

P.E.R.C. Presents...

Love, Lead and Launch



Screen Time & Your Student “What the Research Says & What You Can Do About It!”

Thursday, March 11th, at 9:30 am and 7 pm

Link will be posted at perc dublin.org

- **Screen time and brain development** - learn how technology can impact students' development.
- **Social media and teenagers** - learn why your teenager has trouble controlling their technology use and what you can do to help.
- **Quantity and quality of screen time for of all ages** - is too much screen time a bad thing?
- **Family technology routines** - learn how to build family routines around technology use and screen time.

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