

MARCH MENTAL HEALTH WORKSHOP FOR PARENTS

“When Your Child Refuses to Go to School”

School refusal is not just a problem for children, but a family issue. Join Becky Thomson, PhD, from Thriving Minds, as she discusses school refusal and what works to support children in overcoming the stress and anxiety of attending school. We'll explore personal actions adults can take to help children build confidence, respond effectively to discomfort, and take gradual steps towards consistent school attendance.



BECKY THOMSON, PHD

Scan to register or visit
[**https://bit.ly/MHParentWorkshops**](https://bit.ly/MHParentWorkshops)



*You only need to
register once for
the 2024-25 series
of workshops*



TUESDAY

MARCH 11, 2025



ON ZOOM

7:00-8:30 PM

All workshops are
free and open to
Washtenaw County
parents, caregivers,
and school staff.

734-994-8100
x2177



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