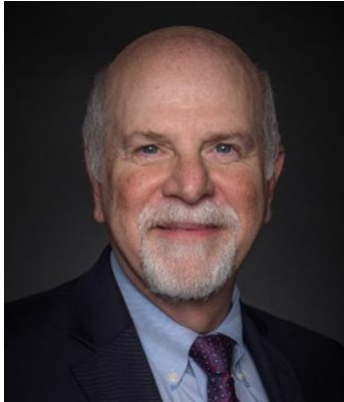


## Year-Round Mentoring in Transformational Leadership for Christian Healthcare Professionals

*with Keith Frey, MD, MBA*

### Leader



Recently retired from a full-time career as a physician and executive, Keith now invests much of his time as a healthcare consultant and leadership developer. He has forty years' experience as a primary care physician, educator, mentor/coach, and executive. His career included major leadership roles at Duke University, Providence Health, Mayo Clinic, and most recently Dignity Health. Keith is a graduate of the Virginia Military Institute (BS in Biology), the Medical College of Virginia (MD) and Duke University (MBA).

Keith has been actively involved in discipleship, church and ministry leadership roles, including marriage ministry in Slovakia, Christian Medical Dental Association global medical education and as a board member for the Forum of Christian Leaders. Keith has served for three terms on the Scottsdale Bible Church Elder Board. Keith and his wife Melanie were married in 1975 and have one child.

### Overview

**GOAL:** To support, equip, and mentor Christian healthcare professionals in their ability to grow into transformational leaders. The theme is becoming the transformational leader God has designed you to be within your ministry in healthcare or public health. Topics covered will include:

- The importance of lifelong personal and spiritual growth
- Key principles of Transformational Leadership
  - Intentional enhancement of your “influence trust equation”
  - Expanding one’s awareness (self, others, situational)
- Key principles of Organizational Leadership
  - Creating Positive Change
  - Problem Solving

**PLAN:**

Keith will mentor the group through micro-lectures, facilitated group discussion of assigned readings, and individual projects identified by each participant.

The 2022-2023 Year-Round Mentoring includes:

- An online kick-off session on September 8
- Four 90-minute webinars with webinar assignments:

- A three-day retreat in Budapest from noon to noon on 6-8 December 2022.
- An individual coaching session four (4) times per the year (individual times to be organized)
- Wrap-up at the Pre-Forum Conference in Poland, May 2023. Participants will still need to apply for the European Leadership Forum and will be responsible for paying Forum fees in order to participate in the 2023 Forum. Participants must also pay for their own travel expenses.

**PARTICIPANTS:** Eight to ten healthcare/public health professionals who desire to expand their impact for the Gospel within their ministry. Physicians, nurses, pharmacists, advanced practice practitioners, and public health professionals are welcome to apply.

**QUALIFICATIONS:** Each participant will be a healthcare/public health professional who is actively involved in Christian leadership and be a spiritually mature Christian.

**COMMITMENT:** In addition to submitting an application, you must commit to:

1. Attend all sessions, including the kick-off session in September, the December retreat in Budapest, four webinars, and the Pre-Forum Conference in 2023.
2. Access all webinars on a computer with a good broadband internet connection.
3. Thoroughly review a selection of assigned materials before and after each webinar. These assignments will consist of reading selections from books or academic articles, including the list of books and articles indicated for each webinar.
4. Secure a copy of the needed books for assignments.
5. Pay attendance fees: *See below for retreat fees.* For the 2023 Pre-Forum Conference, the fees are 80 Euros for a Double Room and 90 Euros for a Single Room, or 68 Euros for scholarship recipients.
6. In order to be accepted to next year's European Leadership Forum all Year-Round Mentoring participants will need to nominate two other leaders for the following year Year-Round Mentoring which includes personally contacting and recruiting them by email.

**2022 RETREAT:** All participants will meet with Keith Frey in Budapest on 6-8 December 2022.

*Participant fees for the retreat are 150 Euros or 100 Euros for scholarship recipients. For the retreat, non-scholarship recipients also have the option, which must be chosen in the application form, of paying 190 Euros in order to stay in a single room. Participants are also responsible for their own travel expenses.*

**Webinars:** The four 90-minute webinar sessions will be led by Keith Frey

Participants will be supplied with a detailed reading and resource list for each webinar, which will be distributed at the introductory session at the 2022 Forum in Wisła (Poland), as well as assignments and questions to consider. Please be ready to spend 4 hours in preparation for each webinar.

## Meetings: Dates, Topics, and Assignments

### September 8 Kick-off Session

- Introductions
- Goals of this YRM
- Review individual ministry context, current/anticipated challenges – discussion
- Revise proposed curriculum if needed based on participant needs
- Identification of individual projects for application

### Webinar 1 (pre-readings and assignments TBA)

- **Theme: The importance of lifelong personal and spiritual growth**
  - Micro-lecture: God’s Design/God’s Calling
  - Share individual testimonies & “SPEND” worksheet
  - Application discussion for individual ministry

### October 2022 Webinar 2 (pre-readings and assignments TBA)

- **Theme: Key principles of Transformational Leadership – Part 1**
  - Micro-lecture: Transformational Leadership – the What and Why
  - Discussion
  - Micro-lecture: Expanding one’s awareness (self, others, situational)
  - Next steps

### December 2022 Three Day Retreat (pre-readings and assignments TBA)

- **Theme: Key principles of Transformational Leadership – Part 2**
  - Review and discuss pre-readings/assignments (2 hours)
  - Soul Care: “Red Dot” (2-4 hours)
  - Micro-lecture: Intentional enhancement of your “influence trust equation”
  - Application exercise #1 – based on individual project
  - Application exercise #2 – based on individual project
  - Prayer

### February 2023 Webinar 3 (pre-readings and assignments TBA)

- **Theme: Key principles of Organizational Leadership – Part 1**
  - Micro-lecture: Creating Positive Change
  - Discussion and application

### April 2023 Webinar 4 (pre-readings and assignments TBA)

- **Theme: Key principles of Organizational Leadership – Part 2**
  - Micro-lecture: Problem Solving
  - Discussion and application

### May 2023 (at ELF) Final Seminar

- Individual Project presentations to group

- Wrap Up & Celebration of progress
- YRM evaluation
- Closing prayer time

## Application Process

To apply:

1. Complete the [online application](#).
2. Once we have received your online form, your application will be considered complete. We will review completed applications and let you know if you are accepted into the program within four to six weeks.

***If you have questions, contact us at [initiatives@euroleadership.org](mailto:initiatives@euroleadership.org)***