

St. Philip's Episcopal Church

The Fourth Sunday after the Epiphany

January 28, 2024

8:00 and 10:30 am



The Rev. Marlene E. Forrest, Rector

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WELCOME!

We are so glad you are here, and I hope you find worship at St. Philip's Episcopal Church to be inspiring, spirit

-filled, and nurturing for your faith journey. Here are two ways to take a next step:

- 1) Simply fill out the visitor card in the pew. Completed cards may be placed in the offering plate or given to an usher. Your responses are confidential, and we will contact you only if you make that request.
- 2) A calendar of events can be found on our website at stphilipsrva.org or in our e-News (subscribe on the website) as an invitation to you! All of our classes, services, and programs are open to all. If you are interested in learning more about St. Philip's or the Episcopal Church, please let me know!

As you prepare your heart, soul, mind, and body for worship, may the love of God and the mercy of Christ fill your heart with peace.

The Rev. Marlene E. Forrest Rector of St. Philip's

About Communion:

We welcome all people to meet Christ in the sharing of our sacred meal.

◆ Options at Communion

- 1 **Intinction** is the practice of dipping the bread into the wine in the chalice rather than eating the bread first and then drinking the wine. It is entirely acceptable to receive the Sacrament by intinction. **Intinction** will be done by verbally indicating to the priest of your desire. The priest will **intinct for you** and place the wafer in your hand for you to consume.
- 2 You may **ONLY Sip** from the common cup that will be held by the Lay Eucharistic Minister. Drinking from the common cup is also an acceptable way to receive the Blood of Christ (wine).
- 3 You may **choose to not receive wine** with the knowledge that the Body of Christ (wafer) is full and sufficient. Should you wish to not receive wine you may return to your seat after receiving the wafer.
- 4 Should you desire a **blessing**, cross your arms over your chest to indicate your desire to the priest. If you seek a deeper relationship with Christ through baptism, please speak with a priest after the service.
- 5 Should you need a **Gluten-Free wafer** please indicate your need to the priest.

Holy Baptism is our rite of initiation into the Christian faith and primary to membership in our parish. If you would like to learn more about this sacred rite and membership in our church, please speak with Rev. Marlene or contact our office at 804-321-1266.

HOLY EUCHARIST - Rite II

PROCESSIONAL * *How Bright appears the Morning Star*

1982 Hymn 497

1 How bright appears the Morning Star,
with mercy beaming from afar;
the host of heaven rejoices;
O righteous Branch, O Jesse's Rod!
Thou Son of Man and Son of God!
We, too, will lift our voices:
Jesus, Jesus!
Holy, holy,
yet most lowly,
draw thou near us;
great Emmanuel, come and hear us.

2 Though circled by the hosts on high,
he deigned to cast a pitying eye
upon his helpless creature;
the whole creation's Head and Lord,
by highest seraphim adored,
assumed our very nature;
Jesus, grant us,
through thy merit,
to inherit
thy salvation;
hear, O hear our supplication.

3 Rejoice, ye heavens; thou earth, reply;
with praise, ye sinners, fill the sky,
for this his Incarnation.
Incarnate God, put forth thy power,
ride on, ride on, great Conqueror,
till all know thy salvation.
Amen, amen!
Alleluia,
alleluia!
Praise be given
evermore, by earth and heaven.

Celebrant: Blessed be God: Father, Son, and Holy Spirit.
People: **And blessed be his kingdom, now and for ever. Amen.**
Celebrant: There is one Body and one Spirit;
People: **There is one hope in God's call to us;**
Celebrant: One Lord, one Faith, one Baptism;
People: **One God and Father of all.**

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA *(sung)*

Glory to God in the highest, and peace to his people on earth. Lord, God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world. Have mercy on us. You are seated at the right hand of the Father. Receive our prayer. For you alone are the Holy One; you alone are the Lord; you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Lord be with you.

And also with you.

Let us pray.

THE COLLECT OF THE DAY

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

LITURGY OF THE WORD

THE FIRST LESSON

Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything

that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

The Word of the Lord.

Thanks be to God.

PSALM 111

1 Hallelujah!

I will give thanks to the LORD with my whole heart, *
in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD! *
they are studied by all who delight in them.

3 His work is full of majesty and splendor, *
and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; *
the LORD is gracious and full of compassion.

5 He gives food to those who fear him; *
he is ever mindful of his covenant.

6 He has shown his people the power of his works *
in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; *
all his commandments are sure.

8 They stand fast for ever and ever, *
because they are done in truth and equity.

9 He sent redemption to his people;
he commanded his covenant for ever; *
holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom; *
those who act accordingly have a good understanding;
his praise endures for ever.

THE SECOND LESSON

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from

whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

Thanks be to God.

SEQUENCE *

In the Cross of Christ I Glory

1982 Hymn 708

**1 In the cross of Christ I glory,
towering o'er the wrecks of time;
All the light of sacred story
gathers round its head sublime.**

**2 When the woes of life o'ertake me,
hopes deceive, and fears annoy,
never shall the cross forsake me:
lo, it glows with peace and joy.**

**3 When the sun of bliss is beaming
light and love upon my way,
from the cross the radiance streaming
adds new luster to the day.**

**4 Bane and blessing, pain and pleasure,
by the cross are sanctified;
peace is there that knows no measure,
joys that through all time abide.**

**5 In the cross of Christ I glory,
towering o'er the wrecks of time;
all the light of sacred story
gathers round its head sublime.**

THE GOSPEL

Mark 1:21-28

The Holy Gospel of our Lord Jesus Christ according to Mark

Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

Praise to you, Lord Christ.

SERMON

The Rev. Marlene E. Forrest

NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven. By the power of the Holy Spirit he became incarnate from the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets., We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

With wonder and thanksgiving for Christ's coming into the world, we pray for the church, the life of the earth, and the whole human family.

(A brief silence.)

Everlasting God, you bring your healing power to the church. Give your church a spirit of unity and prayer, that we discern your way for us in the world. God of grace,
receive our prayer.

Creator of the ends of the earth, you make the grass grow and send rain for the soil. Bring your creation into harmony and balance. Give animals their food and provide healthy shelter for your people. Inspire us to honor the miraculous beauty of all you have made. God of grace,
receive our prayer.

Bring the nations into the way of justice and peace, righteous God. Strengthen those who work for human rights, equality, and the protection of the most vulnerable. We pray for all in public office, that they may serve with honesty and honor. God of grace,
receive our prayer.

Help those who have no helper, delivering God. Rescue any who suffer from abuse, neglect, or exploitation. Deliver adults and children who are caught in cycles of poverty. Transform social systems that enable racism and discrimination of any kind. God of grace,
receive our prayer.

God who strengthens, you lift up with your hand any who are suffering and those who care for them. Heal those who are brokenhearted and strengthen the weak and all in need, especially Cynthia Bentley, Regina Boone, Mary Carter, Yvonne Carter, Alex Corbett, Rosa Chance, Presiding Bishop Michael Curry, Simone DeJean, Ibrahim Elbalola, Lorraine Fasset, Rueben Greene, William Harris, Yolanda Haynes, Ester Hyatt, Bill James, Ollie Jordan, Deborah Little-Bowser, Robinette Miller, Lela Morris, Robert Myers, Hortense Powell, Nancy Shadt, Anice Saunders, Mary Saunders, Barbara Forrest Thompson, Clementine Washington and Wendall White. God of grace,
receive our prayer.

Our times are in your hand: Look with favor, we pray, on your servants Barrington Bowser, Sharmaine Williams, Henry Davis, Meaghan West, and Bradley Fassett as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives. God of grace,
receive our prayer.

God, you have created all things, the Altar Flowers are given with love to the Glory of God by Deborah, Billy and family in Celebration and Thanksgiving for giving Barry Bowser, Jr. another birthday. God of Grace,
receive our prayer.

God who calls each star by name, we remember all who have died especially, Dan Bylsma. Shelter all who mourn with your mercy and care and give us hope in your promised salvation. God of Grace,
receive our prayer.

Knowing the Holy Spirit intercedes for us, we offer these prayers and the silent prayers of our hearts in the name of our Savior, Jesus Christ. **Amen.**

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

THE PEACE

The peace of the Lord be always with you.
And also with you.

WELCOME AND ANNOUNCEMENTS

BIRTHDAY, ANNIVERSARY, AND TRAVEL BLESSINGS

LITURGY OF THE TABLE

OFFERTORY

DOXOLOGY*

LEVAS 56

**Praise God from whom all blessings flow,
Praise Him all creatures, here below.
Praise Him above ye heavenly host.
Praise Father, Son and Holy Ghost.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebecca, and Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to sing,

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen.

Alleluia, Christ our Passover is sacrificed for us.

Therefore, let us keep the feast. Alleluia.

FRACTION ANTHEM*

Lamb of God

Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
grant us peace.

COMMUNION*

In Remembrance of Me, eat this Bread

LEVASII HYMN 149

In remembrance of Me eat this bread
In remembrance of Me drink this wine
In remembrance of Me pray for the time
When God's own will is done

In remembrance of Me heal the sick
In remembrance of Me feed the poor
In remembrance of Me open the door
And let your brother in let Him in

Take eat and be comforted
Drink and remember too
That this is My body
And precious blood shed for you shed for you

In remembrance of Me search for truth
In remembrance of Me always love
In remembrance of Me don't look above
But in your heart
Look in your heart for God
Do this in remembrance of Me

POST COMMUNION PRAYER

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

May the grace of God the Father bless you with peace, may the love of Christ, God's son, sustain you in joy, and may the power of the Holy Spirit fill you with courage, this day and forevermore. Bless the Lord! **Amen!**

RECESSIONAL*

Hail to the Lord's Anointed

1982 Hymn 616

**1 Hail to the Lord's Anointed,
great David's greater Son!
Hail, in the time appointed,
his reign on earth begun!
He comes to break oppression,
to set the captive free;
to take away transgression,
and rule in equity.**

**2 He comes with succor speedy
to those who suffer wrong,
to help the poor and needy,
and bid the weak be strong;
to give them songs for sighing,
their darkness turn to light,
whose souls, condemned and dying,
were precious in his sight.**

**3 He shall come down like showers
upon the fruitful earth,
and love, joy, hope, like flowers,
spring in his path to birth;**

**before him on the mountains
shall peace, the herald, go;
and righteousness in fountains
from hill to valley flow.**

**4 Kings shall bow down before him,
and gold and incense bring;
all nations shall adore him,
his praise all people sing;
to him shall prayer unceasing
and daily vows ascend;
his kingdom still increasing,
a kingdom without end.**

**5 O'er every foe victorious,
he on his throne shall rest;
from age to age more glorious,
all blessing and all blest;
the tide of time shall never
his covenant remove;
his Name shall stand for ever,
his changeless Name of Love.**

DISMISSAL

Let us go in peace to love and serve the Lord and our neighbor. Alleluia, Alleluia.

Thanks be to God. Alleluia, Alleluia.

**Music referenced is for the 10:30 am service.*



The Altar Flower are given to the glory of God by Deborah Bowser Little, Billy and family in Celebration and Thanksgiving for Barry Bowser, Jr. Birthday.

WORSHIP PARTICIPANTS

Lay Eucharistic Ministers:

Pauletta James (8 am)

Monte Carroll and Henry Davis (10:30 am)

Lectors:

(TBA) (8 am)

Walter Hammond (10:30 am)

Organist/Minister of Music: Dr. Willis L. Barnett

Verger: Nathaniel Lewis

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Your financial gifts to St. Philip's are of vital importance to support our ongoing ministries and our outreach to the most vulnerable among us. Please continue to offer your faithful gifts.

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THIS WEEK AT ST. PHILIP'S

Monday, January 29

- 11:00 a.m. Worship Committee Meeting
- 7:00 p.m. N.A. Meeting

Tuesday, January 30

6:30 p.m. Girl Scouts

Wednesday, January 31

- 12:00 p.m. Circle of Love

Thursday, February 1

Friday, February 2

Saturday, February 3

Sunday, February 4;

The Fifth Sunday after the Epiphany

- 8:00 a.m. Holy Eucharist/Rite II
- 9:00 a.m. Vestry Information Session
- 9:00 a.m. Bible Study
- 9:15 a.m. Knights Meeting
- 10:30 a.m. Holy Eucharist/Rite II
- 11:45 a.m. Vestry Information Session
- 11:45 a.m. ECW February Meeting

SAVE THE DATES

February 4th – Vestry Information Session after each worship service.

February 11th - Souper Sunday Bowl & Chili Kick Off after the 10:30 am service. Casual Sunday, wear your favorite Jersey.

February 12th - The Diocese of Virginia – The Rev. Absalom Jones and

Bishop Barbara C. Harris Service at 7pm.

February 13th - Shrove Tuesday Pancake Supper from 6-8pm.

February 14th - Ash Wednesday Services at Noon and 7pm.

February 18th – The First Sunday in Lent; Holy Eucharist/Rite II at 8 & 10:30am.

February 25th – Annual Congregation Meeting after the 9:30am worship service.
(One service only)

February 29th – Thursday Night Soup and Lenten Devotional Bible Study (Ruth E. Little Parish Hall)

March 3rd – Daylight Savings Time, don't be late to Church.

March 3rd – ECW Open House after the 10:30 am worship service.

Announcements

Annual Meeting Reports Every year we prepare a report for the congregation on our life together in the past year. If you chair or head a ministry, be sure to submit your report electronically to Parish Administrator at office@stphilipsrva.org by Monday, February 5th.

The Annual Parish Meeting, Sunday, February 5th after the 10:30 am worship service. Place it on your calendar now!

St. Philip's are you ready for the 30-Day Challenge to show Unselfish Love and Kindness? See our Formation Board in the atrium and share how you are changing the world one hand at a time, one act of kindness at a time and one gesture of Love at a time. Let us all make our Case for Love!!!

Baptism at St. Philip's, The Great Easter Vigil, March 30, 7pm If you are interested in getting baptized on Saturday, The Great Easter Vigil, March 30th at 7pm, you must attend four required baptism classes on February 26, March 4, 11, and 18 at 7pm on Zoom. Contact our Parish Administrator Diem, and she will keep you up to date in the process.



Did someone say cookies? A well-known component of Girl Scouts is the cookie program, the largest girl-run business in the world. Did you know that when you purchase cookies, you are supporting our girls in "learning by earning"? They learn five essential skills: goal-setting, money management, people skills, decision-making, and business ethics. Here are ways to order and support these young entrepreneurs: Please Fill out the Girl Scouts Cookie Order Form, located on the bulletin board in the Atrium or use the link in the newsletter.