the MANTLE

St. Brigid High School Youth Ministry

BACK TO SCHOOL GAME PLAN GUIDE

ANOTHER YEAR...

And just like that the summer is over! We pray that you had a summer full of fun, rest, community, & time with the Lord! BUT, we can't wait to see all that the Lord has in store for you this upcoming school year!

SO WHAT'S NEXT?

Even though you may not be looking forward to starting up school, we can trust and know that the Lord has SO much in store for you. He desires to reveal His Heart to you, to dream and make promises of what He is going to do, speak new life and hope over your year, and so much more! We can trust that He is with us in every season.

WHY?

You were made for a time such as this.
Esther 4:14
The Lord is constantly speaking to us and willing our good, and we just sometimes have to make the space and time to receive all that He has and get behind what He is doing. He can and will do so much in and through you this school year.

HOW?

We have to give Him space to work and move in our hearts and make a game plan with Him for the year! It is easier to make a game plan for something before you go into it, right?

SOME TRUTH

- **No matter where you are at with how you feel about the school year, here is some truth:**
  - **"I can do all things through Christ who strengthens me" - Philippians 4:13**
  - **"Trust in the Lord with all your heart, on your own intelligence do not rely; In all your ways be mindful of Him, and He will make straight your paths" - Proverbs 3:5-6**
  - **"For I know well the plans I have in mind for you, says the Lord, plans for your welfare and not for woe, so as to give you a future of hope" - Jeremiah 29:11**

PRAYER TIME

"ASK, AND IT WILL BE GIVEN TO YOU; SEEK, AND YOU WILL FIND,, – MATTHEW 7:7

- **Prioritize daily prayer with the Lord!**
  - **Let His voice be the most consistent voice you hear above all else!**
- **Take 15-20 minutes to pray and be with the Lord every day**
  - **Set a specific time, place, and how you will pray, He can't wait to be with you!**
- **Find people that will hold you accountable to prayer!**

- **Some ways to pray (but up to you and the Lord!):**
  - **Lectio Divina**
  - **Daily Gospel is a great place to start!**
  - **Novenas**
  - **Rosary**
  - **Ignatian Meditation**
  - **Worship Music**

PRAYER TIME

"ASK, AND IT WILL BE GIVEN TO YOU; SEEK, AND YOU WILL FIND,, – MATTHEW 7:7

- **Prayer Plan for School Year**
  - **Why, How, When, Where, For How Long?**

WORD FOR YEAR

"YOUR WORD IS EVERLASTING...,, PSALM 119:89

- **Ask the Lord for a specific word that He wants to promise to you for the school year**
- **He is a Promise Keeper and He wants to show you how He is faithful and works all things for your good!**
  - **From this place, ask what He wants to speak, how He will do this, and how you can enter into this**

- **EXAMPLE**
  - **I ask the Lord what He wants to speak this year and I hear Him speak the word: "NEWNESS"**
  - **I ask Him:**
    - **"Lord, what do you want to speak in this word?"**
    - **"Lord, how do you desire for me to enter into this word this year?"**
    - **"Lord, how will you show up in this this year?"**

WORD FOR YEAR

"YOUR WORD IS EVERLASTING...,, PSALM 119:89

- **Word for Year:**
  - **What is your word?**
  - **What is the Lord speaking in and through it?**

SAINTS

- **We believe that the saints who have gone before us have powerful intercession and desire to pray for us.**
- **Ask the Lord for a specific saint to intercede for you, get to know their life and grow in friendship with them!**

- **Some good saints to start to look to for prayers and friendship:**
  - **St. Carlo Acutis**
  - **St. Pier Giorgio Frassati**
  - **St. Joseph Cupertino**
  - **St. John Bosco**
  - **St. Therese of Lisieux**
  - **St. Teresa of Avila**
  - **St. Elizabeth Ann Seton**

SAINTS

- **What do you want to focus on this year?**
- **Who are saints that you want to ask for their prayers and become like?**

PRAYERS

- **Our Church has a rich and deep tradition of prayers that we can cling to and pray with in different seasons!**
- **We can look to these prayers and pray them in different ways and seasons.**

- **Some short prayers to have in your back pocket:**
  - **Surrender Novena**
  - **Jesus, I Trust in You!**
  - **Haily Mary**
  - **Litany of Trust**

PRAYERS

- **What are some prayers that you want to be able to rely on this year?**

SCHEDULE

THE LORD SAID TO HER IN REPLY, "MARTHA, MARTHA, YOU ARE ANXIOUS AND WORRIED ABOUT MANY THINGS. THERE IS NEED OF ONLY ONE THING. MARY HAS CHOSEN THE BETTER PART AND IT WILL NOT BE TAKEN FROM HER.,, – LUKE 10:41-42

- **School gets busy with so much, but it is so important to prioritize what is most important to you!**
- **Sit down with your calendar for the year and see what it is that you really feel like the Lord is calling you to give time to and how to enter into that well**

- **EXAMPLE**
  - **I know that I play football in the fall, but know that youth group and hanging with my friends is important to me**
    - **"Lord, how do you want me to enter in well here and how are you calling me to do so?"**
  - **I know that my schedule in the winter is a lot lighter, and I want to use my extra time well**
    - **"Lord, what are you calling me to do with my free time? How can I best prepare for the next season you have for me?**
  - **I have lots of tests and want to have free time**
    - **"Lord, I trust that You are provider, how do You want to provide for me here?"**

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- **Sit down with your schedule and start to map out what is your priority, how to have God be in it, and what you want for your year!**