



OPTIMISTIC PEOPLE IN A CARING ATMOSPHERE

Understanding Alzheimer's Disease Behaviors Seminar

FREE Zoom Seminar

This FREE 2-hour class provides family caregivers with an understanding of the challenging behaviors often associated with Alzheimer's disease and other dementias.

The class will also discuss communication strategies to help in the daily care for someone with dementia.



Instructor: Monica Moore, MSG

The seminar is sponsored by the Beverly Hills Community Assistance Grant Funding and is hosted by OPICA Adult Day Care and Counseling Center.

OPICA - Center of Excellence
Support for Adults Living with
Memory Loss and their Families

**Friday, June 20th, 2025
2:00 pm - 4:00 pm**

**Class is offered virtually
via Zoom**

**You must register for this class by
Tuesday, June 17, 2025
to receive
access information.**

**Email Monica at
Monica@opica.org**

RSVP for the workshops at: Monica@opica.org

To find out more about OPICA go to the website at www.opica.org or call 310.478.0226