

D E C E M B E R



# Fight the flu!

The Ko-Kwel Wellness Center-Coos Bay is offering flu shots for the upcoming flu season. Protect yourself and your family with the flu shot as soon as possible.

While flu vaccination is the most important way to prevent flu, antiviral drugs are the most important way to treat flu. If you have been exposed to the flu and have symptoms, ask your Provider if anti-viral flu drugs can help.

**Call the Ko-Kwel Wellness Centers for an appointment:**

Coos Bay  
(541) 888-9494, opt.1

Eugene  
(541) 916-7025

**NATIONAL FLU VACCINATION MONTH**

