

Family Device and Media Agreement

I _____ agree to:

Safety

1. I will not create any accounts without parent/caregiver permission
2. I will not share my password(s) with anyone including friends, as I know it is unsafe
3. I will not download any apps that ask for my location or personal information (i.e., name, date of birth, address) without parent/caregiver permission
4. I will not communicate with any strangers while using apps or websites on my electronics
5. I will always keep my locations setting OFF
6. I will allow my parent/caregiver access to privacy settings on my devices

Appropriate Content

1. I will not send or share pictures of myself with anyone without parent/caregiver permission
2. I will not send inappropriate or revealing photos/videos on social media
3. I will not send inappropriate messages to anyone on any device
4. I will not go on any websites or apps that have inappropriate content on them
5. I will not use the following websites/apps _____
6. I will not bully, or post, or like any hateful comments on anyone's posts or photos

Communication

1. I will answer all questions my parent/caregiver have about what I am doing online with my devices
2. I will inform my parent/caregiver if anything makes me uncomfortable while using a device
3. I will inform my parent/caregiver of any inappropriate message or photo I receive
4. I will inform my parent/caregiver if I know of someone being bullied or feel I am being bullied by someone on a device
5. I will not keep any secrets when it comes to device use and will be honest at all times about device use

Balance

1. I will agree on a set device time limit of ____ hours a day and follow it
2. I will limit my screen time and be available for other activities and family time, device free
3. All devices will be put away by ____ PM
4. I will place my devices _____ when it is time for bed

I understand if I fail to follow these rules, I will face a set consequence decided by my parent/caregiver.

Child's Signature

Parent/Caregiver Signature