



nami

High Country

National

Supporting Community Inclusion

SAMHSA

Substance Abuse and Mental Health
Services Administration

Appalachian
REGIONAL LIBRARY

WILKES COUNTY AREA OF WELFARE



NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES

Division of Mental Health,
Developmental Disabilities
and Substance Abuse Services

and substance abuse services
developmental disabilities

Register in advance for this meeting:

https://us02web.zoom.us/join/tZwscOmrqT4rGNwuvJExbPqH7Kyd7_eu62AT

After registering, you will receive a confirmation email containing information about joining the meeting.



Free WRAP Workbook with Registration while supplies last



Elliot Palmer

**to speak at NHC Monthly meeting
on May 3 at 6:30 !**

Elliot Palmer leader in the NC Peer Movement and trainer extraordinaire will talk about his way out of trauma from incarceration to resiliency, and his many successes in recovery. Elliot has trained thousands in Peer Support and WRAP (Wellness Recovery Action Plan) development.

"My passion is supporting those who are stepping out on their recovery journey and those who are working to maintain their recovery every day."

Owner, A.N.S.W.E.R. (A New Start While Empowering Recovery); Executive Director, Share Hope Inc.; RCNC Team Member; Certified NC Peer Support Trainer; Certified Advanced Level WRAP Facilitator; Recovery Coach; American Heart Association Certified CPR/First Aid/BLS Instructor; Member of Durham Reentry council & Wake Reentry Council; Commissioner on the City of Raleigh Substance Use Advisory Commission; Community Volunteer NC Prisons; Participant in NC LFA.