All are Welcome, All Belong

MOUNT CALVARY EPISCOPAL CHURCH

To be an embracing and thriving community that inspires transformation through worship and ministry.

Sunday, March 8, 2026
The Second Sunday in Lent

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Liturgy of the Word

Prelude

Entrance Hymn
***As Longs the Deer for Cooling Streams* (H 658)**

Opening Acclamation

Celebrant Bless the Lord who forgives all our sins.
People **His mercy endures for ever**

Kyrie
S 89 Kyrie Eleison
Kyrie eleison.
Christe eleison.
Kyrie eleison.

The Collect Of The Day

Celebrant The Lord be with you.
People **And also with you**.
Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus

Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

First Reading: Exodus 17:1-7

[1]From the wilderness of Sin the whole congregation of the
Israelites journeyed by stages, as the LORD commanded. They
camped at Rephidim, but there was no water for the people to
drink. [2]The people quarreled with Moses, and said, "Give us
water to drink." Moses said to them, "Why do you quarrel with
me? Why do you test the LORD?" [3]But the people thirsted there
for water; and the people complained against Moses and said,
"Why did you bring us out of Egypt, to kill us and our children
and livestock with thirst?" [4]So Moses cried out to the LORD,
"What shall I do with this people? They are almost ready to
stone me." [5]The LORD said to Moses, "Go on ahead of the
people, and take some of the elders of Israel with you; take in
your hand the staff with which you struck the Nile, and go. [6]I
will be standing there in front of you on the rock at Horeb.
Strike the rock, and water will come out of it, so that the people
may drink." Moses did so, in the sight of the elders of Israel. [7]He
called the place Massah and Meribah, because the Israelites
quarreled and tested the LORD, saying, "Is the LORD among us
or not?"

Reader The Word of the Lord.
People **Thanks be to God**.

Psalm 95

[1]Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
[2]Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
[3]For the LORD is a great God, *
and a great King above all gods.
[4]In his hand are the caverns of the earth, *
and the heights of the hills are his also.
[5]The sea is his, for he made it, *
and his hands have molded the dry land.
[6]Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
[7]For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
[8]Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah,
when they tempted me.
[9]They put me to the test, *
though they had seen my works.
[10]Forty years long I detested that generation and said, *
"**This people are wayward in their hearts;**
they do not know my ways."
[11]So I swore in my wrath, *
"**They shall not enter into my rest**."

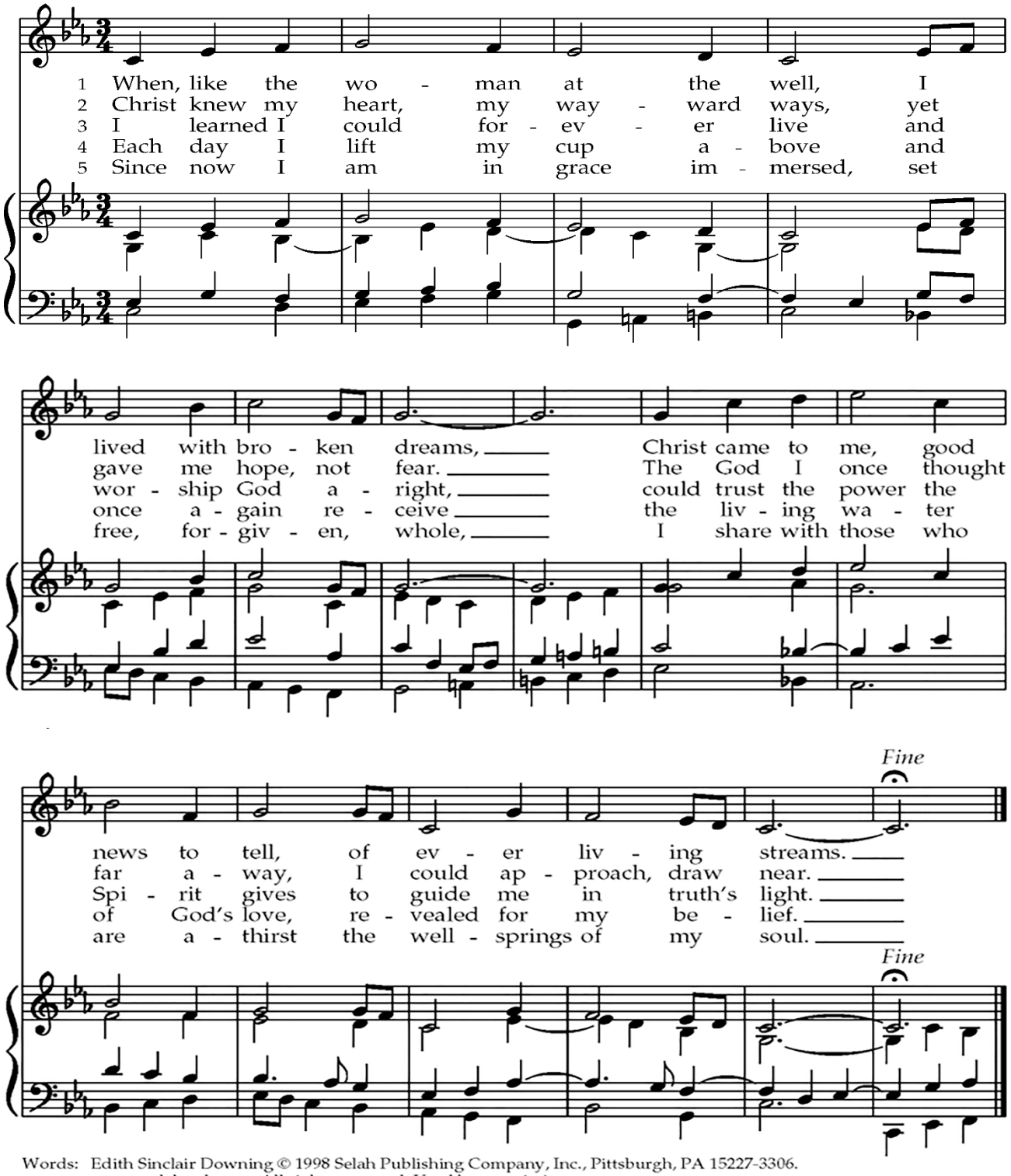
Second Reading: Romans 5:1-11

[1]Since we are justified by faith, we have peace with God through
our Lord Jesus Christ, [2]through whom we have obtained access
to this grace in which we stand; and we boast in our hope of
sharing the glory of God. [3]And not only that, but we also boast
in our sufferings, knowing that suffering produces
endurance, [4]and endurance produces character, and character
produces hope, [5]and hope does not disappoint us, because God's
love has been poured into our hearts through the Holy Spirit that
has been given to us.

[6]For while we were still weak, at the right time Christ died
for the ungodly. [7]Indeed, rarely will anyone die for a righteous
person—though perhaps for a good person someone might
actually dare to die. [8]But God proves his love for us in that while
we still were sinners Christ died for us. [9]Much more surely then,
now that we have been justified by his blood, will we be saved
through him from the wrath of God. [10]For if while we were
enemies, we were reconciled to God through the death of his
Son, much more surely, having been reconciled, will we be
saved by his life. [11]But more than that, we even boast in God
through our Lord Jesus Christ, through whom we have now
received reconciliation.

Reader The Word of the Lord.
People **Thanks be to God**.

Sequence Hymn
When, like the woman at the well (Voices Found 24)



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Gospel: John 4:5-42

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ**.

5[Jesus] came to a Samaritan city called Sychar, near the plot of
ground that Jacob had given to his son Joseph.6Jacob's well was
there, and Jesus, tired out by his journey, was sitting by the well.
It was about noon.
7A Samaritan woman came to draw water, and Jesus said to
her, "Give me a drink." 8(His disciples had gone to the city to
buy food.) 9The Samaritan woman said to him, "How is it that
you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do
not share things in common with Samaritans.) 10Jesus answered
her, "If you knew the gift of God, and who it is that is saying to
you, 'Give me a drink,' you would have asked him, and he
would have given you living water." 11The woman said to him,
"Sir, you have no bucket, and the well is deep. Where do you get
that living water? 12Are you greater than our ancestor Jacob,
who gave us the well, and with his sons and his flocks drank
from it?" 13Jesus said to her, "Everyone who drinks of this water
will be thirsty again, 14but those who drink of the water that I
will give them will never be thirsty. The water that I will give
will become in them a spring of water gushing up to eternal
life." 15The woman said to him, "Sir, give me this water, so that
I may never be thirsty or have to keep coming here to draw
water."
16Jesus said to her, "Go, call your husband, and come
back." 17The woman answered him, "I have no husband." Jesus
said to her, "You are right in saying, 'I have no husband'; 18for

you have had five husbands, and the one you have now is not
your husband. What you have said is true!” [19]The woman said to
him, “Sir, I see that you are a prophet. [20]Our ancestors
worshiped on this mountain, but you say that the place where
people must worship is in Jerusalem.” [21]Jesus said to her,
“Woman, believe me, the hour is coming when you will worship
the Father neither on this mountain nor in Jerusalem. [22]You
worship what you do not know; we worship what we know, for
salvation is from the Jews. [23]But the hour is coming, and is now
here, when the true worshipers will worship the Father in spirit
and truth, for the Father seeks such as these to worship
him. [24]God is spirit, and those who worship him must worship in
spirit and truth.” [25]The woman said to him, “I know that Messiah
is coming” (who is called Christ). “When he comes, he will
proclaim all things to us.” [26]Jesus said to her, “I am he, the one
who is speaking to you.”

[27]Just then his disciples came. They were astonished that he
was speaking with a woman, but no one said,
“What do you want?” or, “Why are you
speaking with her?” [28]Then the woman left
her water jar and went back to the city. She
said to the people, [29]“Come and see a man
who told me everything I have ever done!
He cannot be the Messiah, can he?” [30]They left the city and were
on their way to him.

[31]Meanwhile the disciples were urging him, “Rabbi, eat
something.” [32]But he said to them, “I have food to eat that you
do not know about.” [33]So the disciples said to one another,
“Surely no one has brought him something to eat?” [34]Jesus said
to them, “My food is to do the will of him who sent me and to
complete his work. [35]Do you not say, ‘Four months more, then

comes the harvest'? But I tell you, look around you, and see how
the fields are ripe for harvesting. [36]The reaper is already
receiving wages and is gathering fruit for eternal life, so that
sower and reaper may rejoice together. [37]For here the saying
holds true, 'One sows and another reaps.' [38]I sent you to reap
that for which you did not labor. Others have labored, and you
have entered into their labor."

[39]Many Samaritans from that city believed in him because of
the woman's testimony, "He told me everything I have ever
done." [40]So when the Samaritans came to him, they asked him to
stay with them; and he stayed there two days. [41]And many more
believed because of his word. [42]They said to the woman, "It is
no longer because of what you said that we believe, for we have
heard for ourselves, and we know that this is truly the Savior of
the world."

Deacon The Gospel of the Lord.
People **Praise to you, Lord Christ**.

THE SERMON

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,

true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers Of The People

Father, we pray for your holy catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Confession

Let us confess our sins against God and our neighbor.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,

and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen*.

The Peace

Holy Eucharist

Choir Anthem
***Remember, Remember Me* (arr. Jack Schrader)**

The Doxology

The Great Thanksgiving

Celebrant The Lord be with you.
People **And also with you**.
Celebrant Lift up your hearts.

People **We lift them to the Lord**.
Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise**.

Sanctus
S 128 Holy, holy, holy
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this

for the remembrance of me." Therefore, according to his command, O Father,

We remember his death,
We proclaim his resurrection,
We await his coming in glory;
And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

The Lord's Prayer

The Breaking of the Bread

Agnus Dei
S 165 Jesus, Lamb of God
Jesus, Lamb of God:
Have mercy on us.

Jesus, bearer of our sins:
    Have mercy on us.
Jesus, redeemer of the world:
    Give us your peace.

Post-Communion Prayer
Let us pray.

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Blessing

Post-Communion Hymn
***Guide Me, O Thou Great Jehovah* (H 690)**

Dismissal

Postlude

The altar flowers are given in loving memory of Scott and Carol Smithers by Don Smithers.

<u>Our thanks to our liturgical leaders</u>:

Eucharistic Ministers: *Jerry Brown, Judy Hawthorn, and Dave Kaufman.*
Crucifer and Acolyte:
Ushers: *Bryan Woodward, Brian Fogarty, and Josh Duff.*
Video Streaming: *Rick Steinmetz and Ambrose Smith*.
Offering Counter: *Amanda Coffey.*

<u>Welcome to Mount Calvary</u>! We invite you to fully participate in this Holy Eucharist. The ushers will direct you to the Holy Table for either reception of the Holy Communion or for a blessing. If you desire gluten free Bread, please let the Celebrant know and such will be provided. Restrooms are to your right as you exit the church. All are invited to fellowship hour in the lower hall after the 10am service; elevator and staircase are to your left as you exit.

<u>Lent Devotional</u>: Fr. Aaron is writing a daily devotional throughout Lent. Feel free to check it out at https://lent.joy-project.org if you want to participate.

Calling All Acolytes!! We will hold acolyte training on Sunday**, March 15,** after the 10am service. In preparation for the Easter Season, we want to work on refining our choreography to help support the worship experience. We need all acolytes - experienced and less so - to participate. Please plan to grab a snack after service and then meet in the Nave at 11:30am. We will be finished by 12:30pm. Direct questions to Deacon Stu: scarboroughstuart7@gmail.com, or 717-585-0576.

Central PA Food Bank: The next day for volunteering at the Food Bank is Tuesday, **March 10,** from 5-7pm. You must be 14 years or older. The link to sign up is: https://volunteer.centralpafoodbank.org/registrations/wF2n6DLsno/claim_spot.

Get Your Mt. Calvary Swag On! Embroidered or printed with Mt. Calvary's name and logo. Samples are in the undercroft along with order forms. Return form and payment to the office by **March 15**.

Christian Ed:

- **Pizza Club**: Wednesday, **March 18**, 5-7pm.
- **Easter Baskets**: Let's celebrate Easter by donating items to fill Easter baskets that will be given to New Hope Ministries. These baskets will bring joy and hope to families in need. Mt. Calvary's Youth Group is seeking donations of markers, bubbles, small toys, socks, stickers, card games, small books, peeps, chocolate bunnies, and candy. The collection will run through Sunday, **March 29**.

2026 Holy Land Pilgrimage: You are invited to join Bishop Scanlan, the Rev. Anjel Scarborough, and Deacon Stuart Scarborough on a pilgrimage to the Holy Land this November. Our local guides Iyad and Rami Qumri are a father/son team and members of St. George's Anglican Cathedral in Jerusalem. Our visit will take us in the footsteps of Jesus, from Jerusalem to the Galilee, and bring the biblical story to life in transforming ways. For more information, please contact Deacon Stu (scarboroughstuart7@gmail.com) or download the following flyer: Download Flyer

MCP Women's Study Group: We are underway in our Women's Study Group, and we have been having meaningful and rich discussions with both laughter and tears! You might enjoy these wonderful gatherings, too! We are continuing to discover the broad applications to ourselves as a community, as well as to ourselves, personally, in *Accidental Saints* by Nadia Bolz Weber. You don't have to have read the book. We invite you to join us! No commitment is necessary, just drop in and see what you think and how you feel! We meet at 6:45-8:00 on the 2nd and 4th Wednesdays of the month downstairs in the Undercroft. Our next gathering is Wednesday, **March 11**, to discuss Chapters 18 and 19. Questions? Please call Marcia Wharton, 717-728-6322

JOIN The Men's Breakfast Event! Saturday, **March 14**, from 8:30-9:30am. Michael Johnson will lead our discussion on Frederick Buechner's book, *Secrets in the Dark*. He will cover chapters 7, "A Spring of Hope," and 11, "Hope." Coffee and breakfast bites will be served. All men are welcome to this wonderful way to connect and share with one another! Join us

and invite a guest! Questions, call or text Dean Wharton 717-329-1200.

Book Club: Meets Sunday, **April 12**, after the 10am service to discuss *What Happened to the Bennetts* by Lisa Scottoline. Contact Linda Farrell for more information.

Feed the Flock: A list of soup offerings is posted on the freezer in the undercroft; please help yourself. Please contact Cheri Fogarty, 717-557-6678, for more information.

Ushers Needed: Please let us know if you are willing to serve as an usher at the Saturday 5pm, Sunday 8am or 10am services. Meeting and greeting your fellow parishioners is simple and rewarding. For more information and to relay interest, please see an usher, Rick Steinmetz or contact the church office.

Forward Day by Day: We provide Forward Day by Day to parishioners as a simple and effective daily prayer practice. Each day features a Bible verse from the daily readings, and a related reflection written by a different author each month, all in less than 200 words. It even includes the daily feast days, as well as prompts to take faithful action in your daily life. Copies are located in the narthex.

Giving: Offerings can be put in the plate today or mailed. To give online, please visit https://onrealm.org/MtCalvaryCampHill/give ow. You can also use this QR code to contribute with your phone. Thank you for your generosity towards the mission of Mt Calvary.

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David Carmicheal
Amy McAdoo
Dan Donovan
Janet Stevenson

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