NEW THIS YEAR!!

Summer 10 Week Adult Bootcamp

**Train while your kids train!**

 June 4th – August 9th 2018

Our Focus:

* We want to help you achieve your personal health and wellness goals this summer!
* Why sit and watch your kids in Sports Performance, when you could be training too?
* Maximize Efficiency- Now the whole family can train in the same place **AT THE SAME TIME!**

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| **Adult Bootcamp Schedule June 4th 2018- August 9th 2018** |
| **Age Group** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **MS 6-8** | 10-11 am | 5:30-6:30pm | 10-11 am | 5:30-6:30pm | 10-11 am |
| **ES 3-5** | 9-10 am | 6:30-7:30pm | 9-10 am | 6:30-7:30pm | 9-10 am |

\*Note: Bootcamp Schedules coordinate with Age Group Specific Sports Performance classes

Summer 2018 Bootcamp Includes:

**\*UNLIMITED** training 5 days/week Monday-Friday

\*Bootcamp times coordinated with Sports Performance times

\* **DISCOUNTED** registration

Pricing:

Parents Registering for the Adult Bootcamp receive our Sports Performance “sibling discount”

Just $179 for 10 weeks

To Register Online visit us at [www.teamspeedco.com](http://www.teamspeedco.com)

 Call (303) 779-3640 or email info@teamspeedco.com

Sterling’s Team Speed 8170 S. University Blvd Ste. #190