

Abbey Bentley

NURSE PRACTITIONER | ADOLESCENT MEDICINE



Abbey & Family in Moab

Abbey is...

a gender-affirming care advocate

a mom to two wonderful, adventurous kids

soon-to-be dual certified in pediatrics and psych mental health—psychiatric mental health care integration is SO important for our patients!

When did you join the Department of Pediatrics? October 2019

What's your favorite part of your job? My patients! They are so brave and resilient and teach me something new every day.

What is your favorite way to decompress? Mountain biking, skiing, or sitting down with a new book (I love speculative fiction).

What's something exciting you're working on now? Adding another acronym behind my name! PMHNP coming soon. 😊

If you could snap your fingers and become an expert in one thing, what would it be? Languages -- I wish I could communicate with everyone, everywhere.

What's something that might surprise us about you? I was a children's illustrator before becoming a nurse practitioner.