

September 4, 2019

Dear Student & Parent(s)/Guardian(s),

To better align with our home school districts, Delaware Area Career Center, in partnership with Helpline, is excited to be offering QPR Training on September 23-27th. This program will take place for all students during their scheduled lab times for 60 minutes for only one day. **QPR** (Question, Persuade, and Refer) Gatekeeper **Training** for Suicide Prevention is an educational program designed to teach "gatekeepers" the warning signs of a suicide crisis and how to respond. The **training** is delivered in person by certified **QPR** Gatekeeper Instructors. This programming addresses depression and suicide risk, while also educating on how to recognize and where to go for help. Students will be given a brief depression screening on the day of the program. This screening assists in the referral process to connect at-risk students to the help they need.

Just as CPR prepares you for stepping in to assist with a cardiac emergency, QPR will give you the skills and knowledge to help others or yourself if struggling with suicidal thoughts. The program is evidence based with over 20 years of practice and research. If you do not wish to have your son or daughter participate, please fill out the pertinent information below and return to David Gilliam, Student Services Supervisor. Delaware Area Career Center will accommodate a supervised area for those students opting out of the program.

Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Lab: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sincerely,



David Gilliam

Student Services Supervisor

Delaware Area Career Center

*The Delaware Area Career Center, in partnership with community, is an innovative model for developing lifelong learners, quality leaders, and critical thinkers for the dynamic and global environment.*