/>



Glue resist

Materials: white glue, squeeze bottles or paint brushes, paint, paper

- 1) The first step will be to make designs on the paper painting with the glue, let dry overnight
- 2) The next day provide paint for children to now paint onto/ over their glue paintings.

Blog: <https://www.funlittles.com/art-activities-kids-glue-resist-art/>

Similar idea wax resist and paint, video:

<https://youtu.be/01hFGaAvaok>

Process Art!

Process art is focused on the experience and on exploration of techniques, tools, and materials!

Read more about what process art is and how it benefits children here:

[How Process-Focused Art Experiences Support Preschoolers](#)

