

PHILIPPIANS
Joy Overflowing
AN AFFECTIONATE LETTER FROM PRISON

BIBLE STUDY

DATES: APRIL 19 - JUNE 14

A study through Philippians.

April 19	Phil 1:1-11	Partnership in the Gospel
April 26	Phil 1:12-26	Joy under Arrest
May 3	Phil 1:27-2:4	Unity in Church
May 10	Phil 2:5-11	Thinking like Jesus
May 17	Phil 2:12-30	Work out what God works in
May 24	Phil 3:1-11	Profit and Loss
May 31	Phil 3:12-4:1	Pressing on and living up
June 6	Phil 4:2-9	Peace and Beauty
June 14	Phil 4:10-23	Gratitude and Contentment

1. Open in a prayer of thanks (5min)

Jesus, thank you for...

2. Follow up previous week (5min)

How did your "practice" (see #5) from last week? Who did you share with? How did that go?

3. Read and observe together (10min)

One person reads aloud while everyone follows along. Someone else summarizes what the passage was about. Is there anything they missed? Anything else you noticed?

4. Listen, journal, share (15min)

God, what are you saying about yourself? What are you saying about humans? How do you want me to respond? Who do you want me to share this with? Listen to God and journal your answers. Then share with each other.

5. My Practice (5min)

Share one way you will actively respond to what God is saying to you and one person you will share this with. Write down each other's commitments so you can support and encourage each other to put this into practice!



MOUNTAIN VIEW
CHURCH

What is a Discovery Bible Study?

A Discovery Bible Study (DBS) is a discipleship study which enables people to read the Bible and discover what it has to say to them. Simple, memorable questions allow participants to understand the character of God, encourage them to respond to what they are learning and help them to share it with others.

What is the study structure?

Discovery Bible Studies normally start with a review of the previous session's actions (unless it is the first study). After this, we read the scripture passage for the current study, usually several times and then ask people to retell the story in their own words. Once people are clear with what the passage says, we ask the following questions:

What does this tell me about God?

What does this tell me about humans?

How should I respond to this?

Who will I share this with?

How does it work?

The structure is easy to teach, easy to remember and easy to replicate. That means that anyone can do a DBS with anybody, anywhere. The Discovery Bible Study questions are simple yet powerful and people often come up with profound discoveries as God speaks from the Bible. The last two questions teach people to respond to God's word, and to share it with others. Disciples who obey God's word and share it are more likely to make disciples of others.



**MOUNTAIN VIEW
CHURCH**

How do you start this study?

Simply start in your home with another person or with your family. You can also invite people you know to start the study with you on Zoom, Skype, Facetime or whatever video conference tool you have access to. The 40 minute bible study allows you to utilize Zoom for free, if you so choose.

What is the age limit?

Studying scripture with this simple Discovery Bible Study method allows people of all ages to experience the joy of hearing from God themselves and the opportunity to respond in a real and personal way.

Other Family Resources?

Ages 3-10 years:

- [Philippians Ch. 1-2](#)
- [Philippians Ch. 3-4](#)

Ages 10+ years:

- [Philippians - Bible Project](#)

Ways to make family study more fun:

- Watch an animated version (above)
- Act it out as a family
- Make it a charades game
- Draw the passage
- Use household items to represent story
- Read from kids story or action bible
- Sing or rhyme key verses
- Create a video version of the passage

Additional Questions?

Contact Traci Rodarmel traci@mvc.life