

THRIVING WITH PRIDE: An Inclusive Online Cafe



Join AgeOptions and the Center for Disability & Elder Law for a conversation about how you can plan ahead to protect yourself, your assets, and your loved ones. We'll hear from attorney Elisabeth Hieber on the vital documents that can help ensure you thrive as you age. Plus, find out how to receive FREE legal help from CDEL.



Center for Disability
& Elder Law

**LIVE On Zoom
Tuesday,
September 22
11am - Noon**

(The informational segment of the program will be recorded & archived on our website.)

**Join on Zoom: <https://zoom.us/j/96661294106>
Or by phone: (312) 626 6799 (enter meeting ID 966 6129 4106 at prompt)
No registration required for this free event.**

Thrive with Pride Cafes provide safe and affirming spaces for all older adults. Join a Thrive with Pride Cafe in your area for a follow-up discussion where you can share and receive support, learn more about local services and resources, and discuss topics that matter.

**Visit the Thrive with Pride Cafe website to view plenaries, find a Cafe near you, and see resources for LGBT+ inclusive aging in Chicagoland
AgeOptions.org/gallery/ThriveWithPride/
or email kate.spelman@ageoptions.org**



AgeOptions is the Area Agency on Aging of suburban Cook County. We are now proud recipients of the SAGECare platinum credential, signifying our commitment to LGBT+ inclusivity.

