



# **FREE** Mental Health and Substance Use Services Via Telehealth

To get started, visit [www.impowerfl.org](http://www.impowerfl.org) or call **321.639.1224**

**No-cost** mental health and substance use counseling, medication, and services for low-income families and individuals needing help as a result of the pandemic are available through **IMPOWER**, a Florida non-profit organization.

## Available Services

- Treatment for individuals and children experiencing mental health and/or substance use issues
- Counseling services through Licensed Clinicians or under the supervisor of Licensed Clinicians
- Psychiatric care, evaluation, treatment, and medication by board-certified Psychiatrists and Physician Assistants
- Assistance, coordination, and linkage to medication assistance and services that are essential to meeting basic human needs

## Benefits of Telehealth

*Telehealth is the delivery of medical services through a secure, private, live video connection via smartphone, tablet, or computer that has video conference capabilities.*

- Receive quality substance use and mental health services remotely
- Flexible scheduling, like evening appointments
- Decreased wait time
- Miss less work or school time
- Requires no travel time or cost
- Decreases stigma
- Increases number of practitioners to choose from

To qualify for services, individuals must be uninsured, underinsured, be at 150% of the Federal Poverty Level, and have been impacted by COVID-19. Services available for Florida residents of any age.

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**Cope with COVID  
Now**



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