



Tucker's August Tips

*Enjoy the Last Days of
Summer Safely!*

August is a wonderful time for vacations, backyard cookouts, county fairs, family reunions, and enjoying the outdoors. Tucker reminds us that just a little planning can help make the month safer, healthier, and more enjoyable for everyone.



STAY COOL

Summer heat can affect both people and pets more quickly than you might expect. Drink plenty of water, wear light-colored clothing, seek shade during the hottest part of the day, and never leave children or pets unattended in a parked vehicle—even for a few minutes.



CHECK ON SOMEONE

A quick phone call, text message, or visit to an older friend, neighbor, or relative can make a real difference. Summer can sometimes feel lonely for those who live alone, and a simple act of kindness is always appreciated.



ORGANIZE IMPORTANT PAPERS

Take a few minutes to gather your insurance policies, medical information, emergency contacts, medication lists, and other important documents into one secure location. Keeping everything organized can save valuable time and reduce stress during an emergency.



BE ALERT FOR SCAMS

Scammers never take a vacation. Be cautious of unexpected phone calls, text messages, or emails asking for personal or financial information. If something doesn't seem right, pause and verify it before responding.



ENJOY THE OUTDOORS

Take an evening walk, visit a local park, attend a community event, or explore a nearby historic district. Fresh air, exercise, and time spent with family and friends are wonderful ways to enjoy the season.



TUCKER'S AUGUST TREAT

Try freezing a spoonful of plain Greek yogurt with a few blueberries into bite-sized treats for your dog. It's a refreshing summertime snack. *As always, check with your veterinarian if your pet has any dietary restrictions or special health concerns.*

One Friendly Reminder

The best memories usually aren't the most expensive ones. A picnic, a walk through town, an ice cream cone, or simply spending time with family and friends can become the moments you'll remember long after summer has ended.

Have a safe, happy, and memorable August! 



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