2019 Annual Report

JSMP Jacksonville SPORTS MEDICINE PROGRAM

The Jacksonville Sports Medicine Program is dedicated to youth sports injury awareness, prevention, and advocacy. The program serves to address sports health and safety, particularly in the areas of the head, heart, and heat..

Prevention

The 35th annual pre-participation athlete screenings provided by more than 100 volunteer physicians and healthcare providers was hosted at Nemours Children's Specialty Care for 526 male and female high and middle school student-athletes. This flagship program has provided free comprehensive screenings for more than 30,000 students since 1984. The program is available to all student-athletes; however, students who might not have regular access to a physician benefit most significantly from this community support. The program has detected several potentially life-threatening conditions in students that may have proved deadly if not identified.

Education

JSMP provides an annual professional, clinical symposium featuring national, regional, and local sports medicine experts. JSMP, as an approved provider for the Board of Certification (BOC), also provides additional educational programs to assist our local athletic training professionals.

An annual sideline emergency preparation course brings together physicians, athletic trainers, emergency medical services and other healthcare professions to practice and review emergency response skills. Other community educational events on sports injury prevention are offered for parents, coaches and student-athletes throughout the year.

Project 17

PROJECT 17 Certified Athletic Trainer Program

A collaborative community program that partners the NFL Foundation, Jaguars Foundation, The Duval County Public Schools, Florida Blue, Brooks Rehabilitation, the City of Jacksonville, Wolfson Children's Hospital, Jacksonville University and other influential community partners in advancing sports safety for our public high schools by creating comprehensive athletic training programs for the safety and health of our young athletes.

Safe Sports

17 public high schools in Duval County have earned the designation of a "Safe Sports School" through the National Athletic Trainers Association. This national designation attests to high standards of safety within a sports program. These DCPS schools have achieved this distinction by exceeding measurable standards of care and facilities.

Advocacy

Sports safety reaches beyond the borders of Duval County as our JSMP leadership has become influential in our state capital with legislative efforts to protect student-athletes further and in Gainesville as policies are implemented. Executive Director, Bob Sefcik is an active member of the Florida High School Athletic Association (FHSAA) Sports Medicine Advisory Committee (SMAC) and also serves a primary administrative role within the Florida Alliance of Sports Medicine (FASMed).

2019 BY THE NUMBERS

STUDENT ATHLETES

14,383
Total Duval County Public School students participating in athletics:

8,603
High School Students

5,780
Middle School Students



EQUIPMENT

17 AED's dedicated to each Athletic Trainer

17 Wet-Bulb Globe Temperature (WBGT) and Cold Tubs at all high schools

DCPS PRE-PARTICIPATION SCREENINGS

526 male & female students screened > **65** referred for further evaluations > **40** not cleared

485 cardiac referrals

455 EKG's

72 cleared but referred to PCP

9 not cleared

199 volunteers, for a total of **538** volunteer hours

DOCUMENTED INJURIES

630 DOCUMENTED INJURIES Aug. 1, 2019 – Jan. 21, 2020

0 SPORTS-RELATED FATALITIES

112 concussions

7 heat-related illnesses

0 cardiac issues

COMMUNITY EDUCATION

110
JSMP Education programming attendees

807 Educational credits issued

100% Coaches CPR & AED certified

17-17 Athletic Trainers *Stop the Bleed* Certified

JSMP Jacksonville SPORTS MEDICINE PROGRAM

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