

SAVE the DATE
Thursday May 23rd, 2024
10:00am -2:00PM

Palm Beach State College (Lake Worth)

Public Safety Bldg., 4200 Congress Avenue,

Lake Worth, FL 33461



Boost Mental Well-Being to Live Your Best Life

West Palm Beach VA and over 50 Vet friendly vendors will be on hand to offer incredible resources.

All are Free of Charge.

- ✓ Housing, Financial Assistance, VA Loans, Free Dental
- ✓ Service Dog orgs., Equine Therapy (3 locations)
- ✓ Hyperbaric Oxygen and Alternative treatments
- √ Vocational, Educational Assistance &
- √ Yoga, Rec Therapy, Aquatics, Cycling, Golf
- ✓ Health Coaching, Nutrition, Food supplies.
- ✓ Legal Aid, Advanced Directives, Wills, and estate planning
- ✓ Hiking, boating, fishing, kayaking, scuba, golfing, Art
- ✓ Minority Veterans and LGBTQ Inclusive information
- ✓ Claims and Benefits, Veterans Service Officers, Volunteering, Whole Health programs, legal advice.
- ✓ Mental Health Tx., Senior care, Caregivers support, Support Groups, Vet Socials, Workshops, Etc.

All Veterans and family members are welcome to Attend.

Complimentary
Beverages
Breakfast Bagels, Muffins
&
Pizza Lunch

Sponsored by the Mental Health Behavioral Science Service of WPB VAMC Supporting Mental Health Month Host and Point of Contact: Dr. T. Richard Peate Thomas.Peate@VA.com