



welcomes you to  
High Holy Day Services for 5782

Wherever you are in your journey,  
you are welcome here.

## Erev Yom Kippur ~ Kol Nidre All Vows

September 15, 2021 ✧ 10 Tishrei, 5782

5885 Robert Oliver Place, Columbia, Maryland 21045



Dear CJC, our holy chevre,

The year 5782 is upon us! What a blessing and honor it is to lead CJC through the Days of Awe this year.

One of the names for Rosh Hashanah is *Yom Teruah* - *the Day of Sounding the Shofar*. *As the three of us have been working together to create our High Holy Day services, the sounds of the shofar weave their way into our thoughts and are felt in the depths of our being.*

If you pay attention, you will notice that each section of shofar blasts begins with **tekiah**, followed by a combination of both **shevarim** and **teruah**. And then, always, concludes with **tekiah**. *The order of the blasts is no accident! It teaches us that we begin whole (with one solid blast of tekiah), then we are broken into pieces (with three blasts of shevarim), then completely shattered (with nine staccato blasts of teruah). After the brokenness of the shevarim and teruah, the shofar returns to a solid tekiah - and with it, the shofar returns us to wholeness.*

Let us remember that today is called *Yom Teruah*, not *Yom Tekiah*! *The High Holiday season is a time all about confronting our feelings of brokenness, sitting with them, making space for them and dreaming forward toward the wholeness of tekiah.*

Individually and as a community, we may feel the brokenness of *shevarim* and *teruah* strongly this year. While the pandemic

*continues to impact every part of our lives (and we gather for our second socially-distant High Holiday season), we recognize that we are not yet as whole as we had hoped to be a year ago.*

But even now, despite all of our fears, restlessness, and sorrow there is an unexpected gift in feelings of gratitude for all that we still have and can still imagine! *The ability to connect over Zoom, food on our tables every day, trees outside our office window filled with birdsong, seasons changing, cars still running, calls from friends. Giving love, reaching out, looking inward, holding on. As we move into 5782, let us recognize the uninterrupted tekiah of blessing.*

The final blast of the shofar on Rosh Hashanah and at the conclusion of Yom Kippur is an extra-long *tekiah gedolah*. *This final blast leaves us with the feeling of hope, that the experiences that have left us lost over the past year, will dissipate with the possibility of the sweet year ahead.*

We wish you and your loved ones a happy, healthy and sweet new year. Shanah Tovah and blessings for our coming TEKIAH GEDOLAH!!!

**Rabbi Michael Hess Webber, Cantor Jan Morrison and Cantor Linda Baer**



# אִיזְהוּ עָשִׂיר, הַשְּׂמִיחַ בְּחֵלְקוֹ

## Who is rich? One who rejoices in their lot. [Pirkei Avot 4:1]

There have been so many members of our community who have given of their time, energy, ability and know-how in preparation for this season. We would like to take a moment for *hakarat hatov* - *recognizing with gratitude, those who have contributed in order to get us to this day.*

Above all, thank you to our Executive Director, Robin Rosenfeld, for juggling many many balls at one time and doing so with grace and mastery. Robin, you are a rock and a source of strength for us all.

Thank you Anna Rubin and the entire CJC choir for your flexibility and heart-full resilience as we navigated the ever-changing COVID landscape. You have helped us lean into hiddur mitzvah - beautifying our services with your angelic voices - and you have brought a sense of comfort and normalcy to an uncertain year.

Thank you to our tech team, Leilani, Brandon, Daryl, Kat and Dan. Thank you for helping to get us organized, for being present for filming videos ahead of time and for streamlining our services, making them safely accessible to our beloved CJC community.

Thank you to our Ba'alei Shofar (shofar blowers), Elijah Singleton and Jacob Sorak. With your powerful blasts, you have called us into community, into attention, into hope.

Thank you to our Torah readers for the hours of study and preparation you put in in order to bring Torah to our community. Thank you to everyone who rose for an honor - for an aliyah, a recorded reading, and candle lightings - for adding your voices to our service. And thank you to our schleppers, Hans Plugge, David Trossman, David Zinner and Brian Yellin, for carefully moving our ark, machzorim and all the other accoutrement needed for a High Holiday service, as well as Lisa Pomerantz, Ronee Rothman, Cathy Stogel, Sue Morss, Chick Rhodehamel and Jim Lubitz for assisting in making our sanctuary shine. And thank you to Heléne Kass for her work organizing the second day of Rosh Hashanah.

And finally, thanks to you, the members of our CJC family. Thank you for being here - together, while apart. Thank you for stepping into this season of teshuvah with courage and with an open heart. Thanks to you, we begin 5782, in strength and in community.

### **And one more special thank you from the Rabbi:**

So much gratitude to Cantors Jan Morrison and Linda Baer who stepped up this year offering their musical leadership to CJC. Thank you both for being rockstar co-creators - thank you for your vision, your energy, your time and support and your beautiful harmonies through our months of holy preparation. Jan, thank you for reuniting the choir in the midst of pandemic. Linda, thank you for creating the supplements for our services this year. CJC abounds with such labors of love.

## The CJC Choir

Roni Berkowitz	Norm Engelberg
Stuart Berlin	Debbie Lavine
Joanna Blackman	Charlene Levine
Sarah Blackman	Del Stanfield
Mary Lou Carlson	David Zinner
Karina Cowan	

Honorary:  
Cantor Linda Baer  
Alana Cowan  
Arna Rubman  
Gabrielle Yanovitz

Director: Cantor Jan Morrison  
Accompanist: Anna Rubin  
Page turner: Jacob Singleton

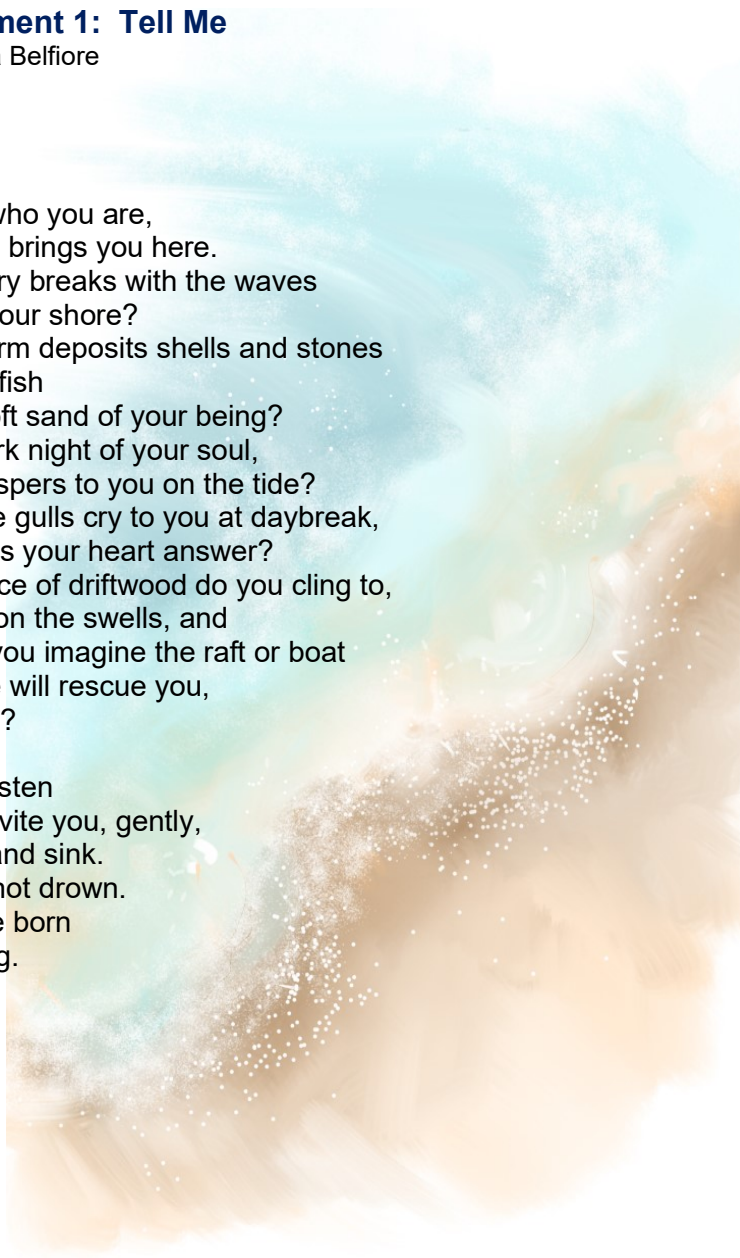
## Order of Service ~ Kol Nidre

Welcome		Marc and Judy Young
Remembrance Candle	Page 688	Michael and Charlene Levine and the Blackman Family
Yom Kippur Candle Lighting	Page 688	Elana Hoffman and Dalia Kintisch
Kol Nidre	Pages 692-696	Fred Thomsen, Instrumental Anna Rubin, piano accompaniment
Tell Me	Supplement 1	by Sandra Belfiore
Barechu	Page 708	
Asher Bidvaro	Pages 709-710	
Ahavat Olam	Page 712	
Shema/V'ahavta	Page 714	
L'ma'an Tizk'ru	Page 722	
Mi Chamocha	Page 728	
Hashkiveinu (Let There Be Love)		CJC Choir (Video)
A Body Prayer for Teshuvah	Supplement 2	Susan Jacobson
Yehaper Aleihem	Page 734	
Hatzi Kaddish	Page 736	
Silent Amidah	Pages 740 - 774	
Oseh Shalom	Page 772	
Drash		Rabbi Michael Hess Webber
Bridge Over Troubled Waters	Supplement 3	

Be with Me, G-d (Mi Sheberach L'Cholim)	Supplement 4	
Achat Sha-alti (Psalm 27) English lyrics and music by Chava Mirel	Page 1241	Cantor Jan Morrison, Cantor Linda Baer, Karina Cowan
Selichot	Supplement 5	Harriet Bachman (Video)
Hashiveinu	Page 808	
13 Attributes	Pages 811-812	
Shema Koleinu	Page 813	
Yihui L'Ratzon	Page 814	
Eloheynu	Page 816	
Vidui: Ashamnu	Page 820	
Vidui: Al Chet	Pages 827-832	
Open and close the ark		M.E. Hughes and Joel Thomsen
Avinu Malkeinu	Pages 1184-1186	
Kaddish Titkabal	Page 1188	
Message from President		Bruce Levine
Aleynu	Pages 1202-1204	
Mourner's Kaddish	Page 1216	
Eli, Eli Music by David Zehavi Arranged by Marshall Kohen	Page 927	CJC Choir (Video)
Closing Blessing		

## Supplement 1: Tell Me

by Sandra Belfiore



Tell me who you are,  
and what brings you here.  
What story breaks with the waves  
against your shore?  
What storm deposits shells and stones  
and jelly-fish  
on the soft sand of your being?  
In the dark night of your soul,  
what whispers to you on the tide?  
When the gulls cry to you at daybreak,  
what does your heart answer?  
What piece of driftwood do you cling to,  
bobbing on the swells, and  
How do you imagine the raft or boat  
you hope will rescue you,  
someday?  
I wonder,  
will you listen  
when I invite you, gently,  
Dive in, and sink.  
You will not drown.  
You were born  
swimming.

## Supplement 2: A Body-Prayer for Teshuvah

from Fringes Chavurah

Holy One of Blessing,  
we have been stiff-necked: stubborn, angry, resentful.  
Help us to hold our heads high with self-respect,  
but not defensiveness, to let go of old angers.

We have refused to acknowledge any view but our own.  
We've seen only the negative things,  
which have fed our despair.  
Help us learn to focus on the fullness of creation.  
We have clenched our fists in frustration  
Help our hands to build, change, and nurture.  
Our knees have trembled with fear.  
Our feet have shuffled in indifference.  
Help us have true faith in ourselves and in life,  
to stride with confidence, generosity and clarity of purpose.

We have swallowed injustice, choked on cruelty.  
Give us a deep hunger for change.  
We have let our hearts sink  
and our shoulders sag in discouragement.  
Let us fill ourselves with faith in the presence of the Shekinah,  
faith in ourselves, and in each other.  
We have exhausted our bodies  
with anxieties, resentments, pointless busyness.  
Help us feel Your breath within us,  
our neshama, breath/soul/spirit.

During these days of teshuvah,  
we will right the wrongs we've done to each other.  
We will turn again towards harmony.  
Help us to do so in hope and not in despair,  
with insight and not with a closed heart,  
with deep conviction and not with shallow formality.  
May we open ourselves body and soul  
so that this will be a truly new beginning.



### Supplement 3: Bridge Over Troubled Waters

Words and Music by Paul Simon

When you're weary  
Feeling small  
When tears are in your eyes  
I'll dry them all  
I'm on your side  
Oh, when times get rough  
And friends just can't be found

**Like a bridge over troubled water  
I will lay me down  
Like a bridge over troubled water  
I will lay me down.**

When you're down and out  
When you're on the street  
When evening falls so hard  
I will comfort you  
I'll take your part  
Oh, when darkness comes  
And pain is all around

**Like a bridge...**

Sail on silver girl  
Sail on by  
Your time has come to shine  
All your dreams are on their way  
See how they shine  
Oh, if you need a friend  
I'm sailing right behind

**Like a bridge...**



### Supplement 4: Be with Me, G-d

Rabbi Naomi Levy, *Talking to G-d: Personal Prayers for Times of Joy, Sadness, Struggle and Celebration*

Be with me, G-d. I feel so lost.  
I can't seem to escape the dark cloud  
that is hanging over me today.  
Help me, G-d. Give me strength  
to combat despair and fear.  
Show me how to put my pain into perspective.  
Teach me to have faith in the new day that is coming.  
Thank you, G-d, for today's blessings,  
for tomorrow's hope, and for Your abiding love.  
Amen.

Teach me always to believe in my power  
to return to life, to hope, and to You, G-d,  
no matter what pains I have endured,  
no matter how far I have strayed from You.  
Give me the strength to resurrect my weary spirit.  
Revive me, G-d, so I can embrace life once more  
in joy, in passion, in peace.  
Amen.

When I feel tainted, G-d, remind me that I am holy.  
When I feel weak, teach me that I am strong.  
When I am shattered, assure me that I can heal.  
When I am weary, renew my spirit.  
When I am lost, show me that you are near.  
Amen.

May G-d heal you, body and soul.  
May your pain cease,  
May your strength increase,  
May your fears be released,  
May blessings, love and joy surround you.  
Amen.



## Supplement 5: Selichot

by Marcia Falk



In the mirror of our eyes,  
The other is reflected;

In the eyes of the other --  
Ourselves.

We look outward,  
Inward,

See how we have hurt  
And harmed,

How hurt embeds even  
In the smallest wounds.

We give ourselves over

Begin to make amends,

Begin  
To make ourselves whole.



בַּעֲלֵם אֱלֹהִים



## ***Shana Tovah!***

It is at this time of year that we reflect on what we have done in the past, as well as look forward to the coming year.

The bedrock of *Tikkun Olam* is our **Caring Committee** which gives help to congregants as needed during times of illness, loss and suffering. To extend our reach into the greater community of need, we have many ongoing opportunities to serve. We support **Grassroots, Shepherd's Table, NAMI** and regular food drives. Our **Tzedakah Committee** gives funds to people in the community needing emergency help. The **Jim Walsh Rebuilding Team** is a yearly project to repair the home of a disabled or elderly resident in conjunction with Rebuilding Together. We also support **Bridges to Housing Stability** annually with their chili cookoff.

**Immigrant advocacy** has energized our community from the 1970s on. In 2021, alongside over twenty other groups in the Howard Coalition for Immigrant Justice, we convinced local government to end the county agreement with ICE to house immigrant detainees in Howard County. Our **Standing for Racial Justice** committee is developing educational materials on systemic racism and developing action projects for the future and CJC's re-energized **Green Team** is actively improving the OMI grounds, protecting the local watershed, and pushing forward new projects to protect the environment.

We look forward to special Shabbat programs in the upcoming

year including **Human Rights Shabbat, Refugee Shabbat**, and **Walking Shabbat Services** in each season to highlight environmental consciousness.

We hope that in the coming year each of you can commit to do one 15-minute action or make a more frequent commitment to one or more of our *Tikkun Olam* activities within CJC or in the greater community. Look for opportunities throughout the year in congregational emails and announcements.

Our creative members have generated many programs over the years and we would love to hear your new ideas for *Tikkun Olam* in 5782.

Chag sameach,

CJC Tikkun Olam Committee  
Anna Rubin and Gemma Holgate, chairs