

MEDICAL PLANNING/CARE

For Children with Disabilities: A Guide for Parents



What does your child need?

Every child is unique, and so is their care. Medical planning means making sure your child:

- Gets the right health care
- Has support for daily needs
- Has a team that listens to you

You are the expert on your child. You and your child deserve clear answers, respectful care, and the right support.



Get Support from the Health Care Program (HCP)

- Free help from nurses who understand medical and disability systems
- They help you build a care plan, find doctors, and make appointments

- They can join you in school or medical meetings
- You don't need a certain income or diagnosis

Ask your local public health department to learn more about the HCP.

Medical Costs: Need Help?

If you need assistance with medical costs, there are programs that may be able to help:

Health First Colorado: Child Health Plan Plus (CHP+)

Child Health Plan Plus (CHP+) is public low-cost health insurance for certain children and pregnant people.

It is for people who earn too much to qualify for Health First Colorado (Colorado's Medicaid program), but not enough to pay for private health insurance.

You can apply online.

Family Support Services Program (FSSP)

If you are eligible, this program will pay for things like:

- Medical costs not covered by insurance
- Special equipment
- Respite (breaks for caregivers)

You can apply through your local Case Management agency.

MEDICAL PLANNING/CARE

For Children with Disabilities: A Guide for Parents



Regional Accountable Entities (RAE)

A RAE is an organization that helps manage Medicaid services for people (including children) in different parts of Colorado.

They make sure you get the health care and support you need, like doctor visits, mental health care, dental care, and help with things like transportation or housing.

Your RAE is based on where your main doctor is located.

You can change your doctor anytime, and that might change your RAE too.

RAEs work with many providers to coordinate your care and keep you healthy.

Colorado Community Health Alliance (CCHA) serves Jefferson, Clear Creek, & Gilpin Counties.

Tips for Parents

- Ask any questions that will help your understanding
- Take notes during appointments
- Keep a binder of paperwork to feel organized and for future reference
- Reach out for support!

How The Arc Can Help

Teach and Guide: We help families engage in discussions about medical planning and explore options.

Plan With You: We support creating plans that focus on your medical needs and goals.

Support Across the Lifespan: As children grow and evolve, so do their medical needs. We are here to support with these discussions and decisions throughout a person's lifetime.

Partner with Others: We can support you to get connected to other organizations and providers that can help.



Connect with us!



The Arc – Jefferson, Clear Creek & Gilpin Counties

3949 W Colfax Ave, Suite 102, Lakewood, CO 80401

303-232-1338 303-232-9370

www.arcjc.org