

ARCH PRESENTS

# THE BIG TRANSITION

WHAT YOU NEED TO KNOW ABOUT YOUR  
DEVELOPING MIDDLE-SCHOOLER  
(FOR PARENTS OF 5<sup>TH</sup> GRADERS)

**\*Same Presentation offered TWO TIMES\***

**Monday,  
September 17\***

7:00 – 8:30 PM  
T/E Middle School  
Large Group Room

**Tuesday,  
September 18\***

9:00-10:30AM  
Valley Forge Middle School  
Audion



As your child transitions to middle school, many developmental and socio-emotional changes will take place that you may, or may not, be prepared for. Presented by school counselors, mental health experts and experienced parents, this panel presentation and Q&A will cover important topics for middle schoolers such as the impact of technology, increasing independence, social grouping, making new friends, dating, limit-setting and Schoology, among other topics - to help you be a more effective parent to your budding pre-teen.

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ARCH is a 501(3)(c) coalition of parents, educators, and community members committed to promoting the well-being of youth in Tredyffrin and Easttown Townships. We serve as a resource to families as they help their children form a positive self-image, make healthy choices, and reduce the use of alcohol, tobacco and other drugs (ATOD). ARCH relies on the generous donations from the community. Visit [www.archcares.org](http://www.archcares.org)

