

Coping with Covid - Resources

Parent Resources:

<https://www.parentcenterhub.org/cv19-coping/>

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

https://docs.google.com/document/d/1n_bVg4fLzCVTcYJa14HKGv5i17QOBFWGfvmHHY2L7I/edit

<https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Parenting-in-a-Pandemic.aspx>

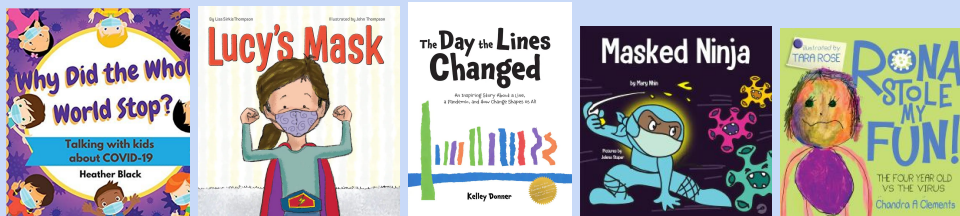
https://www.aacap.org/AACAP/Families_and_Youth/Resource_Libraries/covid-19/resources_helping_kids_parents_cope.aspx

https://www.cdc.gov/socialmedia/videos/covid-19/asl/parents-supporting-children/316132-D_ParentsSupportingChildren_COVID19_ASL.pdf

Children's Resources:

<https://docs.google.com/document/d/1wqXICNKs0ogCNmpFz3MJW6AhobXzsugb-jGoBTBMyaQ/edit>

<https://bookriot.com/free-childrens-books-about-coronavirus/>



Community Resources

<https://www.nc.gov/covid-19/family-community-covid-19-resources>

<https://www.mecknc.gov/COVID-19/Pages/Meck-Better-Together.aspx>

<https://www.charlotteparent.com/>

