

AHEC U

Continuing Education.

Anywhere. Anytime.

ACCREDITED PROVIDER
AMERICAN NURSES CREDENTIALING CENTER

Upstate AHEC
Excellence In Health Care Through Education

Too Busy to Attend Class?

AHEC University is designed to help health care professionals with their busy and demanding schedules by offering self-paced, high quality, online courses which can be taken anytime, anywhere internet access is available.

Continuing Education Certificates are offered in the following disciplines:

- Counseling/Therapy
- General Credit
- Nursing Practice
- Massage Therapy
- Nutrition/Dietitian
- Occupational Therapy
- Pharmacist and Pharmacy Technician
- Physical Therapy
- Respiratory Therapy
- Social Work

Find Your Local AHEC:

Upstate AHEC / upstateahec.org
Mid-Carolina AHEC / midcarolina.org
Pee Dee AHEC / peedeeahec.net
Lowcountry AHEC / lcahec.com

SOUTH CAROLINA AHEC
Lowcountry • Mid-Carolina • Pee Dee • Upstate

Each AHEC U course offering is carefully developed and/or presented by licensed professionals or subject matter experts. Courses are updated often and uniquely designed with content that will not only help you meet your CEU requirements, but also add value as a health care professional. Browse 250+ AHEC U course titles in varying health care or health care related disciplines listed throughout the following pages. *Updated 10/2020

Ready to Get Started?

If you are not a current member, you can sign up to enjoy unlimited AHEC U online courses for an entire year for only $49.95*. If your employer is already an AHEC group consortium member, you may obtain the AHEC U enrollment person within your organization. If you are interested in membership opportunities for both live and online courses in South Carolina, please contact your local AHEC.

***In some cases, a small fee is applied for select advanced courses.**

Blended Courses

- Central Venous Catheters with Lab Competency Check-Off
- Feeding Tube Management in the School Setting
- IV Therapy for Healthcare Providers
- Medication Administration with Live Competency Check-Off
- Tracheostomy Care: Are You Doing All the Right Things to Protect Your Patients
- Venipuncture with Lab Skills Check-Off
- Vital Signs with Lab Competency Check-Off

Clinical Courses: Cardiac

- Acute Coronary Syndrome Heart Attack*
- Blood Cholesterol Management to Reduce Cardiovascular Risk 2019*
- Blood Disorders
- Heart Failure*
- Managing Heart Failure: Where's the Evidence?*
- Understanding Heart Failure and Hypertension*
- What Every Nurse Should Know about Atrial Fibrillation*

Clinical Courses: Clinical Skills

- Basic EKG Review for Monitor Techs
- Basics of Sterile Processing for Medical Offices Part 1: Introduction to Infection Control & Decontamination
- Basics of Sterile Processing for Medical Offices Part 2: Prep, Sterilization & Sterile Storage
- Blood Transfusions from Start to Finish
- Bloodless Medicine - Blood Management
- Central Venous Catheters: Managing Patient Access
- Emergency Severity Index (ESI) 5 Level Triage
- Getting Started with EKGs
- Lab Values
- Nursing Care for the Urologic Patient
- Parenteral Medication Review - Adults
- Venipuncture
- Venipuncture with Lab Skills Check-Off
- Vital Signs: A Critical Review
- Vital Signs with Lab Competency Check-Off

Clinical Courses: Diabetes

- Carbohydrate Counting
- Diabetes Clinical Update
- Diabetic Foot Care

* Denotes classes that offer pharmacology hours for Advanced Practice Nurses

AHEC U Online Course Offerings

Clinical Courses: Diabetes Cont.

- How to Perform a Quick Foot Care Exam
- Troubleshooting Blood Glucose
- Irritable Bowel Syndrome: Rome IV Update*

Clinical Courses: Gastrointestinal

- HIV Associated Dementia

Clinical Courses: HIV

- Basic Infection Control

Clinical Courses: Infectious Disease

- STD Facts: Symptoms, Transmission + Treatment*
- When the Big Bad Wolf Comes Knocking: Sepsis + Multi-Organ Dysfunction
- Medical Math for Healthcare Professionals

Clinical Courses: Medication Management

- Medication Administration
- Medication Administration with Live Competency Check-Off
- Moderate Sedation + Analgesia*

Clinical Courses: Musculoskeletal Disorders

- Avoiding that Critical Break: Challenges with the Hip Fracture Patient
- Back Care for Healthcare Professionals: Beyond the Basics
- Congenital Muscular Torticollis + Co-Conditions

Clinical Courses: Neurological Disorders

- Fibromylagia Therapy Interventions

Clinical Courses: Oncology

- Oncologic Emergencies

Clinical Courses: Primary Care

- Head, Eyes, Ears, Nose, Throat for Primary Care Providers
- Immunization Practice for Adults Update: 2018
- Overview of Obesity*
- Supporting Patients Before, During & After Weight Loss Surgery

Clinical Courses: Respiratory

- ARDS: Applying the Evidence to Daily Practice
- Comprehensive Strategy to Reduce Ventilator Associated Events: A Team Approach
- Concepts in Mechanical Ventilation: A Primer for ICU Clinicians
- COPD + Blended Learning Theory: From Readmission Reduction to Admission Prevention
- High Flow Oxygen: When, Where + Why
- Non-Invasive Monitoring: The Clinical Significance of Capnography + Dead Space Ventilation
- Non-Invasive Positive Pressure Ventilation: A Guide For Clinical Success
- Tracheostomy Suctioning + Other Artificial Airway Pearls
- Understanding Chronic Obstructive Pulmonary Disease (COPD)*
- Volume Kills: The Evidence Behind Lung Protective Strategies for All
- What the PEEP?! Application of PEEP During Invasive Mechanical Ventilation

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AHEC U Online Course Offerings

Complementary, Alternative & Integrative Health Courses

- Aromatherapy Methods Blending
- Essential Oils for Women's Needs Part One
- Essential Oils for Women's Needs Part Two
- Exploring Subtle Aromatherapy
- Finding Quality Essential Oils
- Foundations in Aromatherapy Practice
- Using Essential Oils in Pregnancy

Cultural Competency Courses

- Cultural Competency for Healthcare Workers
- Curanderismo: Latino Folk Medicine + Health Beliefs
- Foundations of Medical Interpreting
- Medical Spanish for Healthcare Providers
- Spanish for Licensed Nurses
- The Colombian Population: Their Customs, Values, + Beliefs
- The Mexican Population: Their Values, Customs & Beliefs• Basic Infection Control

Domestic/Intimate Partner Violence Courses

- Cultural Humility as a Practice
- Human Trafficking 101 - Just The Basics
- Introduction to Domestic/Intimate Partner Violence
- Lethality Assessment: A Strategy to Prevent Domestic Violence
- Recognizing the Signs of Dating Abuse
- Screening + Referrals for Domestic Violence + IPV Survivors in a Healthcare Setting
- The Neurobiology of Trauma
- Trauma Informed Care in Practice
- Understanding + Serving Trauma Survivors: A Domestic Violence Trauma-Informed Approach

Domestic/Intimate Partner Violence Courses Cont.

- Understanding Disparities + Vulnerabilities of Intimate Partner Violence Among Special Populations
- Understanding the Intersections of HIV/AIDS + Intimate Partner Violence

Mental Health Courses

- Bipolar Disorder Through the Lifespan 2020
- Caring for the Mentally Ill Outside the Psychiatric Setting
- Caring for the Person with Depression
- Prescription Drug Abuse: From Pills to Heroin
- Suicide: Prevention, Intervention, Support
- Teens & Mental Illness: Sorting It All Out
- Triaging and Communicating with Mental Health Patients in the Emergency Room
- Understanding & Treating Co-Dependency
- Understanding Withdrawal From Acute to Post Acute

Long Term Care/ Geriatric Courses

- Addressing Adult Health Literacy
- Assessing Long Term Care Needs
- Coping with a Diagnosis of Dementia
- Dementia in the Elderly
- Elder Financial Exploitation: It's All About the Money
- I Think I Love My Family
- Improving Transitional Care Practices
- Interventions in Behavioral Disturbances for Alzheimer's or Dementia Patients
- Older Adult Assessment
- Preparing the Next Generation CNA's
- Reimagining Challenging Behaviors
- The Epidemic of Elder Abuse
- What Practitioners Need to Know: Assessing +

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Long Term Care/ Geriatric Courses Cont.

Managing Care of Older Adults with Cognitive Impairment

- What Triggers Alzheimer's + Dementia Patients During ADLs
- When Caring Becomes Chronic: Women in Caregiving/Preserving a Healthy Brain/Mindfully Choosing

Non-Pharmacologic Pain Management

- Aromatherapy + Cancer Patient Management
- Aromatherapy Approaches to Pain Management
- Non-Pharmacological Approaches to Treat Patients with Pain

Obstetric/ Women's Health Courses

- Diversity in Pregnancy
- Medication Use in Pregnancy: Where Do Opioids Fit Into This?
- Newborn Hypoxia & Cyanosis: Your Baby's Blue Clues
- Perinatal Emergencies: Immediate or Imminent, Do you Know How to Respond?
- Physiological Changes in Pregnancy - Putting the Pieces Together
- Postpartum Busier Than You Think
- Preterm Labor
- Special Considerations in Labor + Delivery
- Special Considerations in Pregnancy
- Supporting the Breastfeeding Couplet
- Update on Vaginal Infections*

Palliative + End of Life Care Courses Cont.

- Death and Dying
- Family Support and the Hospice Patient

Palliative + End of Life Care Courses Cont.

- I Wish I Had Advanced Directives + End of Life Care
- The Gift of Life: Organ + Tissue Donation
- Pain Management and the Hospice Patientt
- Palliative Care and the Hospice Patientt
- To Be or Not To Be: The Power of Empathy in the Presence of Suffering + the End of Life

Pediatric Courses

- Anxious Children: How to Identify, Diagnose + Treat
- Depression and Adolescents
- Focused Respiratory Assessment for School Nurses
- Head to Toe Assessment of the School-Aged Child
- Health Needs of LGBTQ Students
- Helping Children Cope with Procedures
- Making a Rash Decision: Common Rashes Seen in the School
- Managing Asthma, Allergies + Anaphylactic Reactions in the School Setting
- Pediatric Abusive Head Trauma
- Pediatric Asthma Management*
- Pediatric Medication Administration
- Pediatric Physical Assessment
- Pediatric Transitions, Transfers, + Tummy Time-Building Blocks of Motion-Do's + Dont's
- Public School Response to School Shootings: A Community Approach
- School Nurses Caring for Students with Mental Health Issues
- Searching for Zebras: Factitious Disorder Imposed on Self and Medical Child Abuse
- Seizure Disorders in the School Setting
- The Evolution of Stress in Teens
- Things Are Not Always as They Seem: Recognizing + Responding to Child Sexual Abuse
- What A Nurse Needs to Know About School - Based Telehealth

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Pharmacology Courses

- Controlled Substance Prescribing: Focus on Analgesics*
- Controlled Substance Prescribing Pharmacology for APRN*
- Falling for High Risk Medications*
- Long Acting Reversible Contraceptives 2018 Update
- Pathway of the Prescription
- Pharmacology Update for Nurses*
- Pharmacology Update for Therapists*
- Prescription Drug Monitoring & Naloxone Use in Opioid Overdose*
- Rebooting Perspectives on Pain Management: Control, Alt, Delete
- Reproductive Needs: Finding the Right Time*
- Updated Glucose Lowering Medications in the Treatment of Diabetes*

Professional Development Courses

- Achieving Health Equity: Making the Business Case, Focus on Women's Health
- Administrative Professionals Development Course
- Anatomy + Physiology with Pathophysiology for all Healthcare Providers
- Assistance Dogs: Their Role in Healthcare + Patients Who Can Benefit From Them
- Basic HIPAA Training for Healthcare Providers & Workers
- Basic Medical Terminology: Understanding Medical Word Building
- Care Coordination as a Model of Care
- Case Management 101
- Compassion Fatigue is More Than Burnout
- Critical Thinking: What Every Clinician Needs in Their Toolbox
- Customer Service: Stop Talking About It, Be About It
- Dealing with Difficult People
- Documentation for Healthcare Providers: Ensuring Your Notes Speak for Your Actions
- Dollars, Cents, + Percents Oh My! - The Business Side for Nurse Leaders

Professional Development Courses Cont.

- Don't Be Blind to the Law: Legal Aspects of Healthcare
- Effective Communication in the Healthcare Setting
- Essentials of Effective Care Planning
- Exploring Healthcare Ethics
- Facilitating the Self-Disclosure Process for Persons with Hidden Disabilities
- Healthcare Quality + Safety
- Human Resources: Staffing Regulations, Laws + Legal Issues-Accounting Functions, Training + Mentoring
- In Pursuit of Nursing Excellence: Leveraging Data to Improve Outcomes
- In Pursuit of Nursing Excellence: Understanding Data
- Management: What It Is, What Its Benefits Are
- Motivational Interviewing in the Healthcare Setting
- Office Administration Tools: Time Management, Prioritization, Planning, Business Etiquette, + Professional Protocol
- Office Technology from Managing Your Space to Records Management and Security Functions
- Population Health: Cutting Edge or Lagging Indicator
- Power of the Preceptor: Shaping the Next Generation
- Protecting Patient Privacy in the Information Age: An Update
- Self-Knowledge + Emotional Intelligence: Nursing Essentials
- Technology + the Human Services Worker: Solutions for Client Care + Professional Promotion
- The Art + Skill of Successful Delegation
- The Evolution of Professional Practices
- The Impact of Multidisciplinary Teams
- The Role of Charge Nurse: Thinking, Doing, Surviving
- Time Management
- Transforming Compassion Fatigue into Compassion Satisfaction
- Where's The Money? Return on Investment for Population Health

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SC LEND Courses Free

SC LEND (South Carolina Leadership Education In Neurodevelopmental + Related Disabilities)

- Adapted + Accessible Books
- Apps for Students with Autism
- Assistive Technology for Neurodevelopmental Disabilities + Traumatic Brain Injury
- Attention Deficit Hyperactivity Disorder in Children + Adolescents
- Augmentative + Alternative Communication for Children with Complex Communication Needs
- Behavior Management for Primary Care
- Bullying + Cyberbullying
- Digital Media Use in Children + Adolescents
- Down Syndrome 101
- Dysphagia + Dysmotility in Developmental Disorders
- Early Identification of Developmental + Behavioral Problems
- Encouraging Wellness in Youth with Disabilities
- Gender Identity + Sexuality in Healthcare
- Genetic Counseling for Autism
- Genetics for the Primary Care Provider - “Neurodevelopmental Disorders”
- Identification + Management of Autism Spectrum Disorder
- Management of Childhood Constipation + Soiling
- Medical Problems in Children with Autism Spectrum Disorder
- No Hit Zone and Corporal Punishment
- Oral Health for Children with Special Health Needs
- Pain in Autism
- Person-Centered Planning: Tools for Success
- Promoting Infant Social Development
- Pediatric Anxiety
- Pediatric Feeding Disorders: Infants, Toddlers & Preschoolers
- Pediatric Palliative Care
- School-Based Services, Evaluations & Classifications
- Supporting the Transition for Children with Special Needs From Adolescence to Adulthood
- The Clinical Phenotype of FMR1 Mutations
- The Autism Aware Healthcare Initiative: Medical Care for Adults with ASD/IDD
- Understanding + Improving Psychosocial Functioning in Pediatric Sickle Cell Disease
- Wellness + Exercise in Individuals with Disabilities

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