



NIKKEI MANOR ACTIVITY JUNE 2025

1 SUN. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F) 	2 MON. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 Rummikub (1F)	3 TUE. Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 12:00 1F Dining (Natto) (1F) 2:00 Bingo (1F)  5:45 Blackjack (3F)	4 WED. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Father's Day craft (1F) 2:30 Rummikub (1F)	5 THURS. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Seattle Betsuin Buddhist Church "Howa Kai" (1F) 2:30 Movie in the dining room 5:45 Blackjack (3F) (3F)	6 FRI. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F)  1:30 Advance Exercise (3F) 2:00 Rummikub (3F)	7 SAT. 8:45 Japanese TV time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 3:00 Mahjong game (1F)
8 SUN. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	9 MON. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Watercolor class by Senior Creating Art (1F) 2:30 Rummikub (1F)	10 TUE. Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 2:00 Craft: paper flower (1F) 5:45 Blackjack (3F)	11 WED. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F)  1:30 June Birthday Party "Piano concert" (1F) 2:30 Rummikub (1F)	12 THURS. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Movie in the dining room (3F) 5:45 Blackjack (3F)	13 FRI. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Drug Store shopping 2:00 Rummikub (1F)	14 SAT. 8:45 Japanese TV time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F)  11:00 Exercise (3F) 2:00 Saturday Bingo (1F) "Family Social Hour"
15 SUN. 9:00 Japanese TV time (3F) 10:00 Exercise (2F)  11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	16 MON. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Sing Along with Rainbow Chorus (1F) 2:30 Rummikub (1F)	17 TUE. Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F)  1:30 Art class by Senior Creating Art (1F)	18 WED. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Bingo with KK (1F) 2:30 Rummikub (1F)	19 THURS. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Seattle Betsuin Buddhist Church "Howa Kai" (1F) 2:30 Movie in the dining room (3F)	20 FRI. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F)  1:30 Ball Workout (2F) 2:30 Ball Workout (3F)	21 SAT. 8:45 Japanese TV time (3F) 9:45 Japanese Story Reading (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 3:00 Mahjong game (1F)
22 SUN. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	23 MON. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (3F) 10:00 Exercise (2F) 11:00 Exercise (3F)  1:30 Karaoke (1F) 2:30 Rummikub (1F)	24 TUE. Uwajimaya Walk 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 12:00 1F Dining (Natto) (1F) 2:00 Bingo (1F)	25 WED. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Ball Toss (1F) 2:30 Rummikub (1F)	26 THURS. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Movie in the dining room (3F)	27 FRI. 9:00 Japanese TV time (3F) 10:00 Game (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Tai-chi exercise (1F) 2:30 Rummikub (1F)	28 SAT. 9:00 Karaoke time (1F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Afternoon Movie (3F) 3:00 Mahjong game (1F)
29 SUN. 9:00 Japanese TV time (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 11:00 Faith Bible Sunday Church Service (Online) (1F) 2:00 Rummikub (1F)	30 MON. 9:00 Japanese TV time (3F) 10:00 Kokoro Kai (3F) 10:00 Exercise (2F) 11:00 Exercise (3F) 1:30 Japanese Calligraphy (1F) 2:30 Rummikub (1F)	OUTING: Uwajimaya Walk: Tuesdays Drug Store shopping: June 13th 1:30pm *Please sign up early at the front desk. The spots fill quickly,				

*Some of the activities may be changed for a variety of reasons, please check the daily calendar in the dining room.

