

# Walking in Beauty

A Spiritual Journey in Navajoland  
October 23 - October 30, 2022



**INDIAN PUEBLO CULTURAL CENTER & OLD TOWNE, ALBO  
CANYON de CHELLY ~ AZTEC RUINS ~ NAVAJO NATION, WINDOW  
ROCK NATIONAL MONUMENT & MUSEUM ~ SHIPROCK  
AND THE EPISCOPAL CONGREGATIONS IN NAVAJOLAND**

## To walk in beauty is to walk in balance with all things.

Welcome to a spiritual journey where you learn Navajo ways from Navajo people whose values are deeply reflected in the Navajo prayer, The Beauty Way. From the very start of our journey we'll engage with the culture and experience in the spirit of a "sacred circle", and in a very special way, become a Circle Gathering of Friends. The Beauty Way prayer will help guide us as we talk and pray together. We'll reflect on the concept of living a holistic life of beauty, harmony, and well-being the Navajo call "Hozho", which means "beauty" or "beautiful conditions". And hopefully, we'll experience fresh vision for our own lives, gain understanding for today's challenges, and make lasting friendships.



INDIAN PUEBLO CULTURAL CENTER, ALBUQUERQUE, NM, brings ancient history alive ~ featuring 19 Pueblo Communities. Known throughout the world as a destination for culture and art, you'll experience their stories through dance and other forms of story telling. You'll shop directly from artisans and engage with these beautiful people. Their "living history" is a true reflection of the perseverance and fulfillment of

their inherent responsibility to respect and live in harmony with this special place.

AZTEC RUINS NATIONAL MONUMENT is only 20 minutes from our visit to SAN JUAN MISSION & ST MICHAEL'S, Farmington, NM. AZTEC was built as a public ceremonial, economic, and political center around 1100 AD and remained occupied by the ancestral Pueblo people until 1300 AD. SAN JUAN MISSION is one of three Regions that make up the Episcopal Diocese of Navajoland. We'll have opportunity to visit all three regions, eat meals and share stories from our cultures. You'll find yourself immersed in Beauty.

CANYON de CHELLY, CHINLE, AZ ~ For centuries, visitors have been awed by the beauty and grandeur of the Canyon. We'll go into the Canyon by open air truck guided by very capable Navajo guides who are best able to show and explain their homeland. The deep red walls of the Canyons, the natural monuments, the steep cliffs, and the ancient dwellings will be several of the points of interest where you can take endless photos and take special note of the the beauty of our Creator.



Traveling north from the Canyon, we'll drive through Shiprock, AZ and on to St Christopher's Episcopal Church, Bluff, UT. We'll spend 2 days with the congregation, telling stories and learn about our favorite meals, make them and eat together. We'll have time for exploring and reflection in this spiritual atmosphere. We'll listen for the voice of the Spirit and experience the Holy.



GOOD SHEPHERD MISSION, FORT DEFIANCE, AZ will be our final destination where we'll participate in an early morning "Yellow Corn Pollen" Ceremony with Rev Cathlena Plummer, and we'll have heartfelt discussions in our Circle Gatherings.



**Today may I walk out in beauty.**

**With beauty all around me, may I walk. It is finished in beauty.**

**ManyWaters Indian Paths... Carol Maher, artist & founder.**

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