



Dear Parents,

We are pleased to bring the Young Hearts for Life® (YH4L) Cardiac Screening Program to **Central Catholic High School** on **Oct 11, 2018**.

All students whose parents authorize them to be tested will be screened. **Please be aware that repeat ECG testing is recommended every two (2) years.**

YH4L will provide this **free** heart screening called an electrocardiogram (ECG) to identify high school students at risk for sudden cardiac death and to increase the public's awareness of this issue. To date over 150,000 students have been screened as a result of YH4L. More information about the screening can be found on the YH4L website ([www.yh4l.org](http://www.yh4l.org)).

A simple ECG, when used to screen young adults can detect certain serious heart conditions. Recording the electrical activity of the heart using electrodes attached to the skin with a mild adhesive, can detect approximately **60%** of the abnormalities or “markers” from these heart conditions that are associated with sudden cardiac death that a stethoscope cannot. **Please note that ECG screenings result in approximately 2% of the tests being falsely positive. This may require additional evaluation and testing by your physician. We believe that the benefit of this potentially lifesaving screening outweighs this concern.**

We encourage you to discuss this screening with your child. Your child’s participation in the screening is your decision. We want to assure you that students’ confidentiality, privacy and individual modesty will be respected throughout all aspects of the program. Only female technicians will test girls and they will be screened in an area separate from boys.

Enclosed you will find a permission form that will allow your student to be tested. We prefer that you complete this registration process on line. On line registration is now available. If you do not have access to a computer, please return the permission form to the school.

The Young Hearts For Life® Cardiac Screening is being provided this year to the students by **Advocate Charitable Foundation**. For more information about this program, please visit our website at <http://www.yh4l.org/>. If you have questions, please contact us at 309-556-7864.

Sincerely,

A handwritten signature in black ink, appearing to read 'J Marek'.

Joseph Marek, MD  
Founder & Medical Director, Young Hearts for Life®  
Cardiac Screening Program  
Cardiologist, Advocate Medical Group

A handwritten signature in black ink, appearing to read 'Dory Jarzabkowski DO'.

Dory Jarzabkowski, DO  
Cardiologist, Advocate Heart Institute