



Warsidaha Rubuc-sannadeedka Gu'ga

Abril-Juun 2026



Kobaca waa uu dhacaya - Xitaa Hadda

Waxaa qortay Agaasimaha Waaxda Adeegyada Waxbarashada Hore ee BrightSpark, Janine Meyers

Jiilaalka dambe wuxuu noqon karaa mid dheer. Maalmuhu waa dambasle, tamartu hoos ayay u dhici kartaa, dadka waaweyn iyo carruurtuna waxay diyaar u noqon karaan isbeddelka xilliga. Haddana hoosteeda, koritaanku horey ayuu u socdaa. Xididida ayaa sii xoogeysanaya. Xirfado cusub ayaa soo baxaya. Si tartiib tartiib ah, carruurta — iyo barayaashu — waxay isu diyaarinayaan tallaabooyinkooda xiga ee waaweyn.

Barashada hore, horumarku had iyo jeer kuma yimaado xamaasad. Mararka qaarkood waxay u muuqataa sida ilmo isticmaalaya hal erey oo cusub, maaraynta dareen weyn oo leh guul yar, ama jadwal fasal oo si lama filaan ah u socda si ka wanaagsan sidii uu ahaa bil ka hor. Kuwani waxay si xasiloon u beddelaan arrinta. Waa calaamado muujinaya daryeelkaaga joogtada ah, fekerkaaga, iyo rabitaankaaga inaad isku daydo istiraatiijiyado cusub ayaa smaynaya isbeddelo.

Qaar badan oo idinka mid ah ayaa ka qayb qaadanaya adeegyada tababarka, ku lug lahaanshaha hawlaha Early Achievers, dejinta yoolalka, ama wadhadallo lala yeesho tababare ama bulsho waxbarasho xirfadeed inta lagu jiro xilligan. In kasta oo tallaabooyinkan ay mararka qaarkood noqon karaan "hal wax oo dheeri ah" saxan buuxa, waxaa loogu talagalay inay si sax ah u taageeraan koritaanka noocan ah ee joogtada ah — iyadoo ku dhisaya xooggaaga oo kaa caawinaya inaad abuurto jawiga aad u malaynayso carruurta iyo qoysaska aad u adeegto.

Haddii xilligan uu u muuqday mid aad u buuxa ama adag, fadlan ogow inaad shaqadan keligaa qabanayn. Tababarahaaga, asxaabtaada, iyo bulshada Early Achievers ayaa halkan u jooga sidii lammaane adiga kula jira.

Gu'gu wuu imaan doonaa. Tamar cusub ayaa imaan doonta. Iyo in badan oo ka mid ah abuurka aad hadda beerayso ayaa dhawaan si cajiib ah loo arki doonaa.

Waad ku mahadsan tahay shaqada aan caadiga ahayn ee aad qabato maalin kasta. Waxaad qaabeyneysaa ma ahan diyaargarowga dugsiga oo keliya, laakiin sidoo kale kalsoonida, adkeysiga, iyo rajada.
—Janine

@LisaBontje



Gudaha arrintan:

Fursadaha Horumarinta Xirfadeed.....	2
Waayo-aragnimada Waxbarashada Kooxeed.....	3
Bulshooyinka Waxbarashada Xirfadeed.....	4
Kanaalka YouTube-ka ee BrightSpark iyo Tidbits-ka Billaha ah.....	4
Adeegyada Dhammaystiran.....	5
Jadwalka THRIVE.....	6
Ilaha Bixiyaha	7

Fursadaha Horumarinta Xirfadeed ee 2026 ee Gu'ga

Rubuca gu'ga waxaa ka buuxa fursado horumarineed oo cajiib ah, oo ay ku jiraan:

MAWDUUCA TABABARKA	STARS	TAARIKHDA(AHA)	WAQTIGA	GOOBTA	LUUQADA	QIIMAHA
Daqiiqad kasta waa muhiim	2	5/5/2026	4:30-6:30 PM	Zoom	Af Ingiriis	\$20
Ciyaarta Dibadda ee Ammaan ah oo Dhiirigelin leh	2	5/27/2026	1-3 PM	Zoom	Af Ingiriis	\$20

Taxanaha Tababarka:

MAWDUUCA TABABARKA	STARS	TAARIKHDA(AHA)	WAQTIGA	GOOBTA	LUUQADA	QIIMAHA
Maskaxda koraysa - Garashada iyo shaqada fulinta	5	Arbaco, 4/1/2026 & 4/15/2026	5:30-8:00 PM	Zoom	Af Ingiriis	\$45 <i>*Waa inaad ka soo qaybgashaa dhammaan taxanaha si aad u hesho credit-ka STARS</i>
Maskaxda koraysa - Horumarinta shucuurta bulshada (2 qaybood)	5	Khamiista, 5/7/2026 & 5/21/2026	5:30-8:00 PM	Zoom	Af Ingiriis	\$45 <i>*Waa inaad ka soo qaybgashaa dhammaan taxanaha si aad u hesho credit-ka STARS</i>
Maskaxda oo koraysa - Fahmida Dhaqanka (2 qaybood)	5	Khamiista, 6/4/2026 & 6/18/2026	6:00-8:30 PM	Zoom	Af Ingiriis	\$45 <i>*Waa inaad ka soo qaybgashaa dhammaan taxanaha si aad u hesho credit-ka STARS</i>

Sharafeynta iyo Kor u Qaadista Ilmo Kasta: Bulshada la nool Qoysaska



Sabti May 2-deeda, 2026 - 9AM-4: 30 pm
Xarunta Bulshada ee Federal Way
Ikhtiyaarada fasalka ee soo socda.
6 STARS Hours.

Diwaangelintu waxay furmi doontaa Maarso 17keeda

Eeg liiskayaga buuxa ee fasallada oo iska diiwaangeli adoo adeegsanaya koodhka QR ee midigta!



Xusuusin - waa inaad leedahay akoon BrightSpark ah si aad isugu qorto fasallada!

Haddii aadan lahayn akoon, iska diiwaan geli adigoo isticmaalaya koodka QR ee dhanka midig.



! Cusbooneysiinta Canshuurta libka **!**

Iyadoo ay ugu wacan tahay isbeddel ku yimid xeerka canshuurta Gobolka WA, BrightSpark hadda waxaa laga rabaa inay canshuur iib ah ka qaado dhammaan tababarrada iyo buugaagta gacanta.

Khibradaha Waxbarashada Kooxda (GLE) ee Bixiyeyaasha CUSUB ee Diiwaangashan

Khibradaha Waxbarashada Kooxda waxay taageeraan horumarka shuruudahaaga jadwalka ee Early Achievers. GLE-yadan waxay ku siin doonaan macluumaad ku saabsan EA, taageerooyinka farsamada, iyo mowduucyada ku saabsan baahiyaha carruurta kuwaas oo hagi doona safarkaaga horumarinta tayada.

Waxaan bixinaynaa jadwal joogto ah iyo dhowr jeer usbuucii si aan rajeyneyno inuu la jaanqaado jadwalkaaga. Fiiri waxa soo socda rubucan oo la xiriir Tababarahaaga Waxbarashada Hore si aad isu diiwaangeliso!

Kaydi xiriirkan zoom-ka oo ku biir mid ka mid ah kalfadhiyada hoos ku taxan: <https://bit.ly/48M45Br>

Abril-Juun

Magaca	Taariikhda	Waqtiga
Jihaynta EA	Khamiis - Abriil 02, 2026	6:30 – 8:00 pm
Cusbooneysiinta Suuqgeynta/Bixiyaha	Khamiis - Abriil 09, 2026	6:30 – 8:00 pm
Kaydka xogta ee aad u baahan tahay inaad ogaato	Khamiis - Abriil 16, 2026	6:30 – 8:00 pm
Hordhac Adeegyada Tababarka	Khamiis - Abriil 23, 2026	6:30 – 8:00 pm
Jihaynta EA	Khamiis - Maajo 07, 2026	6:30 – 8:00 pm
Daryeelka Nafsiga/Ka Hortagga Daalka	Khamiis - Maajo 14, 2026	6:30 – 8:00 pm
Astaanta Barnaamijka/CECI	Khamiis - Maajo 21, 2026	6:30 – 8:00 pm
Dib u eegista WAC	Khamiis - Maajo 28, 2026	6:30 – 8:00 pm
Jihaynta EA	Khamiis – Juun 04, 2026	6:30 – 8:00 pm
Baahida Saldhigga Deeqda/Lambarka libiyaha Gobolka oo dhan	Khamiis – Juun 11, 2026	6:30 – 8:00 pm
Horumarinta Xirfadaha/Tababarka loo baahan yahay	Khamiis – Juun 18, 2026	6:30 – 8:00 pm
Wax walba oo ku saabsan Ka-qaybgalka Qoyska	Khamiis – Juun 25, 2026	6:30 – 8:00 pm

pm GAAR AH - JIHEYNTA EA

Ulsticmaal xiriirkan zoom-ka si aad u hesho kalfadhiyada hoos ku taxan : <https://bit.ly/4osVuYU>

Abril-Juun

Magaca	Taariikhda	Waqtiga
Jihaynta EA	Talaado – Abriil 21, 2026	1:00 – 2:30 pm
Jihaynta EA	Talaado – May 19, 2026	1:00 – 2: 30 pm
Jihaynta EA	Talaado – Juun 16, 2026	1:00 – 2: 30 pm

Bulshooyinka Waxbarashada Xirfadeed

BrightSpark waxay kugu martiqaadaysaa inaad kordhiso aqoontaada waxbarashada hore adigoo ku biiraya Bulshooyinka Waxbarashada Xirfadeed (PLC)! PLC-yadani waxay sidoo kale ku siin doonaan fursad aad kula xiriirto xirfadlayaasha kale ee waxbarashada hore. La kaasho, weydii su'aalo, oo hel agab! Taariikh ahaan bulshooyinkan shaqsi ahaan ayaa loo hagayay, laakiin sannadihii la soo dhaafay waxaa hoggaamin jiray qaab-dhismeed ahaan. Waxaan haynaa abaalmarino bakhtiyaa-nasiib ah dhammaadka PLC kasta - markaa hubi inaad ka soo qaybgasho!

Bulshooyinkan waxaa kaliya loogu talagalay kaqeybgalayaasha Hore ee Achievers!

Kuwaas oo ay ku jiraan bixiyeyaasha daryeelka carruurta ee qoyska, macallimiinta Xarunta Daryeelka Carruurta, xubnaha shaqaalaha, macallimiinta la shaqeeya, iyo kaaliyeyaasha waxbaridda.



Fadlan ogow in bulshooyinkan waxbarasho aysan bixin STARS hours

La soco emayllada PLC ee bil kasta. Waxay faahfaahin ka bixiyaan dhammaan dhacdooyinka PLC bil kasta, iyo taariikhahooda, waqtiyadooda, mowduucyadooda, iyo xiriiriyeyaasha Zoom.

Kanaalka YouTube-ka ee BrightSpark iyo Tidbits-ka Bisha

Ma aragtay kanaalkayaga YouTube-ka weli? Kanaalka YouTube-ka ee BrightSpark wuxuu soo bandhigayaa muuqaallo gaagaaban oo wax ku ool ah si ay uga caawiyaan bixiyeyaasha daryeelka carruurta inay kor u qaadaan tayada, xoojiyaan ka-qaybgalka qoyska, iyo inay taageeraan dhaqamada ugu wanaagsan ee waxbarashada hore.

Sidoo kale, waxaan haynaa warside bille ah oo warbixin ah halkaas oo tababarayaasheenu ay ku soo ururiyaan macluumaad ku saabsan mowduucyo kala duwan.

Mowduucyadan waxaa ka mid ah waxyaabo ay ka mid yihiin: hawlaha sayniska, hawlaha farshaxanka, sinnaanta iyo ka mid noqoshada, xirfadaha shucuurta bulshada, dhaqanka adag iyo waxyaabo kaloo badan!

Hoos ka eeg wararkii ugu dambeeyay!

Ramadaanka iyo Jiilaalka Waxqabad madadaalo leh oo lala sameeyo carruurta

<https://conta.cc/4bdm6Jd>

Bisha Taariikhda Madow & Maalinta Xijaabka Adduunka

<https://conta.cc/49JFs9a>



Adeegyada Dhammaystiran



Gu'ga Akhriska iyo Kobaca Wadajirka ah

Gu'gu waa xilli koritaan waana waqtiga ugu habboon ee lagu kobcin karo maskaxda iyo quluubta dhalinyarada sidoo kale. Akhriska wadajirka ah waa mid ka mid ah siyaabaha ugu fudud uguna awoodda badan ee lagu taageeri karo horumarka ilmahaaga laga bilaabo bilowga xitaa marka uu yar yahay.

Carruurta yaryar iyo kuwa socod baradka ah, kaliya kuma saabsana ereyada bogga ku qoran. Maqalka codkaaga, fiirinta sawirada, rogista boggaga, iyo xidhitaanka isku xidhka dhammaantood waxay gacan ka geystaan dhisidda xiriir hore oo maskaxda ah oo taageera luqadda, waxbarashada, iyo amniga shucuurta. Daqiiqadahan la wadaago waxay xoojiyaan isku xidhnaanta waxayna ka caawiyaan carruurta yaryar inay dareemaan ammaan, la jecel yahay, iyo inay diyaar u yihiin inay sahaniyaan adduunka ku xeeran.

Marka carruurta koraan, akhrisku wuxuu sii wadaa inuu dhiso xirfado luqadeed oo xoog leh. Sheekooyinku waxay soo bandhigaan ereyo cusub, waxay taageeraan dhegeysiga iyo fahamka, waxayna aasaaska u dhigaan guusha akhriska iyo qorista dambe. Buugaagtu waxay sidoo kale ka caawiyaan carruurta inay fahmaan dareenkooda iyo waaya-aragnimadooda. Iyada oo loo marayo jilayaasha iyo sheekooyinka, waxay bartaan naxariis, xallinta dhibaatooyinka, iyo siyaabaha lagu fahmo shucuurta waaweyn.

Akhrinta wadajirka ah waxay sidoo kale taageertaa caafimaadka maskaxda ee carruurnimada hore. Hab-dhaqan raaxo leh oo la saadaalin karo sida waqtiga sheekada ayaa abuura dareen raaxo iyo isku xirnaan, ka caawinta carruurta inay nidaamiyaan shucuurta, dhisaan adkeysiga, iyo inay horumariyaan xiriir kalsooni leh. Dareenka ah in lala xiriir dadka waaweyn ee danaynaya waa mid ka mid ah arrimaha ugu xooggan ee ilaalinta ee horumarinta caafimaadka leh ee bulsho-shucuureed.

Akhrisku wuxuu kiciyaa xiisaha iyo male-awaalka, isagoo ku dhiirrigelinaya carruurta inay sahaniyaan fikrado cusub oo ay ogaadaan adduunka ku xeeran. Sida ubaxyada guga u ubaxa, kalsoonidooda, hal-abuurkooda, iyo jacaylka waxbarashadooda ayaa bilaaba inay ubaxaan.

Akhrisku wuxuu kiciyaa xiisaha iyo male-awaalka, isagoo ku dhiirrigelinaya carruurta inay sahaniyaan fikrado cusub oo ay ogaadaan adduunka ku xeeran. Sida ubaxyada guga u ubaxa, kalsoonidooda, hal-abuurkooda, iyo jacaylka waxbarashadooda ayaa bilaaba inay ubaxaan.

Xilligan, hel meel qorrax leh, la wadaag sheeko, oo ku raaxayso inaad isla kortaan hal bog markiiba.

Isku day tan Guriga markaad joogto

- ◆ **Carruurta:** Isku soo dhawoow oo akhri buugaagta looxa oo leh sawirro dhalaalaya. Ka hadal waxaad aragto oo u ogolow ilmahaaga inuu taabto oo uu bogag kale rogo.
- ◆ **Saanqaadayaasha:** Magacaw walxaha, samee dhawaaqyada xayawaanka, oo weydii su'aalo fudud sida "Eygee xagee buu joogaa?" ama "Maxaad u malaynaysaa inay dhacayaan marka xigta?"
- ✿ **Dugsiyada barbaarinta:** Ka hadal dareenka jilayaasha iyo doorashooyinka si aad u dhisto xirfadaha dareenka iyo xallinta dhibaatooyinka.
- **Si joogto ah u samee:** Ku dar sheeko gaaban wakhtiga jifka ama waqtiga aamusnaanta si aad u hesho raaxo iyo xiriir.
- **Dibadda u qaad:** Ku raaxayso akhrinta adigoo buste sitta beerta ama barxadda si aad buugaagta ugu soo qaadato hawada cusub ee gu'ga.
- ✿ **Booqo maktabaddaada:** U ogolow ilmahaaga inuu doorto buugaag ku habboon danihiisa - doorashadu waxay dhistaa xiiso iyo kalsooni.

Jadwalka THRIVE

Hel taageero shaqsiyeed adigoo ku biiraya Khibrad Waxbarasho Kooxeed (GLE), la kulmaya tababare ama ka qaybgal Saacadaha Xafiiska oo diiradda saaraya mowduucyada muhiimka ah—kaliya isticmaal URL-yada Zoom si aad ugu biirto mid ka mid ah dalabyada hoose.

Abril-Juun

Kooxda Thrive	Mawduuca	Taariikhda	Waqtiga	Link-ga Zoom-ka
Taageerada Tababarka Ganacsiga	Saacadaha Xafiiska	Talaado, Abriil 6	6:00 – 7:30 pm	https://bit.ly/bc-office-hours
Tababarka Degdega ah	GLE	Talaadada, Abriil 14	1:30 – 2:30 pm	https://bit.ly/emergent-gle
*SEL & EPP	Ku xidhnow Tababare	Arbaco, Abriil 22	6:30 – 7:30 pm	https://bit.ly/4udFjmt
Jawaab Degdeg ah	GLE	Arbaco, Abriil 15	6:30 – 8:00 pm	https://bit.ly/rrc-gle
Taageerada Habdhaqanka	GLE	Khamiis, Abriil 16	1:30 – 2:30 pm	https://bit.ly/bsc-gle
Taageerada Tababarka Ganacsiga	GLE	Talaadada, Abriil 28	6:00 – 7:30 pm	https://bit.ly/bus-support-gle
Barashada Bulshada iyo Shucuurta	GLE	Arbaco, Abriil 29	1:00 – 2:30 pm	https://bit.ly/40XXkrq
Taageerada Tababarka Ganacsiga	Saacadaha Xafiiska	Talaadada, May 5	6:00 – 7:30 pm	https://bit.ly/bc-office-hours
Tababarka Degdega ah	Ku xidhnow Tababare	Talaadada, May 12	1:30 – 2:30 pm	https://bit.ly/emergent-gle
Jawaab Degdeg ah	GLE	Arbaco, Maajo 13	6:30 – 8:00 pm	https://bit.ly/rrc-gle
*SEL & EPP	Ku xidhnow Tababare	Arbaco, Maajo 20	6:30 – 7:30 pm	https://bit.ly/4sjvimF
Taageerada Habdhaqanka	Ku xidhnow Tababare	Khamiis, May 21	1:30 – 2:30 pm	https://bit.ly/bsc-gle
Taageerada Tababarka Ganacsiga	GLE	Khamiis, Maajo 23	6:00 – 7:30 pm	https://bit.ly/bus-support-gle
Ka Hortagga Eryida Iskaashiga	GLE	Arbaco, Maajo 29	1:00 – 2:30 pm	https://bit.ly/3Ng6M6l
Taageerada Tababarka Ganacsiga	Saacadaha Xafiiska	Talaada, Juun 2	6:00 – 7:30 pm	https://bit.ly/bc-office-hours
Tababarka Degdega ah	GLE	Talaada, Juun 9	1:30 – 2:30 pm	https://bit.ly/emergent-gle
Jawaab Degdeg ah	GLE	Arbaco, Juun 10	6:30 – 8:00 pm	https://bit.ly/rrc-gle
*SEL & EPP	Ku xidhnow Tababare	Arbaco, Juun 17	6:30 – 7:30 pm	https://bit.ly/4szLsb6
Taageerada Habdhaqanka	GLE	Khamiis, Juun 18	1:30 – 2:30 pm	https://bit.ly/bsc-gle
Taageerada Tababarka Ganacsiga	GLE	Talaadada, Juun 23	6:00 – 7:30 pm	https://bit.ly/bus-support-gle
Barashada Bulshada iyo Shucuurta	GLE	Arbaco, Juun 24	1:00 – 2:30 pm	https://bit.ly/40lJiQh

*SEL - Barashada Dareenka Bulshada & EPP - Iskaashiga Ka Hortagga Cayrinta

Ilaha Bixiyaha



Ma raadineysaa Tababarro Loo Baahan Yahay oo shati haysta?

La-hawlgalayaashayada gobolka ee Golaha Waxqabadka Daryeelka Carruurta waxay bixiyaan Kobcinta Tayada Waxbarashada Hore (EQEL) iyo Helitaanka Bixiyaha ee Tababarro U dhigma Bulshada (PACE) sanadka oo dhan. Fasallada waxaa lagu heli karaa Ingiriisi iyo Isbaanish.



- Booqo boggooda: <https://ccacwa.org/wa-state-required-trainings/>
- Si aad wax badan uga barato tababarka shatiga loo baahan yahay si loo buuxiyo shuruudaha WAC, booqo mareegaha DCYF: <https://www.dcyf.wa.gov/services/early-learning-providers/qualifications/child-care-providers/training>

To view this newsletter online in English, Spanish or Somali, use the link below or scan the QR code.

Para ver este boletín en línea en inglés, español o somalí, use el siguiente enlace o escanee el código QR.

Si aad u aragto waraaqdaan warar oo ku baxaysa ama Soomaali, adeegso lifaaqa hoose ama iskaanka mari koodhka QR.



bit.ly/4srWM9c

La soco Warsideheenna Xagaaga!

Gu'gu wuxuu ku darayaa nolol cusub iyo qurux cusub wax kasta oo jira."

- Jessica Harrelson