



2140 Rochester Avenue, Iowa City, Iowa 52245  
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#### **EDUCATION CENTER**

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#### **REGINA FOUNDATION**

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Executive Director  
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Shelley Rublaitus,  
Development Coordinator

Along with the support of our  
parishes and pastors

#### **ST. MARY OF THE VISITATION**

Fr. Steve Witt

#### **ST. PATRICK**

Fr. Joseph Sia

#### **ST. THOMAS MORE**

Fr. Charles Adam

#### **ST. WENCESLAUS**

Fr. Gary Beckman

Dear Regina Families:

This letter is to inform you that your child shares class with someone who has tested positive for COVID-19. The last date of known exposure to the classroom was (Insert Date). Regina is in the process of conducting contact tracing and will notify families with a separate letter if their child is considered a close contact. If your child is not considered a close contact, this will be the only communication you receive. Regina **very strongly** encourages your child to wear a mask to prevent the further spread of COVID-19 at Regina, especially since your child was in the same room with an infected student. In addition, if your child is unvaccinated and was not wearing a mask on the last date of known exposure, you could consider getting your child tested for COVID-19 five days after the exposure to determine if they became infected.

Should your student become symptomatic, please keep your child home from school and contact your health care provider to develop a health plan. Be sure to let the provider know that your child has had direct exposure through the classroom. We are following all protocols with the assistance of our public health partners at the Johnson County Health Department. You will be updated should any additional pertinent information surface.

Per the Center for Disease Control & Prevention (CDC), symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

Please call your medical provider for any other symptoms that are severe or concerning to you.

Sincerely,

Joy M Kelly, Ed.S.  
Head of School