



## Lunch Menu: October

October 5 – Chicken (Meat)

October 6 – Macaroni and Cheese (Dairy)

October 7 – Pizza (Dairy)

October 13 – Meatballs (Meat)

October 14 – Scrambled Eggs (Dairy)

October 19 – Meat Chili (Meat)

October 20 – Fish (Dairy)

October 21 – Pierogis (Dairy)

October 26 – Soft Tacos (Dairy)

October 27 – Chicken (Meat)

October 28– Falafel (Dairy)

October 31 – Baked Ziti (Dairy)

- ❖ Every lunch also includes a vegetable, fruit and salad bar
- ❖ On dairy days, the salad bar includes yogurt and cottage cheese
  - ❖ On dairy days, milk is served with lunch