

Did you know that May is Mental Health Month?

Mental health is one of your greatest assets. It helps you focus at work, overcome obstacles, get along with the people around you—and get well and stay well. Like physical health conditions, mental health illnesses benefit from screenings and qualified support.

Ko-Kwel Wellness Center in Coos Bay Offers:

Behavioral Health
Counseling
Psychiatry

For information on other resources including
crisis services, please visit:
kokwelwellness.org/mental-health-resources/

Make an appointment with your Provider to talk about
mental health concerns. Call the Ko-Kwel Wellness
Center in Coos Bay at 541-888-9494, option 1.

