



Karate Club Sessions 1

Sept-Oct 2026

Learn some Self-defense, exercise and have fun in a safe and encouraging environment.

Teacher: Mr.Oscar has been teaching martial arts for over 24 years and has studied martial arts since he was 13. He is a second degree black belt in Kempo Karate.

What: Students will learn the Basics in Kempo Karate.

The class is designed to teach students in a fun and engaging way. They will learn not only martial arts skills but also Discipline, Focus, and Dedication.

When: Tuesdays and Thursdays

Who: Anyone is welcome to join.

Where: In the Gym.

Class time: End of school to 4:15 pm. pick up at the south door (the drop off loop)

What to wear: Your child can bring comfortable workout clothes for the class and they can change into

Price: 16 Sessions over 2 months \$360

Or sign up for days that work for your schedule for \$25/each.

Is this is your first karate session return this slip to Mr.Oscar or your homeroom teacher

Student Name: _____ Grade: _____

Parent Name: _____ phone: _____

Parent Email: _____

Please make payments in the form of cash, check or Venmo @ogomez280. All checks should be made payable to "Oscar Gomez." Payment will be due by the first session. You can email or send the form back to school and give to the Home room teacher. any questions please email me at Oscar.Gomez@eastoncountryday.org or Text @ (203)394-3491

Dates:

SESSION 1

	Tuesday	Thursday
Sept	8th	10th
	15th	17th
	22nd	24th
	29th	
Oct		1st
	6th	8th
	13th	15th
	20th	22nd
	27th	29th

