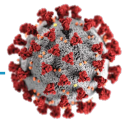


Clean and Disinfect

for COVID-19

RESPONSE
Coronavirus (COVID-19)



CONTRA COSTA
HEALTH SERVICES

How do I clean and disinfect?



Put on disposable gloves.

Throw them away when you're done.



First, clean to remove dirt.

Use soap and water to remove dirt and some germs.



Next, disinfect to kill germs.

Disinfectants need different times to work. Follow the directions on the label.



Throw away gloves and wash your hands.

Scrub hands for 20 seconds with soap and warm water.

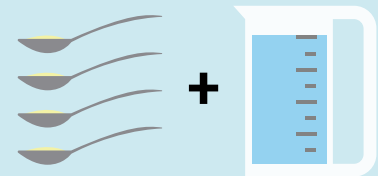
What should I use?



Products with EPA-approved emerging viral pathogen claims.



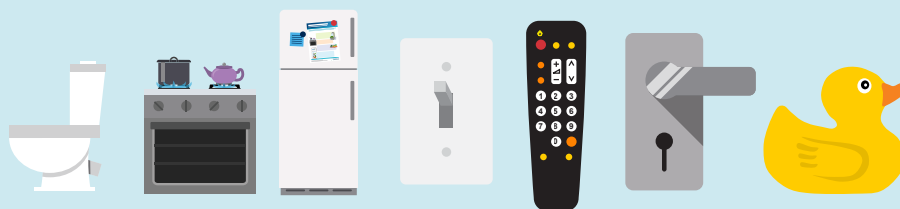
Products with at least 70% alcohol solutions.



Mix 4 teaspoons bleach with 1 quart of water.

How often should I clean and disinfect?

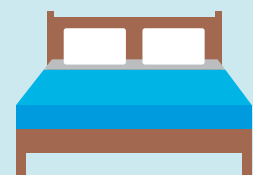
1-3 times a day



Bathrooms, kitchens and surfaces people touch often.

Like light switches, remotes, door handles, phones and toys.
Put away toys that are hard to clean.

Weekly



Sleeping areas. Clean and disinfect more often when dirty or between people.

Keep your family healthy. Learn more at coronavirus.cchealth.org