

P.E.R.C. Presents...

Love, Lead and Launch



Screen Time & Your Student “What the Research Says & What You Can Do About It!”

Thursday, March 11th, at 9:30 am and 7 pm
Link will be posted at percdublin.org

- **Screen time and brain development** - learn how technology can impact students' development.
- **Social media and teenagers** - learn why your teenager has trouble controlling their technology use and what you can do to help.
- **Quantity and quality of screen time for of all ages** - is too much screen time a bad thing?
- **Family technology routines** - learn how to build family routines around technology use and screen time.

Mark Mousa, Coordinator of the Young Professional's Academy,
Dublin City Schools

Christine H. Koterba, PhD, Pediatric Neuropsychologist at Nationwide Children's Hospital and Clinical Asst. Professor of Pediatrics at Ohio State University