



Coaching Price Structure

I'm interested but would like to learn more.

Let's set up a complimentary introduction call!

703-772-9615 therapy@healingtr.com

(Due to the nature of phone calls these days, I most probably will not answer calls from numbers that I do not recognize. PLEASE leave a message, text or email and I will get back in touch as soon as I'm able)

Single Sessions

1 session (50 minutes) -- \$160.00

1 session (75 minutes) -- \$180.00

Package of 5 sessions

50 minutes -- \$750.00

75 minutes -- \$850.00

Corporate and group work

Zoom meetings for Mindfulness
Based Stress Reduction (MBSR) meditation

Call, text or email for more information

703-772-9615

therapy@healingtr.com

Credit, Debit and Venmo accepted

