

Activity Page # 1

The Color Green & Saint Patrick's Day

(activities need adult supervision)

Language and Literacy: Print out and complete the rainbow rhymes page. Can you find all the things that rhyme? Color each object when you are done.

Mathematical Concepts: How many green objects are in your house? Find and count as many green objects that you can!

Gross Motor: Do a leprechaun dance! Click the link below:

<https://youtu.be/KZhtsF0vczw>

Fine Motor: Print out and complete the rainbow letter pages. Trace over each letter with the colors of the rainbow. Name each letter as you color it, and say the sound it makes.

Science: Pour light corn syrup into a zipper-top plastic bag. Add drops of blue and yellow food coloring, seal the bag, and tip it back and forth to see the colors blend and turn **green**. Squeeze drops of blue and yellow food coloring onto white paper towels or coffee filters. Watch **green** appear as the colors blend.

Religion: Print and cut out the heart shapes and stem. Color, assemble and glue them to a paper to make a Holy Trinity shamrock. Tell them St Patrick used the shamrock to teach people about God. Pray the **Glory Be**.

Social Emotional: Call or Facetime someone and wish them a Happy Saint Patrick's Day!

Activity Page # 2

The Life Cycle of a Chicken

(activities need adult supervision)

Language and Literacy: Make a name puzzle to use over and over again! Reuse water bottle caps and a permanent marker.



Mathematical Concepts: Use a writing utensil of your choice and trace each of the numbers inside the eggs. Color the eggs when you are finished.

Gross Motor: Watch and dance along to the chicken dance:

<https://www.youtube.com/watch?v=Hb9FwlubyIQ>

Fine Motor: Print and cut out the egg. Assemble to make a chick peeking out of the egg.



Science: Cut and paste in order the steps of a chick hatching. Be on the lookout for a link to view the eggs hatching from preschool soon! Watch and listen to learn more about chickens. Click the link below: <https://youtu.be/6wZUAd0c-jl>

Religion: Pray this prayer for the Feast of St. Joseph (March 19) Saint Joseph, you are the faithful protector of all who love and honor you. You protected Jesus when he was most helpless, as a baby. I look to you as an example for holiness, for you are especially close with God. I trust you with all who are dear to me and ask of you, by your love for Jesus and Mary, to guide me during my life. Glorious Saint Joseph, spouse of the Immaculate Virgin, pray for me to be kind and caring like you and to follow your example by saying yes to God. Be my guide, my father, and my model through life. Amen (adapted from Pray More Novenas.com)

Social Emotional: Watch and listen to the story "Interrupting Chicken." Talk about manners and interrupting.

<https://youtu.be/ZL7w5ZvGfYU>

Activity Page # 3

Staying Healthy

(activities need adult supervision)

Language and Literacy: Have your child look for foods in your home that begin with the same letter of their first name. They can record these items and make their own “grocery list”. Have them pick out the healthiest food on their list. Talk about what makes a food “healthy”.

Mathematical Concepts: Here is a link to an “I Spy” sheet. Find all the pieces of fruit!

<https://ourfamilycode.com/wp-content/uploads/2019/07/Free-Summer-Fruit-Kid-Printables-Fruit-I-Spy.pdf>

Gross Motor: Play Simon Says with your child. Include large motor activities like, spin around, hop on one foot, jump up and down, etc.

Fine Motor: Fill the kitchen sink or a large pan with warm, sudsy water and wash your toys. Lay them all out on some large towels to dry. Bye-Bye Germs.

Science: Flour offers a way to teach kids about germs. Spread $\frac{1}{4}$ of a cup of flour on a plate and ask your students/children to place their hands firmly overtop of the flour while telling them to imagine the flour is actually germs. Next, provide them with a couple of easy-to-wash plastic or wooden toys (Legos, building blocks,, etc.) for a few minutes, and then ask them to stop what they are doing and examine how much of the flour has transferred from their hands to the toys they are playing with. This is a great activity to visually demonstrate how easy it is for us to spread germs when we sneeze and cough into our hands and don’t wash them afterwards.

Social Emotional: Make a card for someone they know who is sick or might need some love.

Religion: Create a **Lenten Kindness Tree**

Supplies: Coffee Can or some other container, Gift wrapping paper, Glue or Tape, Paper Punch, Yarn or String, Plaster of paris, or clay or any substance to hold the stick straight in the container, Leafless Branch (Go for a walk outside to find a branch)

Directions: Cover the container with gift wrap, fill the container with plaster or clay, cut gift wrap in small squares and fold in half to make cards, write an act of kindness they have done for Lent inside the gift wrap card, punch a hole, add string or yarn and hang it on your “kindness tree” branch. Try to fill the tree with **Acts of Kindness**.

(See picture attached)