



Register in advance for this meeting:

https://us02web.zoom.us/meeting/register/tZwscOmrqT4rGNwuvJExbPqH7Kyd7_eu62AT

After registering, you will receive a confirmation email containing information about joining the meeting.



Free WRAP Workbook with Registration while supplies last

SAMHSA

Substance Abuse and Mental Health

Services Administration

Appalachian

REGIONAL LIBRARY

WILMINGTON, ASHE & WATAUGA



NC DEPARTMENT OF

HEALTH AND HUMAN SERVICES

Division of Mental Health,

Developmental Disabilities

and Substance Abuse Services

Services under the Department of

Health and Human Services

**Elliot Palmer
to speak at NHC Monthly meeting
on May 3 at 6:30 !**

Elliot Palmer leader in the NC Peer Movement and trainer extraordinaire will talk about his way out of trauma from incarceration to resiliency, and his many successes in recovery.

Elliot has trained thousands in Peer Support and WRAP (Wellness Recovery Action Plan) development.

"My passion is supporting those who are stepping out on their recovery journey and those who are working to maintain their recovery every day."

Owner, A.N.S.W.E.R. (A New Start While Empowering Recovery); Executive Director, Share Hope Inc.; RCNC Team Member; Certified NC Peer Support Trainer; Certified Advanced Level WRAP Facilitator; Recovery Coach; American Heart Association Certified CPR/First Aid/ BLS Instructor; Member of Durham Reentry council & Wake Reentry Council; Commissioner on the City of Raleigh Substance Use Advisory Commission; Community Volunteer NC Prisons; Participant in NC LFA.