



NAVIGATING TOGETHER: PARENT 2 PARENT

Empowering Parents of Children With Autism
An 8-week Therapeutic Support Group
For parents and caregivers of children under age 12

Being a parent of a child with autism can feel overwhelming - but you don't have to face it alone. This supportive group provides a safe, welcoming space to:

- ✓ Navigate the emotional and practical challenges of diagnosis
- ✓ Connect with others who truly understand your journey
- ✓ Celebrate victories and share support
- ✓ Gain tools, knowledge, and confidence to support your child's growth

**Begins
May 28th**

We don't just cope, We Conquer.

**ENROLL
NOW**

Call: (860) 270-0600

Email: medrehab@escrec.org

Location: Easterseals Capital Region & Eastern
CT 100 Deerfield Road, Windsor, CT

Cost: Most insurances accepted