

## FREE Family Caregiver Training-Responding to Behavioral Symptoms of Dementia

This FREE 2-hour class provides family caregivers with an understanding of the challenging behaviors often associated with Alzheimer's disease and other dementias. The class will also discuss communication strategies to help in the daily care for someone with dementia.

Class day and time TBD- if you are interested in this course, or similar educational opportunities, please call (310) 478-0226 ext. 111 or email OPICAcares@opica.org.



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